# SLIGO PPN NEWSLETTER SLIGO PPN NEWS

Connecting the Sligo Community since 2014



Welcome to the May edition of the PPN Newsletter.

Due to the current climate, we appreciate that many of our community groups and organisations have had to close as a result of the Covid-19 pandemic, or change the way they are operating. We fully understand how challenging and difficult this situation is for people, but felt it was still important for us to offer our groups an opportunity to provide an update on your current status what plans you have in place and also to provide you with an opportunity to promote any online activity you might be exploring. Once again thanks to all our member groups who sent information in.

If you still haven't re-registered with Sligo PPN, don't forget to do so.

Simply follow the below link https://www.tfaforms.com/4686176



### **SLIGO PPN TEAM UPDATE**



#### **Community Representatives**

Your elected PPN representatives have been working hard on your behalf to ensure that community view are represented at the decision making tables. To view their reports go to https://www.sligoppn.com/ppn-representative-reports/

#### **Responding to Community Need**

In late 2020 the PPN undertook a needs analysis with groups to assess the types of support they would be interested in. The most popular needs identified include;

•Social Media Training •Funding Information •Governance and the new charities regulator code •Online Storytelling •Support for Tidy Towns groups and residents associations

·Simple Ideas to make groups more environmentally friendly

We are delighted to identify that our community support programme has already responded to a number of these needs and we continue to expand on this programme in the second half of 2021.

#### **Programmes Delivered**

The final sessions of the Tidy Towns Support programme takes place on 2nd June and we finish with a review of this years application process with experts to hand to help groups through. The programme, an initiative of the PPN and delivered by Woodrow Sustainable Solutions has been a huge success with full turnouts at each session. The full course is available on the PPN website and has been shared with both the national PPN network and with national Tidy Towns groups. It would be of great benefit to any group who have an interest in enhancing local towns, villages or estates - or indeed for people who just want to make their own garden more environmentally friendly. To watch all the videos back and access the hints and tips go to https://www.sligoppn.com/sligo-ppn-tidy-towns-support-programme/

The social media academy is now complete and there has been a very positive testimonials from all groups that took part.(insert image). The programme consisted of initial group meetings followed by a one-to-one mentoring programme that supported groups to develop their own social media strategies gave hints and ideas for raising their social media profiles and how they could tell the story of their group online..

### **SLIGO PPN TEAM UPDATE**



**The Environmental Support Academy** with Sligo Environmental Network (SEN) has now begun. The course was fully subscribed and SEN are working directly with PPN members to organise the phase 1 focus groups. Next steps are one-to-one mentoring and the development of individual environmental action plans. The aim of the course is to look at how good environmental practise can be adopted and embedded by any group or organisation, regardless of its core focus.

Sligo PPN has once again subscribed to the **Funding Digest** on behalf of the community. The April/May PPN issue identified 29 potential grant opportunities for groups and we will be distributing the June/July edition in coming weeks.

We also shared the feedback from this needs analysis with our colleagues in Sligo Leader Partnership Clg and Sligo Volunteer Centre who have themselves delivered a range of programmes including; governance and the charities regulator code, new ways of fundraising, biodiversity for community groups and social media.

#### Other items

Sligo PPN collaborated with the Alliance for Insurance Reform on the creation of templates to support community groups to make submissions into the PIAB community consultation on Personal Injury Awards and Public Liability awards.

Sligo PPN are engaging in a national training programme coordinated by Department of Rural and Community Development (DRCD), Social Justice Ireland and Waterford IT aimed at enhancing the effectiveness of public participation at local level and is open to key participation stakeholders; PPN members, LA Staff and Elected Members.

### **2021 ELECTIONS**

Sligo PPN have been very busy with Elections over the past few months and we are pleased to announce the following results for the different committees and who the successful candidates are:

**County Sligo Heritage Forum** 

-Wendy Lyons -Dr Robert Hensey -Angela Wallace

**County Sligo Place Names Committee** 

- Padraig Meehan

Sligo Local Community Development Committee (LCDC)

- Environment Connie Nell
- Community & Voluntary- Jean Finnerty & Patrick Benson
- Social inclusion- Brendan Lynch & Noelle O'Gara



We need the help of your members to drive our campaign forward.

Since 24th April, when the new judicial guidelines on personal injury damages were implemented, your members are entitled to expect the cost of their liability and motor insurance policies to drop significantly on renewal.

The new guidelines, signed off by the Judicial Council in March, do not deliver the 80% reduction in minor injury damages that is necessary to bring us close to comparable jurisdictions. But the estimated 50% reduction delivered is nonetheless significant. Insurance premiums are based on future risk and every accident that happened since April 24th plus the majority of claims that were in the pipeline at that date will be subject to the new guidelines, so the risk associated with every new liability or motor policy in Ireland has dropped significantly and that should be reflected in the price of those policies.

Now that one month has passed since the new guidelines were implemented, we are asking your members to let us know whether the benefits of the reform have been passed on – has their insurance premium reduced on renewal? Will you please circulate the following link to your members? It links to a 1-minute survey intended to track what has happened to policyholders who's policy renewed in the last month.

https://www.surveymonkey.com/r/AIRRenewalsSurvey

All they need to complete the survey in under 1 minute are the cost of their renewal and the cost of last year's premium.

We intend to run this survey for the next number of months and use it to inform our interactions with Government so needless to say, the more responses we get the better.

Peter

### ALLIANCE FOR INSURANCE REFORM

### **FUNDING INFORMATION**

### **Community Enhancement Programme (CEP)**

On the 10th May, 2021 the Department of Rural and Community Development announced the launch of the 2021 'Community Enhancement Programme' (CEP). The allocation to Sligo LCDC under the scheme is €134,084. The 2021 Community Enhancement Programme will provide small grants towards projects or equipment enhancing facilities and one-off grants towards costs associated with reopening of facilities or the sustainability of a facility. The scheme is expected to open in early June, 2021 when notice will be disseminated by Sligo PPN, Sligo County Council social media and notice placed in the Sligo Champion and Sligo Weekender. Notification will sign post groups to the grants page on the Council's website where further details of the Programme can be located. Stay tuned!

#### The June - July 2021 Funding Digest is now available. To view the full digest go to https://www.sligoppn.com/funding-digest-june-july-2021/

24 Grants Included; Rethink Ireland - Engage and Educate Fund 2021 - 2024 Human Rights Student Bursary Scheme The Arts Council - Visual Artists Workspace Scheme The Hospital Saturday Fund Charity CERV: Call for Proposals to Prevent and Combat Gender based Violence Against Children CERV: Call for Proposals to Promote Equality and Fight Against Racism, Xenophobia and Discrimination PPPA: Pilot Project Building Investigative Capacity to Better Fight Doping in Sport in Europe PPPA: Preparatory Action Grassroots Sports Programmes and Infrastructure Innovation PPPA: Preparatory Action Sport As a Tool for Integration and Social Inclusion of Refugees **Erasmus+ Programme** Connected Hubs 2021 CERV: Calls for Proposals for 4 Year Framework Partnership to Support Networks, Civil Society Organisations and European Think Tanks. CERV: Calls for Proposals On European Remembrance The Arts Council - Festivals Investment Scheme CERV: Operating Grants to Framework Partners Active in the Areas of Union Values Patagonia Environmental Grants Mohamed bin Zayed Species Conservation Fund Funding for Outdoor Recreation Facilities Science Foundation Ireland – Discover Programme 2021 Interreg Europe Coca Cola Thank You Fund 2021 Town and Village Renewal Scheme **Culture Ireland Grants** Energy for Generations Fund

## **TRAINING & INFORMATION**

LEADER Community-Led Local Development



We are delighted to invite you to join us online on Tuesday, 8 June at 2:30pm for our Planning Your LEADER Project training.

The second of our 3-part series of trainings on the LEADER rural development funding programme, this session will explore LEADER funding themes in detail and provide guidance on specific project development.

Brought to you by The Wheel's Access Europe programme and 2into3 Nonprofit Consultancy, this event will focus on:

·LEADER thematic priorities and strategic objectives ·Developing a project plan and funding application based on project themes ·Preparing a financial plan for your project ·Previous grant success stories.

We'll make sure you have the tools you need to write a quality LEADER application of your own. And, as usual, you'll have the opportunity to share your thoughts and ideas with facilitator Patricia Keenan during the Q&A session.

Note: If you missed our Introduction to LEADER training, please watch the recording before attending this session. Be sure to also register for our final LEADER training on 22 June, Supports for Your LEADER Project. This is a free and open event - registration is required, however. We look forward to welcoming you online on 8 June. Kind regards, Emily Emily Nelson, European Programmes Officer, The Wheel



We are delighted to invite you to the talks series from the Exchanges programme brought to you by Sligo County Council Arts Service. The talks programme is presented in partnership with Create, the national development agency for collaborative arts. We hope you'll help us to spread the word and share the links far and wide.

'Navigating the Irish Arts Scene', the first talk in our series, features Hina Khan (visual artist) and Amir Abu Alrob (theatre) in conversation with Evgeny Shtorn. This will air online on Wednesday May 12th at 3pm. Tickets are free to book online through Eventbrite.ie: http://bit.ly/NavigatingThelrishArtsScene-Ticket

Coming up next month, we present 'Exploring Socially Engaged Art Practice', with Jijo Sebastian (film), Tobi Balogun (dance), Emily Waszak (visual artist) and William Bock (visual artist), in conversation with Zoe O'Reilly. This will be screened on Wednesday June 16th at 3pm.

Exchanges is a programme of talks, workshops and residencies from Sligo County Council Arts Service funded by the Arts Council's Invitation to Collaboration scheme. The programme focusses on developing supports for artists from culturally diverse backgrounds and is aimed at providing funding for artists at all stages of their career, who are interested in working in culturally diverse and socially-engaged contexts. The Exchanges programme is presented in partnership with Create, Cairde Sligo Arts Festival, The Model Sligo and the Hawk's Well Theatre.

We've been busy working away behind closed doors during the pandemic. Last summer saw a residency take place in the Hawk's Well theatre in collaboration with Cairde Sligo Arts Festival. The Bed was premiered during Cairde Sligo Arts Festival in July 2020. A workshop with Anthony Haughey - Authorship and Representation in Collaborative Filmmaking, in collaboration with Create, took place in November.

#### "Even the Heather Bled

A chronicle of Civil War in Sligo & events leading up to the deaths of 'Sligo's Noble Six' on Benbulben Mountain will be launched on Thursday June 23rd @ 3.00 pm in Sligo City Hall. Author: Joe McGowan. Guest speaker: Dr. Jimmy Devins M.Sc., M.I.C.G.P. Subject to Covid regulations in force at that time."

### 

Sligo Community Mediation Service

The Covid-19 Pandemic has brought many challenges for all of us. Within our communities and groups, frustrations can lead to tension between people, which can lead to arguments. Groups cannot proceed as normal. This is difficult for people, and is putting added pressure and strain on community groups.

The pandemic is also impacting our close relationships. While some couples are strengthening their relationships, others are finding they have grown apart and the pandemic is highlighting the need to begin the process of separation. Often within this there are difficult conversations to navigate. Old stories continue to keep people caught and unable to find a way through to resolution.

Sligo Community Mediation Services supports people in these difficult times. Over the last year our volunteer mediators have helped many people find resolution, offering the service on Zoom and in person where restrictions allowed. We provide mediation to community groups, neighbours, families, couples either separating or otherwise, and anyone who may be in conflict, experiencing disputes or needing support in having difficult conversations. We offer this service for a nominal fee or donation.

If you would like to find out more please contact us at 087 754 2660, email sligocommunitymediation@gmail.com or contact us through our website https://sligomediation.wixsite.com/communitymediation



Achonry Mullinabreena Community Enhancement CLG (AMCE)

AMCE began recycling books through their book swap/sale to raise funds for their ongoing work in the community. All books are kindly donated by members of the community and beyond and sold for a small donation.

The book sale/swap takes place in Carrowmore Schoolhouse (F56 EF62) each Sunday from 2 to 4 pm and we also have a community stall at Achonry Farmers Market each Saturday from 10 to 1pm.

We have a huge collection of all genres of books catering for all ages from children to adults.

If you would like further information on donating books or purchasing them, we can arrange it outside of these hours. Please contact Bríd on 086 6081926.

Muintir na Tire encourages people in communities to get nominating younger members in their communities for the Sligo Leitrim Garda Youth Awards 2021, in association with Sligo Credit Union.

The awards which are now in their 11th year aim to celebrate the outstanding young people between the ages of 13 and 21 years in our communities.

Sligo/Leitrim Gardaí recognise the work and achievements by so many young people throughout Counties Sligo and Leitrim who make their communities better places.

Chief Superintendent Aidan Glacken: "We are living through unprecedented and strange times. The past 14 months have been particularly challenging for us all and we are aware that so much good work has been done by young people in going above and beyond in assisting their communities. Now is the time to give them the recognition they deserve by nominating someone or some group of young people you know for a Youth Achievement Award."

Any member of the public may nominate a young person whom they feel deserves an award and nominations may be submitted by family members or relatives.

Awards are given in the following categories:

Individual Award - Making a positive contribution to their community, making it a better place to live. Group Award - Group of two or more, making a positive contribution to their community, making it a better place to live. Special Achievement Award - Overcome difficult circumstances, defied all the odds and whose commitment deserves recognition. Community Safety Award - Through a crime prevention or safety initiative/innovation, have made their community a safer place to live.

Nomination forms are available at all Garda Stations throughout Sligo/Leitrim and also online on the Garda website at www.garda.ie/crimeprevention/communityengagement .

Electronic versions of the nomination form are available on request from Sligo.community@garda.ie and Leitrim.community@garda.ie .

Nomination forms will also be distributed by the Community Gardai in each local Garda District.

The closing date for nomination forms is Wednesday 30th June 2021 .





2021

Sligo County FleadhFest will be delivered this year in the format of a visual presentation with music, song and dance from the 8 branches in the county. Recordings for this presentation took place recently in the Hawks Well Theatre. Programmes will be transmitted over the June Bank holiday weekend 2021 via social media platform

The Connacht FleadhFest will also be a virtual transmission early in July via the same media outlet.

**On a national level,** Sligo has also been chosen to host the National FleadhFest this year. This replaces the annual Fleadh Cheoil na hÉireann. Current arrangements, due to covid are that line event.

FleadhFest will mostly be a virtual on

National Fleadh Fest is scheduled to take place between August 1st and 9th 2021 - details later



#### COVID-19 LOCAL ARRANGEMENTS

May 2021: Please see our website www.nwdrugtaskforce.ie and our Facebook page for regular updates:

Arising from the COVID-19 emergency, the following arrangements are in place for community and

voluntary drug treatment and related services in NWRDATF Sligo, Leitrim & Donegal, until further notice.

Services will continue to operate at their maximum capacity, except that provision has been adjusted

to take account of following:

- Staffing rotas have been organised to minimise staff interaction thereby maximising service continuation in the event of a staff-related infection;
- The main focus of provision is continued contact with existing service users;

#### Treatment Services are currently providing a blended approach with face to face, online and telephone supports being provided:

- Christine Hanley: Substance Misuse Worker for the Homeless Sligo. 085 8030131 c.hanley@sligosocialservices.ie
- Dermot McDonough. White Oaks Aftercare Worker Donegal/Sligo/Leitrim 086 2537993 info@whiteoakscentre.com
- Outreach Workers Donegal/Sligo/North Leitrim/South Donegal
  - Mary Healy 086 7752142/maryechealy@gmail.com/Donegal
  - Mark Askey 087 2208602/markaskeynorthside@gmail.com/ Sligo & South Leitrim
  - Ciáran Marley 087 7878355/ciaranmarleycranmore@gmail.com/ Cranmore/Sligo South Leitrim.
  - Damien Daly 087 70105/outreach@rycp.ie/North Leitrim/South Donegal

#### Sligo Travellers Support Group: Bernadette Maughan – 087 7698922/info@stsg.ie

#### Drug & Alcohol Family Support Workers - North Leitrim/Donegal:

- Donna Butler 087 2387618 / manager@sfpnw.com
- Damien Daly 087 7010520 | outreach@rycp.ie / North Leitrim/South Donegal

#### Youth Drug and Alcohol Workers - Donegal/Sligo/Leitrim:

- Donegal: Catherine O Neill/ 086 0481977/catherine.oneill@foroige.ie
- Sligo: Annemarie Regan: 086 9087141/annemarie.regan@foroige.ie
- Leitrim: Caoimhe Ryan/ 086 1702340/caoimhe.ryan@foroige.ie

#### Training & Education Coordinator Donegal/Sligo/ Leitrim

Christina McEleney: 087 9369312/christinamceleney@donegaletb.ie

#### NW Task Force Staff:

- Sean O'Connor, Coordinator 087 1034941/SeanJ.OConnor@hse.ie
- Lorna Curry, Sligo/Leitrim/West Cavan 087 1380710/lorna.curry@hse.ie
- Tracey Mitchell, Donegal/Nth Leitrim 087 1617486/tracey.mitchell1@hse.ie
- Maev Gallagher, Office Admin 087 1953984/maev.gallagher@hse.ie

#### <u>Sligo Leitrim DSL</u>

SISPITCHES has commenced works for installing new Astro facilities on Tuesday 4<sup>th</sup> May at the Ray Mac Sharry Complex Cranmore Road Sligo. The New upgrade costing €400k will see a state-of-the-Art facility sporting facility in the heart of Sligo Town. Attached Photos before the start and now a work in progress. Exciting times ahead.

#### Additional News:

The League will run free of charge 2 League Cups courtesy of SISPITCHES the format which will be decided once affiliated clubs return the attached completed entry form. These free competitions are open to All Clubs both existing and New. - Competitions will run from early June to completion.

Competitions are One for Super League and One for Premier League Clubs. 1st play 2nd in Each Cup with Shield where 3rd Plays 4th in Each Cup. All players must be correctly registered with their respective club(s) via FAINET to compete.

All clubs are now asked to complete & return their club and Cup applications before the 24th May so as to allow league Cup format and draw. This will also allow us draw the league games for the 21/22 season

The 20/21 Season is Null and Void.

All Players are now free agents.

Registration of players for the 21/22 season opens via FAINET on the 1st June.

All Amateur Players have a charge of €2 per player payable direct to FAINET this is the sole responsibility of each club without exception. Forward Cheques to FAINET via League Treasurer Robert Kennedy 69 Cloondara Ballisodare Co Sligo with club details. This will insure an exact record of payment. (No Cash)

Clubs with any FAINET queries contact conor.parnell@fai.ie 085 1588225 FAI 01 8999500

Club Application form for the 21/22 Season attached for both existing and New Clubs.

21/22 Season KO Weekend of the 20th/21st/22nd August Dates may be subject to change.

(No requests for postponement's entertained)

Zero Fees for the coming 21/22 Season for Existing Clubs.

Standard Fee's for New Club's €1225

New clubs wishing to enter the League for 21/22 season can do so now and are welcome to contact the league administrator Noel M Kennedy 0872586003 <u>noelmkennedysligo@gmail.com</u> anytime.

The league management committee wish their clubs and affiliates a healthy and safe return to the Football. The above is subject at all times to Government and the Football Association of Ireland instructions and guidance in particular to Covid-19 we ask everyone to remain vigilant and please ensure all Public liabilities and personal insurance are in place.











Moving Parents And Children Together

### IS YOUR FAMILY AFFECTED BY ADDICTION?

FREE PROFESSIONAL SUPPORT

FOR THE WHOLE FAMILY

ON LINE AND FACE TO FACE

### You don't have to be addicted to suffer from addiction

M-PACT Supports families to work together to understand how parental alcohol or other drug misuse has affected all their lives .

Through our whole family approach, we help build relationships improve understanding and communication skills .

FREE Service open to all families where there are children between 8 –17 years old





Contact in confidence Tel: 0858759313 Email: sligoleitrim@alcoholforum.org



Registered Charity Number: CHY 17835

### Sligo Celebrates Colmcille's 1500th Birthday

Sligo Colmcille 2021 celebrates the 1500th anniversary of Colmcille's birth and his associations with Sligo.

Sligo Colmcille 2021 is a community-led, year-long initiative commemorating the 1500th anniversary of the birth of Colmcille and his associations with County Sligo through an exciting and varied programme of virtual and off-line artistic, cultural, and creative activities, events, and projects delivered by community organisations and individuals.

This year, 2021, is the 1500th anniversary of the birth of Colmcille, one of Ireland's three patron saints, and commemorative activities are taking place throughout Ireland and abroad to mark this occasion. Most associated with Donegal, Derry, and Iona, Scotland, his influence extended farther afield including to Sligo where he is attributed with the founding of Drumcliffe monastery near to the site of the Battle of Cúl Dreimhne (Cooldrumman). More popularly referred to as the "Battle of the Books", which took place in or about 560CE, the battle was reputedly caused by Colmcille's having made a copy of a psalter (book of Psalms) owned by Saint Finnian of Movilla without his permission. The resulting quarrel over ownership of the copy led to the first recorded copyright infringement judgement when High King Diarmait mac Cerbaill ruled in Finnian's favour by declaring "to every cow her calf, to every book its copy". Unhappy with this judgement, Colmcille and his kinsmen met in battle with the supporters of the High King on the lower slopes of Benbulben and it is recorded that approximately 3,000 participants were killed.

To commemorate the 1500th anniversary and Sligo's associations with the saint, Drumcliffe Rathcormac Tidy Towns and the Cos Cos Festival have joined forces under the Colmcille Sligo 2021 banner (www.sligocolmcille.com) to organise a year-long programme of community-led artistic, cultural, and creative activities, events, and projects. Drawing inspiration from the life of Colmcille, the Battle of the Books, the issue of copyright infringement, and the landscape and heritage of the Drumcliffe area, the programme incorporates contributions from a number of community organisations and creatives. These include virtual on-line presentations of specially composed musical pieces, lectures, and concerts, some of which form part of the Cos Cos Festival 2021 programme schedule (www.coscos.ie). Also planned is a sculptural installation and public garden in Rathcormac, an exciting 'Book of Sligo' publication, a Hamilton Gallery art exhibition, and other community-led initiatives. These can be viewed on the Programme page of the Sligo Colmcille 2021 website, which also includes information about of Sligo's Colmcille story and heritage.

For more information contact: mchk63@gmail.com or phone 0879973558



### Sligo's Cos Cos Festival returns in 2021

The Cos Cos Festival returns in 2021 to celebrate the 1500th Anniversary of Colmcille's birth

After a year's hiatus, the Sligo-based Cos Cos 2021 Festival will take place virtually from May 7th - 9th with a full online schedule of artistic, cultural, and creative activities, and events celebrating Sligo's Colmcille heritage.

The Cos Cos Festival (www.coscos.ie) is delighted to announce its return this year, from the 7th to 9th of May, with an exciting schedule of virtual and on-line cultural and creative concerts, lectures, workshops, and sessions. In partnership with Sligo Colmcille 2021 (www.sligocolmcille.com), this year's theme is the 1500th anniversary of the birth of Saint Colmcille and his association with Sligo. the Festival schedule will include talks, performances, and creative projects inspired by Colmcille, the 6th century 'Battle of the Books', and the Drumcliffe area where tradition says he established a monastery.

The Festival's Traditional Concert will feature virtually a host of local and guest musicians, including Oisin MacDiarmada and Samantha Harvey, Sean Carroll and family and the Kilfenora Ceili Band and Dancers. Workshops will be led by Scottish and Irish tutors with a Sean Nos dance class with Kieran Jordan delivered live from Boston, Massachusetts. The site will also host a Virtual Choir let by choirmaster Dave Flynn and 'Our Virtual Craft Exhibition' presenting works produced during and prior to the lockdown by the Old School Craft Group. A video of the landscapes and heritage of North Sligo sites associated with Colmcille will be featured on the Cos Cos Festival website, as well as on the Sligo Colmcille website. Other events include a Dance and Movement workshop for over 55's and the Festival Scone 'secret recipe' is to be revealed during our baking demonstration.

Inspired by the life of Colmcille and the 'Battle of the Books', which took place on the slopes of Benbulben, Michael Rooney has composed two short musical pieces, 'Colmcille 1500' and the 'Sligo March', and recordings of both can be accessed from the Colmcille 2021 website. Visual artist Catherine Fanning will create a series of handmade journal books and 'A Little Book of Blessings', a booklet marking the anniversary year, will be formally launched. We are also delighted to have two renowned speakers present talks as part of the 2021 programme, writer and copyright lawyer Ronan Sheehan who will present 'Sub Nomine Columba'/ In the name of Columba which considers the issue of copyright law, and Colmcille scholar Dr. Brian Lacey who will lecture on 'Colmcille – 1500 years on, the Legend of Colmcille'.

Festival events will occur on or around Colmcille's feast day, the 9th of June, including The Sandy Road writers' soundscape performance of their 'Battle Of the Books' poetry and music, a discussion with Stella Durand about the 'Battle of the Books', an on-line calligraphy workshop and icon exhibition. Further anniversary commemorative events and projects will take place throughout the year as part of the Sligo Colmcille 2021 programme including sculptural installations, an exciting 'Book of Sligo' publication, a Hamilton Gallery art exhibition, and other community-led initiatives. These can be viewed on the Programme page of the www.sligocolmcille.com website, which also includes information about of Sligo's Colmcille story and heritage.

While this will be a different type of festival, Cos Cos 2021 (and Sligo Colmcille 2021) is sure to be an exciting and diverse event with something for everyone. All festival content will be posted on-line at a scheduled time over the weekend (as per the festival programme). We will miss seeing you in person, but the 2021 Festival will be more accessible to the public and we everyone to join in and take part. Cos Cos Festival 2021 will be a celebration of our creative, cultural, and artistic heritage and traditions, and all about staying connected as we dance apart!

For more information & booking contact: info@coscos.ie or phone Brenda 0861925988







A member of Sligo Environmental Network, Natascha Telford, secured funding in 2019 from The Community Foundation for Ireland for funding to develop a project called Edible Sligo.

The idea was to have freely available food growing within an urban setting of Sligo. This would involve planting of fruit and nut trees in green spaces around the town, as well as vegetables and herbs in planters.

We hope to develop edible food trails around Sligo, joining existing community orchards and gardens, as well as wild food available in the area. Ideas on how to use the produce as well as information about the varieties will be included in the food trail.

With the outbreak of Covid 19 it has become abundantly clear how important outdoor spaces are to us. The 'foodscape' will improve the enhancement of public spaces and develop a greater community participation. There will be social days maintaining the orchards, plus harvest days and community juicing available.

The orchards will provide wonderful habitats for biodiversity to thrive in while also helping sequester CO2, reduce flooding risks and provide local, nutrient-dense food without the packaging and air miles involved.

To date, trees have been planted for Tonaphubble Residents Association (pictured) in a project that was developed with both the Residents and Sligo Tidy Towns.

Sligo County Council has provided a green space to continue planting fruit trees near Doorley Park. Fruit trees are also going to be planted at Lough Gill Brewery site in Cleveragh as part of a biodiversity planting scheme.

Sligo Environmental Networks looks forward to developing new projects to continue planting up Sligo with many edible plants and native trees for the community of Sligo to enjoy for many years to come. If you would like to work with us on getting trees planted in your community or know organisations that would be happy to have trees planted on their site, please contact us. We'd be delighted to hear from you.

Photography by: Ed Lee Photography (www.eddielee.ie)

Pic 1, Jpeg 932: Natascha Telford, Sligo Environmental Network and Gabriel Browne, Tonaphubble Residents Association

Pic 2, jpeg 919: Paul McGarry, Keaveney's Lane Residents Assoc., Michael Barrett, Tidy Towns Committee, Natascha Telford, Sligo Environmental Network, Patricia Gardiner, Sligo Environmental Network, Finbar Filan, Sligo Tidy Towns Committee, Andrea Bourke, Meadowvale Residents Association, Gabriel Browne, Tonaphubble Residents Association







## **msletb** Bord Oideachais agus Oiliúna

Bord Oideachais agus Oiliúna Mhaigh Eo, Shligigh agus Liatroma Mayo, Sligo and Leitrim Education and Training Board

MSLETB Adult Educational Guidance Service - Sligo

We, at MSLETB Adult Educational Guidance Service – Sligo continue to provide our services online and telephone during Covid – 19.

We provide free remote Adult Educational Information and 1-to-1 Adult Educational Guidance sessions to help people living and working in County Sligo.

Through our service, we might be able to help you

•With finding out about and accessing further education and training (FET) and Higher Education courses in order to improve your education, career and employment opportunities.

•Make informed choices about your options and choices by helping you to find information about courses, educational levels, funding supports and the different types of learning options you have locally, nationally and internationally.

·Provide you with a safe space to discuss your chosen path with a Guidance Counsellor. ·And much more.

MSLETB Adult Educational Guidance Service - Sligo is a free, impartial and confidential public service aimed at helping you to navigate the different choices and options you have when considering returning to learning be it full time or part time study or skills development.

As demand for our services has increased, we would advise that you call in advance to arrange an information or guidance session. All sessions are allocated on a first come, first serve basis.

Call Saoirse Kennedy, Adult Guidance Information Officer, on 071 91 38 410 or email saoirsekennedy@msletb.ie to find out more about MSLETB Adult Educational Information and Guidance Sessions. Sligo Pride Festival 2021 Monday 2nd - Sunday 8th of August

Sligo Pride Festival welcomes all to our celebrations this August. Our events will be announced on our website and our social media accounts during the summer. The vast majority of our events will be online and (Public Health Guideline Permitting) in person, including a march through Sligo Town! Please follow us on our social media accounts: Facebook page - Sligo Pride Instagram-@sligopridefestival Twitter-@sligopride Website - sligopride.com Email: info@sligopride.com



#### Sligo Volunteer Centre is operating as normal, with the exception of face to face operations for the moment.

#### We are delighted to offer the following services.

Volunteer Co-Ordinators Get Together's: These are an informal get together of people who are responsible for looking after volunteers within a group. We are holding these online every few weeks with on average 6 local groups attending. It is a great way to learn from others around the county. If you would like to join us please contact info@volunteersligo.ie or register on Eventbrite.

Upcoming Get Togethers -Wednesday 16th June at 11am or Tuesday 10th August at 2pm.

These sessions have proved so useful and worthwhile for networking and sharing ideas.

"A New Volunteering Landscape" Training: This session will cover key issues for volunteer programmes right now such as adapting current roles to fit current circumstances and creating new roles for new and we have picked up tips along the way as well as learning and hearing from our network of Volunteer Centre's. We will look at how to manage volunteers offsite, including virtual volunteering and volunteering from home. And crucially, we will look at what organisations need to do to ensure their volunteer programmes can survive and thrive during these challenging times.

Contact us or book your place on the next training session likely to be held in the Autumn.

Garda Vetting Training: New legislation brought in May 2016 has brought about significant changes to the vetting system, with further amendments since that date. Sligo Volunteer Centre process vetting on behalf of a number of affiliates. If your organisation would like to avail of the Garda Vetting service, or just find out more, this is the training for you. Training will be given online via Zoom under the current circumstances.

Cost: €25 (further €25 to register with the GV service after training)

This training is suitable for not for profit organisations who wish to sign up to our E-Vetting service. Ideally the attendee will be the person who is going to be administering the vetting in their organisation. It is also suitable for Board Members.

Please contact gardavetting@volunteersligo.ie to book your place.

Sligo Volunteer Centre Annual Report: We are finalising our Annual Report for 2020. It was an exceptional year with the COVID crisis - and a very busy year for volunteering. Full report will be available on <u>www.volunteersligo.ie</u>



SLIGO

As activity providers are opening up the Havin' a Laugh Primary Service can restart. Our primary service being the delivery of life enhancing outdoor activities to people in mental health recovery. At Havin' a Laugh we believe that exercising, getting outdoors and taking part in community-based activities are all essential to our mental health and should go hand in hand with a person's treatment. So, one of our main objectives is to make lifeenhancing activities easily accessible to people who are currently in therapy for mental health reasons.

The activity vouchers we have in stock at the moment are for, Sligo Kayak Tours, Northwest Adventure Tours (SUP or Hiking), Strandhill Surf Experience vouchers and Sligo Riding Centre (McGarrys Stables). Vouchers available through your therapist, ask about us at your next appointment.

Free online Chair Yoga for Seniors and monthly virtual coffee mornings on going, visit our website www.havinalaugh.com



Do you want to be involved in an exciting new primary schools programme where visual art meets drama? Then look no further. The Model, Home of The Niland Collection together with one of Ireland's leading children's theatre companies Branar bring to you a unique art project. This free virtual class room experience is specially designed to engage a whole range of schools subjects - English, Irish, Maths, History and Geography, as well as the Arts. It comes with a teacher's resource pack and tool kit. Suitable for 4th-6th class. FREE of charge, with a small fee of €35 for materials per class. Limited places, please contact us before Monday, 31st May. For more information, contact marielouiseblaney@themodel.ie



#### Sligo Cycling Campaign

Summer's glorious freedom will be all the more precious this year after months of restrictions on our movements due to Covid-19. To mark the onset of an outdoor summer, Sligo Cycling Campaign has launched a #SligoSummerCycling initiative. The idea is to encourage everyone who currently drives, to swap one car trip a week for a trip by bike.

The initiative was launched on May 19<sup>th</sup> via a virtual public meeting. Minister of State for Public Health, Well Being and the National Drugs Strategy, Frank Feighan TD did the honours. A representative selection of people who cycle in Sligo, including a Dad, a commuter, a health worker, and parents who cycle with Strandhill Cycle Bus told their cycling story and encouraged others to hop on a bike and give it a try.

Those of us fortunate enough to have a car and a driving licence, will frequently choose to drive. We may have a long journey, a baby on board, something heavy to carry or we need to travel on a road with a 100 km/h speed limit. However, many car trips are quite short and don't involve any of the above, so Sligo Cycling Campaign is suggesting that once a week we could choose to cycle to the library, the beach, the café, the pharmacy, or our workplace.

What if you don't have a bike? Perhaps to start with, you can borrow one but later in the summer, help will be at hand when Jarlath Gantly introduces a bike rental scheme to Sligo under the CoMotion branding. What if you haven't cycled in years and you are nervous? Give us a shout and we'll try to buddy with you for the first few times.

If you do decide to take up the #SligoSummerCycling challenge, we'd love to see your photos! You can post them on your own Social Media using the hashtag #SligoSummerCycling and tagging @SligoCyclingCampaign on FB, @SligoCycling on Twitter and @sligocyclingcampaign on Instagram or you can email your photos to us and we'll post them on our website <u>www.sligocyclingcampaign.ie</u>

We are very grateful to Sligo PPN for affording us the opportunity to avail of Social Media Training with Digital Media Trainer, Joanne Sweeney. The training came at a very opportune time just as we were working on raising our profile and developing our website.

#SligoSummerCycling is new. Sligo cycling Campaign is also part of Cyclist.ie Rural Collective and its #RotharRides initiative is ongoing. This initiative encourages people to hop o their bikes on the first weekend of every month and to explore lesser-known routes in their neighbourhood. Low traffic routes can make lovely #Rothar Roads. Not every road has room for a cycle lane but with traffic calming and lower speeds many roads can become #rotharRoads





#### Jack Butler Yeats; Salt Water Ballads

#### Thu 3 Jun. - 30 Mar. 2022

We are proud to celebrate the 150<sup>th</sup> anniversary of the birth of Jack Butler Yeats in his home town of Sligo. This very special exhibition entitled Salt Water Ballads, showcases for the very first time, a suite of 21 newly conserved, sea-themed watercolours, as well as Yeats' own collection of model boats. These pieces were generously gifted to The Model in 2018 by a private donor, and were conserved thanks to support from the Heritage Council in 2020. New original artworks by Yeats were revealed during the conservation process, and they will be on view, alongside several other maritime works, for visitors to enjoy in public for the very first time. These works tell the fascinating story of *Theodore, the Pirate*, a character invented by Yeats, and documented in several of his artworks and stories. The show will also give audiences the chance to view for the first time, the tiny figure of Theodore, which was discovered during the conservation process stowed into one of the model boats.

#### Jack Butler Yeats; Highlights from The Niland Collection

#### Thu 3 Jun. - 30 Mar. 2022

To celebrate the artist's 150<sup>th</sup> anniversary, we present the Jack Butler Yeats' best works from one of the most exciting holdings of his work in existence. Sligo's Municipal Collection, named after the visionary Nora Niland, includes some of the finest work by Yeats across every phase of his long creative practice. Early illustrations in pen & ink illustrations, sit alongside works from his watercolour period; allowing the viewer to trace a line to the artist's late, great masterworks in oil. Each year, The Model casts new light on the long career of one of Ireland's most acclaimed painters, and activates The Niland Collection through new visual art, music and performance commissions, as well as through specially curated programmes for children in schools, and events for people of all ages.

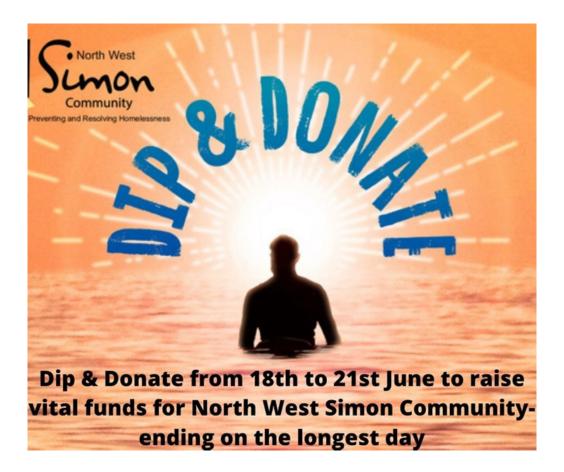
#### Alison Pilkington; I build my own island

#### Sat. 10 Jul. - Sun. 26 Sept. 2021

The Model is delighted to present an exhibition of fresh and exciting new works by Sligo-born painter, Alison Pilkington. Pilkington's practice taps into an inner world of personal experiences to conjure up strange and unsettling worlds where all is not entirely at ease. Humour and the absurd abound in strange unsettling landscapes, where bizarre figures are recurring motifs. Her work draws on a variety of eclectic influences from 'high' and 'low' culture - from the classical painting of the 17th century western traditions to the writing of Stephen King and the humourist Ivor Cutler, and the stories of James Joyce.







### TAKE TIME OUT OF YOUR LONGEST DAY TO HELP THOSE AT RISK OR FACING HOMELESSNESS

Join, North West Simon Community Dip and Donate Challenge from 18th – 21st June, to mark the longest day of the year to help raise vital funds to sustain our Early Intervention and Prevention Service. "Embrace the rush of endorphins as you enter the water and cherish the feel-good factor of knowing you're helping prevent and resolve homelessness in your local Community" If you can't make it to the beach, you can always take a dip in a local lake/river, or even your back garden paddling pool! As this is a facebook challenge, we are asking you to create a Facebook Fundraiser simply by Logging into your Facebook page, Click "+Create Fundraiser" Click on "Charity" in the "Who are you raising money for" section and select North West Simon Community and share share share!!! Further details on charity facebook page and website www.northwestsimon.ie

Culfadda Community First Responder Group We went live in early March

The Culfadda Community First Responder Group is a voluntary group linked with the National Ambulance Service (NAS). This group is governed by the NAS Community First Responder Scheme (NASCG007-See Attached). All responders are trained and certified to the Pre Hospital Emergency Care Council (PHECC) Cardiac First Responder National Standards. Once a 999 call is made for a person suffering from Cardaic Arrest or Choking within a 5km radius of Culfadda village, the Community First Responders are immediately notified by text from the National Emergency Operations Centre (NEOC) of the local emergency. The First Responders then immediately respond to the call and provide emergency care in the form of CPR and use of an Automated External Defibrillator (AED) on the patient until Ambulance Service arrive.

In March 2020, all Community First Responder Groups were stood down by the National Ambulance Service as a consequence of COVID 19. All groups remained off call and awaited further guidance. In December 2020, the NAS released the Post COVID 19 Reactivation Policy for Community First Responders (See attached). Following the release of this document, reactivation of the Culfadda Community First Responders was discussed both at committee level and within the wider group itself. A COVID 19 risk assessment of all 25 members was undertaken and weekly zoom meetings took place. Following this assessment, 15 of our members met the criteria to volunteer for "on call" service again in accordance with the NAS Post COVID Reactivation Policy. Since January 2021, these 15 members have undertaken rigorous online training in the form of Critical Incident Stress Management, Infection Control, HIQA Standards, Risk Assessment, Decontamination Post Call, Hand Hygiene and PPE training. Since February the group have attended workshops and undertaken practical assessments under the direction of National Ambulance Service Community Engagement Officer to ensure each member is trained to the same standard of PPE as that of the National Ambulance Service Personnel. In essence, it is the requirement that each First Responder treat every patient as a COVID 19 positive case and hence are required to wear the same level of PPE as the Ambulance Personnel.



"Time is of the essence in a cardiac arrest situation and considering that a person's chance of survival decreases by 10% for every minute without CPR, then the survival chances for people suffering a cardiac arrest in our rural locality are really quite dismal without timely intervention before the arrival of the National Ambulance Service"

"Those odds can be reversed if training, education and resources are made available to members of the local community, and that's precisely what Culfadda CFR group have set out to do"

Working within the framework guidelines set by the National Ambulance Service Community First Responder Scheme, the Culfadda Group consists of local volunteers all of whom are now trained in CPR and the use of Defibrillators.

It means that once a 999 call is made to Ambulance Control from the Culfadda catchment area, a text alert is activa giving essential information such as Eircode and/or address of the patient, as well as the age and condition of the person requiring assistance.

The text message goes to all of the first responder phones on the Culfadda Community First Responder Group, and the trained responders swing into action, bringing life-saving equipment such as defibrillator and other emergency equipment to the scene of the incident, saving vital time in the battle to preserve someone's life.

The first responders maintain contact with ambulance control and provide the necessary emergency care until the ambulance services arrive at the scene, at which time the patient is handed over to the care of the professional paramedics.

"Essentially, because of the rural locations, members of the local first responder group maybe in a position to reach the patient quicker than the ambulance service, and provide the necessary care to help the patient until the professionals arrive. These minutes can be vital.

The group estimates it will cost in the region of £16,000 to get the scheme fully up and running. Local fund-raising has enabled the purchase of two defibrillators which are strategically located throughout the region, as well as training and emergency equipment. And this week almost 7,500 euro in funding was approved by Sligo LEADER allowing the group to purchase another four defibrillators for the area.

"A huge effort has gone into making this project a reality ,and without the work and support of the committee and local community it would not have been possible. The village of Culfadda is very fortunate to have such highly committed and motivated volunteers providing such an essential service. We are fully trained and equipped to respond to every call."



#### Cairde Community Circus Workshops with Tumble Circus June 28th to July 2nd

Brought to you by Cairde Sligo Arts Festival and funded by Sligo Leader Partnership, we are delighted to say that professional circus company - Tumble Circus - will be in residency in Sligo to offer a series of community circus workshops for beginners aged between 8 and 15. The professional circus team will teach young people the basics in circus skills including juggling, hula hoop, slack rope skills and basic acrobatics. We will be creating a short film of the work in progress where young people can get to share what they have learned.

The workshops will be held according to rigorous health and safety standards in line with government guidelines. We will be working in outdoor facilities (moving to indoor if allowed) and will be touring to a range of villages. Full information will be available on <u>www.cairdefestival.com</u> from May 24th

#### Cairde Sligo Arts Festival July 3<sup>rd</sup> to 11<sup>th</sup>, 2021

Cairde Sligo Arts Festival returns with an unmissable programme of events across all artforms from July 3<sup>rd</sup> to 11<sup>th</sup>, 2021. Our programme will take place across digital and live streaming platforms – as well as the introduction of a new visual art trail through Sligo town called Far In Far Out, co-curated by artist Yvette Monahan and Human Signature, an exhibition at Hyde Bridge Gallery featuring local and national lens based artists, curated by Barry McHugh.

We are ready to open many of our events out to in-person audiences as soon as guidelines allow – much of our programme has been designed to be safely delivered outdoors.

Highlights include **To the Lighthouse**, a major new commission of an illuminated outdoor spectacle by LUXE, a festival cocommission of Tumble Circus' **Cycle Circus** – coming to a village near you; JM Synge's In the Shadow of the Glen by Blue Raincoat Theatre Company, **Writing from the West** featuring Kevin Barry, Louise Kennedy and Una Mannion & much more besides. We will launch our new festival website on May 24<sup>th</sup> www.cairdefestival.com



Are you a person living with sight loss?



Would you like to get involved in positive change for people who are blind, or vision impaired at a local and national level?

Join one of our Local Advocacy Networks and/or sign up for regular updates on our National Advocacy Network mailing list.

#### NAN

#### What is the National Advocacy Network?

The NAN is a mailing list that allows us to share our updates and news about NCBI's advocacy and policy work.

By joining the NAN, you can keep updated with the issues that impact on you and on the community of people who are blind or vision impaired in Ireland.

#### LANs

#### What are Local Advocacy Networks?

A LAN is a group of local people who are blind or vision impaired and keen to advocate for change on issues affecting them in their local areas while also lending their support to NCBI's wider national advocacy campaigns.

The LAN members are supported and trained by the NCBI advocacy team.

### How do I join?

Join a Local Advocacy Network near you and sign up for the National Advocacy Network by emailing **campaigns@ncbi.ie** or tel: **01 830 7033** and ask for the Advocacy Team.





## Open Mon - Sat 10.00am - 5.30 pm

### www.colemaninishmusic.com Tel 0719182599

# Looking forward to welcoming you all back



#### SLIGO PPN NEWSLETTER : SUMMER 2021

Ballymote FRC will continue to operate on an appointment only basis for May, pending updated government guidance. We are still working from 9-1pm and 2-5pm Monday to Friday and are contactable on 071 9197818 or ballymotefrc@gmail.com

Services operating include:

- Family Support Service
- Food Packages
- Counselling
- Senior Alarms Applications
- Brief Intervention Services for ages 10-18. The service will offer support to those experiencing mild difficulties impacting on their mental health or wellbeing.
- Administrative Services
- Sow and Grow for Ages 5-10: we will continue to watch the progress of our junior gardeners on this program started which started in May,

Please keep an eye on our social media channels for information on any further activities that are planned for the months of June July and August:

Facebook - <u>https://www.facebook.com/ballymotefamilyresourcecentre</u> Twitter - @BallymoteCentre Instagram - ballymotefrc

Summer Closure: The centre will close for 2 weeks over the summer from July 19th and will re-open on August 3rd 2021.





<u>Food</u> <u>Packages</u>

<u>We provide Bi- Weekly Collections on a</u> <u>Friday.</u>

<u>Funded through FEAD</u> <u>Programme,Food Cloud & Donations</u>



Tel: 071 9197818, Email:ballymotefrc@gmail.com



Senior Alert Systems Personal Alarm



<u>Please contact the centre if you or a relitave are</u> <u>in need of a personal alert alarm system.</u>

<u>Contact and application forms are available to pick up in person</u> <u>or can be posted out</u>



<u>Tel : 071- 9197818</u> Email : ballymotefrc@gmail.c

Email : ballymotelrc@gmail.com government supporting communities



### 14TH - 20TH AUGUST 2021

Visit: info@spraoiglas.com for information



Everyone is invited to attend!

# SPRAOI GLAS GARDEN PARTY

Music, games, food, drinks, and many more coming your way!

#### JULY 24TH • 12.00

Dromore West, Co. Sligo

€10 ENTRANCE FEE



The Disability Federation of Ireland are looking to gather feedback from people with disabilities and / or their family carers in relation to their housing needs and experiences of accessing housing and/or housing adaptation grants through Local Authorities. This data is anonymous and will be used represent issues arising on the Sligo Housing & Disability Steering Group committee meetings.

Below is a link to a survey which they would be very grateful if you can forward to people with disabilities and / or family carers that you may work with or have contact with. Please note, this particular survey is relevant to people living Sligo.

https://forms.office.com/Pages/ResponsePage.aspx...

### SLIGO NORTHSIDE FILM COURSE



#### **NOW ENROLLING FOR SEPTEMBER 2021**

- Learn about Film Production Scriptwriting, Editing, Podcasting, Interviewing, Digital Skills and more
- Modules will begin in September
- Part Time: Wednesday, Thursday, Friday Afternoons
- Classes will be a mixture of online and practical classes in the centre.
- Cost: Free
- Small Classes limited numbers
- QQI Certified

To reserve your place or make an enquiry

Email: northsidefilm@gmail.com

Delivered in partnership with MSLETB Community Education and Loch Bó Films

Sligo Northside Film Course is now enrolling for September 2021 Learn about Film Production Scriptwriting, Editing, Podcasting, Interviewing, Digital Skills and more. Delivered in partnership with MSLETB Community Education and Loch Bó Films. 10 week Modules will begin in September The course is part-time with different Modules on Wednesday, Thursday and Friday afternoons. Classes will be a mixture of online and practical classes in the centre. The course is Free and is QQI certified. All classes are small with limited numbers. To reserve your place or make an enquiry, email: northsidefilm@gmail.com



The Hawk's Well Theatre are looking for people who have been living alone(hosts) throughout lockdown who would like to get involved in their 'Cultural Companions' project.
Over the course of the summer a paired performing artist and host will get to know each other through a series of weekly conversations or meetings. At the end of this time the performing artist will write an original piece of work inspired by the host and their conversations together. This new piece of work will be performed in the host's own home, to an invited audience, when such an interaction is allowable. If you would be interested in finding out more please call 0871371018 or email maeve@hawkswell.com. I have included a photo of two of our companions from this year – Patsy Lyons and actor Niamh McGrath.