SLIGO PPN NEWSLETTER

SLIGO PPN NEWS

Connecting the Sligo Community since 2014



Welcome to the December edition of the PPN Newsletter.

Due to the current climate, we appreciate that many of our community groups and organisations have had to close as a result of the Covid-19 pandemic, or change the way they are operating. We fully understand how challenging and difficult this situation is for people, but felt it was still important for us to offer our groups an opportunity to provide an update on your current status what plans you have in place and also to provide you with an opportunity to promote any online activity you might be exploring.

Once again thanks to all our member groups who sent information in.

If you still haven't re-registered with Sligo PPN, don't forget to do so.

Simply follow the below link https://www.tfaforms.com/4686176





SLIGO PPN TEAM UPDATE



The end of 2021 has been very busy for the PPN. We have recently hosted a number of public information sessions with key local partners including;

- · Cultural competencies (with Sligo FRC) exploring how the language we use can impact the sense of inclusion and equality in our community
- · Introduction to the new national River Basin Management Plan with LAWPRO
- · An update on the N17 Knock to Collooney road development with Sligo County Council
- · The warmer homes information series with ITSligo Contract Research Unit

We also held a session for all our member groups introducing them to our Community Wellbeing research and how they could use the findings to support their own planning and programme development.

Our Annual Meeting took place on the 25th November which saw members ratify new electees, meet the PPN Secretariat and hear about the work of the PPN across 2021 as well as key plans for 2022. You can watch the meeting back at https://www.sligoppn.com/sligo-ppn-annual-meeting/

PPN representatives have been working hard on behalf of the sector raising key issues at the decision making table and you can read their reports at; https://www.sligoppn.com/ppn-representative-reports/

The PPN also released our needs analysis to find out what is important to member groups and the types of supports they need to grow and develop. The Secretariat are using this to develop a calendar of supports in the form of training, workshops and information sessions which will be run across 2022. Content that we have already confirmed is; Communities Tackling Climate Change, Health in the Community, Free Website Design, Community Finance and Funding Support. You can still take part in the needs analysis as we continue to grow our response programme by going to

https://www.surveymonkey.com/r/SligoPPNNeedsAnalysis2021and2022

Christmas Wish From Sligo PPN



We look forward to working working with you all next year to support the Sligo community and we hope that 2022 finally offers us the chance to come back together in person.



FUNDING INFORMATION



The latest edition of the Sligo PPN Funding Digest is herebrought to you in partnership with @The_Wheel_IRL

Featuring 30 funding opportunities for community groups.

Check it out at:

https://www.sligoppn.com/fundingpoint-local-digest-oct-nov-2021/

Please also visit the link below to see all the exciting training courses The Wheel has to offer

https://www.wheel.ie/training



FUNDING INFORMATION



Your local community or voluntary group can now apply for a grant under the Community Water Development Fund 2022. This Fund helps local communities deliver projects and initiatives that enhance the local water environment, delivering multiple benefits for biodiversity and climate action. The Local Authority Waters Programme (LAWPRO) administers the Fund on behalf of the Department of Housing, Local Government and Heritage. It is open to all community and voluntary groups to apply. You can complete the grant application form online at LAwaters.ie . Closing date for receipt of applications is 12 noon on Tuesday, 8 February 2022.

Projects should show benefits for water quality, biodiversity, and climate action.

There is a total fund of €380,000 available for 2022. Grants awarded will range from €500 to €25,000. For support with your application contact Karen Kennedy Community Water Officer kkennedy@lawaters.ie or 085 8085495

FUNDING INFORMATION

COMMUNITY EDUCATION SCHEME 2022

Applications are invited from Community and Voluntary Groups based in Mayo, Sligo and Leitrim who wish to avail of grants under the above scheme.

Community Education refers to adult education and learning, generally outside the formal education sector. It aims to empower and support communities. It is firmly community-based, with local groups taking responsibility for, and playing a key role in organising courses and deciding on programme content. The scheme enables disadvantaged adults to avail of community education at minimal or no cost.

Applications should be received by the respective county office no later than
Friday, 10th December 2021.

Community Group Insurance

Community group insurance - Case studies for the Tánaiste

As part of the Alliance for Insurance Reform, Sligo PPN has been providing information nationally on the impact of rising insurance costs on community group operation and service delivery. A call has come out from the Tánaiste to build up a bank of case studies which highlight the vulnerability that a lack of competition in the market has on group operation.

There is a template online which helps to populate information.

The ask is simply that if you hear from one of your groups that they are having difficulty accessing or affording insurance cover, that you might support them to complete the template and submit it either directly or through us to forward on.





Who we are

MSLETB Adult Educational Guidance Service provides free Adult Educational Information and 1-to-1 Adult Educational Guidance sessions to help people living and/or working in County Sligo to re-engage with education as part of their lifelong learning plan.

MSLETB Adult Educational Guidance Service - Sligo is a free, impartial and confidential public and local community service aimed at helping you to navigate the different choices and options you have when considering returning to education be it full time or part time study or to develop your skills.

How we deliver our Service

MSLETB Adult Educational Guidance Service – Sligo continues to provide free Adult Educational Guidance Counselling and Information services online and on telephone throughout the implemented Covid – 19 pandemic restrictions.

Follow us on Twitter @msletbaegs to keep up to date with information on the resumption of normal services or call us on 071-9138410.

What we do

Through our service, we might be able to help you;

- ·Find out more about furthering your educational career path by providing you with clear and up to date information on what routes and options are available to you depending on your circumstances.
- ·Make informed choices about your options by helping you to find and understand:
- (a). Information about courses, such as what short or part-time or full time options you have locally, nationally and internationally.
- (b). Educational Levels Learn how to navigate and understand the QQI Award Bands so that you can identify where you can pick up from or leave off at.
- (c). Learn and find out what funding supports from the Student Contribution to Government Supported Schemes are open to you.
- (d). Understand what educational progression is and how it affects you.
- (e). The different types of learning environments available, from Taught, Blended or Online programmes.
- ·Provide you with information on how to access further education and training (FET), Apprenticeships or Higher Education courses in order to improve your education, career and potential employment opportunities.
- ·Provide you with a safe space to discuss your chosen path with a Guidance Counsellor.
- ·And much more.

As demand for our services is continually increasing, we would advise that you call in advance to arrange an information or guidance session. All sessions are allocated on a first come, first serve basis.

Call Saoirse Kennedy, Adult Guidance Information Officer, on 071 91 38 410 or email saoirsekennedy@msletb.ie to find out more about MSLETB Adult Educational Information and Guidance Sessions.

The Bard of Kilmactigue Works of Sligo Poet Revived

A new book just published highlights the achievements of a little-known Irish American poet, Henry L. Gavigan (1872-1933), who was born in Kilmactigue in County Sligo. The book is the outcome of a research project undertaken by the Henry L. Gavigan Commemorative Group.

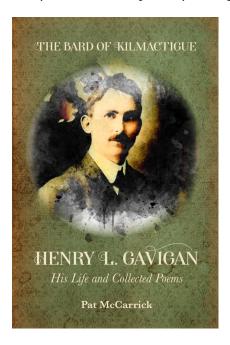
When Henry L. Gavigan died in New York in 1933, a work colleague described him in the following terms, "In all my years I have never known a finer character, a more forgiving man. No, coarse, vulgar or double-meaning word ever passed his unsullied lips. The General Post Office will never know his like again. We all loved him and to each of us his death is a personal loss. When the twilight of death closed about him it grieved the hearts of those who loved him and they mourned his passing as one near and dear to them."

Born in Claddagh, near Aclare in Co. Sligo in December 1872, Henry was the tenth of eleven children born to Patrick Gavaghan and Mary Henry. The family lived in a small cottage and survived on a farm of about thirty acres. Almost every member of the family subsequently to America.

Despite humble beginnings, Henry seemed very much to enjoy his childhood and was able to take full advantage of time spent at school. There he was taught by the local schoolmaster, James McIntyre. McInytre was his uncle by marriage and was a man that Henry very much admired.

Henry departed for America in 1893 at the age of twenty-one. He had possibly remained in school until that time because he undoubtedly had acquired a considerable education. While the family were all highly literate, Henry became the most noted penman among them. His works were printed regularly in newspapers and periodicals in the US and in Ireland.

The new, limited-edition book, was part funded with a Community Heritage Grant from Sligo Co Co, is now available, accompanied by a CD which illustrated some of the poems of songs of Gavigan. It is available from Kennedy's shop in Aclare, Liber Books in Sligo, direct from the author (mccarrickpat@gmail.com) or online at https://www.moyriverphotography.ie/product/henry-l-gavigan.



Havin' a Laugh provides activity vouchers for those going through mental health recovery. These vouchers can be used for outdoor activities like surfing or hiking, creative courses like painting, or even for gym memberships.

The charity is developing their offering by creating a new online Voucher Buddy System that will allow them to reach more people in the community and make it easier for people to choose and request vouchers.

With this in mind, they have published a fundraising book 'The Book', a great read that's filled with inspirational stories, poems, illustrations, and photos. 'The Book' is easy to dip in and out of and would make a great gift for family and friends'





The Colmcille Connection: An evening of music, visuals, song and musings on the life of Colmcille and his influence in the Northwest. St. Columba's Church, Drumcliffe, County Sligo, 7 & 8 December 2021. Tickets €20/ €18 (concession). Tickets available via Eventbrite.ie. Presented by the Atlantic Orchestra Project (https://irelandharp.net/the-atlantic-orchestra-project). Concept and direction by Catherine Rhatigan with new music by Catherine Rhatigan and Ray Coen. With Robert Tobin, flute, Felip Carbonell, guitar, Ray Coen, fiddle, Catherine Rhatigan, harp, Treasa Ni Mhiolláin, sean nós singing, Seamus Gallagher, percussion, Prannie Rhatigan, percussion, Dave Aebli, bass, Isabelle Hauser, Trish Keane, Anto Brennan, narration. Produced in association with Sligo Colmcille 2021, CosCos, Drumcliffe Rathcormac Tidy Towns, Sligo County Council, and Celia Keenaghan.

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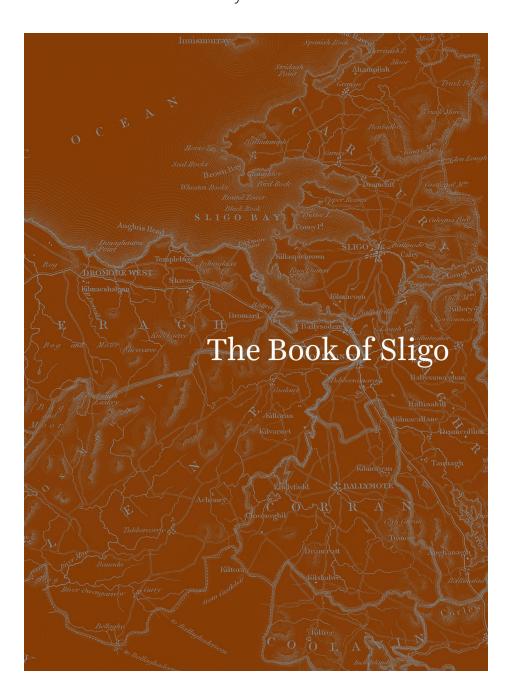
The Poets' Seat

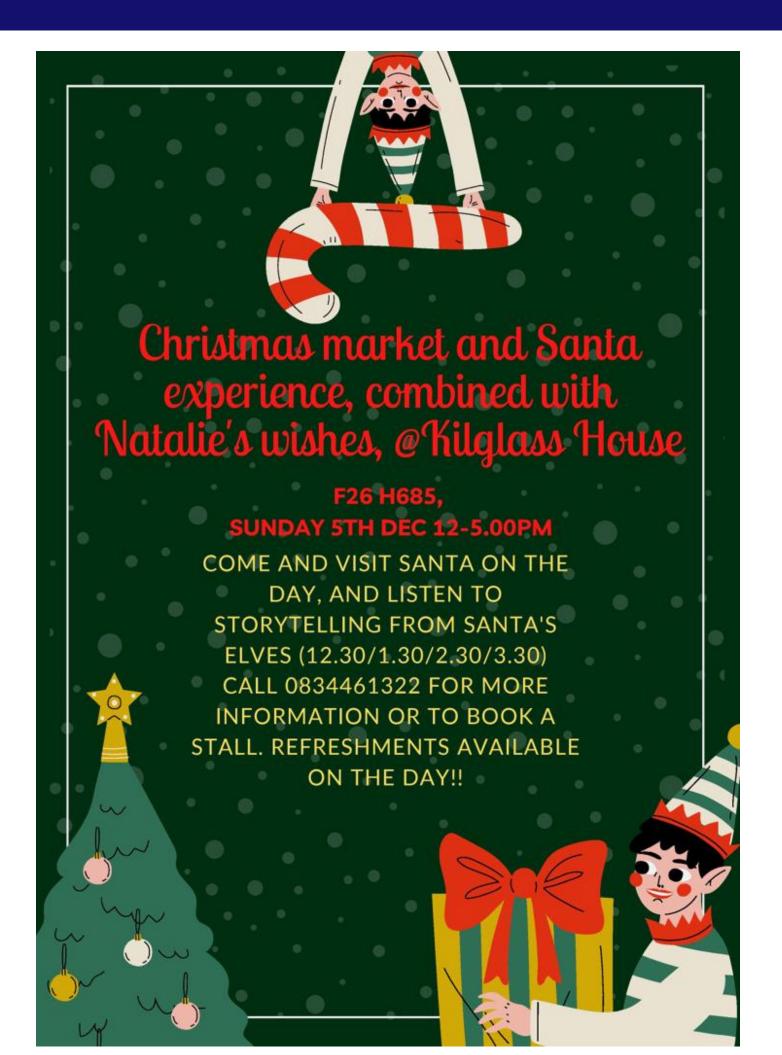
As part of the 2021 commemorations, a carved stone sculpture inspired by an early Christian "abbot's chair" has been placed in Rathcormac village park. Commissioned from Sligo-based sculptor Martha Quinn by Drumcliffe Rathcormac Tidy Towns Committee, with funding provided by the Department of Rural and Community Development's Town & Village Renewal Scheme, the chair will be focal point for cultural activities such as public readings and talks, and a permanent legacy project for the anniversary year.

The Book of Sligo

The Book of Sligo is an exciting and unique community-based creative arts initiative scheduled to take place in late 2021 to coincide with the 1500th anniversary of Saint Colmcille's birth. See: www.blueraincoat.com/thebookofsligo

Inspired by the life of Colmcille and his reputed association with the Battle of the Books which is said to have taken place on the lower slopes of Benbulben, The Book of Sligo will be a significant county-wide cultural initiative, and an important part of Sligo's Decade of Commemoration. Featuring contributions from each of Sligo's 41 recognised civil parishes collected and curated specifically for this project, The Book of Sligo will portray how the landscape of the county has shaped its people, places, history, and culture, and how we in turn have shaped and affected this landscape over several millenniums. Equal in ambition is the delivery of a hard-bound copy of the Book into each of County Sligo's 24,500 households, a feat that will be accomplished in late 2021 with the assistance of a county-wide network of local volunteers.







NCBI's Advocacy Network Activities - "coming together to make Ireland a better place for all".

- National Advocacy Network (NAN)— our national mailing list keeping you
 up to date on advocacy, campaigns and policy matters. Sign up online to
 join the National Advocacy Network mailing list by clicking this link:
 Advocacy Newsletter Signup NCBI, email campaigns@ncbi.ie, or call 01830 7033 and ask for the advocacy team.
- Local Advocacy Networks (LAN) become an advocate! Join regional
 groups of people who are blind or vision impaired who come together to
 identify and remove barriers to access for people who are blind or vision
 impaired in their local communities. You can find out more about the
 Local Advocacy Networks using this link: Become an advocate NCBI
- Check in and Chat our weekly catchup for people who are blind or vision impaired across Ireland. Two hourly sessions from 11am-1pm take place every Thursday on this zoom link: https://zoom.us/j/99048628214. Drop in and stay for a chat and stay as for as long as you want.
- 4. Advocacy Talks our monthly webinar with guest speakers on a different topic of interest for people who are blind or vision impaired each month. Register for the next webinar or to listen to past webinars using this link: https://www.ncbi.ie/policy-advocacy/advocacy-talks/

Come and join us!

Are you a person living with sight loss?





Would you like to get involved in positive change for people who are blind, or vision impaired at a local and national level?



Join one of our Local Advocacy Networks and/or sign up for regular updates on our National Advocacy Network mailing list.

NAN

What is the National Advocacy Network?

The NAN is mailing list that allows us to share our updates and news about NCBI's advocacy and policy work.

By joining the NAN, you can keep updated with the issues that impact on you and on the community of people who are blind or vision impaired in Ireland.

LANs

What are Local Advocacy Networks?

A LAN is a group of local people who are blind or vision impaired and keen to advocate for change on issues affecting them in their local areas while also lending their support to NCBI's wider national advocacy campaigns.

The LAN members are supported and trained by the NCBI advocacy team.

How do I join?

Join a Local Advocacy Network near you and sign up for the National Advocacy Network by emailing **campaigns@ncbl.le** or tel: **01 830 7033** and ask for the Advocacy Team.

NCBI
Working for People with Sight Loss

Muintir na Tire and Lend a Hand Sligo with the support of Healthy Sligo launch Community Support Register and promotional video.

Muintir na Tire's Community Support Register seeks to help local communities get information and support to the people that need it most in their area. It empowers local groups to use their knowledge to create a Community Register of individuals who would welcome information and supports to help them live more safely in their community. All the participants give their consent to receive this information and for the group to hold their contact details securely. This register becomes a means by which information about supports and critical services can be delivered to local residents thus enhancing individual and community wellbeing.

The COVID-19 pandemic has highlighted how important it is to be able to target supports at those who need assistance during a crisis. This support can take many forms – in the Covid 19 crisis there has been much focus on practical supports like delivering the groceries, ensuring people had fuel and medicines as well as keeping in touch. Support can also take other forms - information, how to keep well and active, education, avoiding scams, learning how to make a video call, minding your mental health, helpline phone numbers, how to get to know your community garda, signing up to local alert networks and befriending initiatives and so on.

Over the coming months Muintir na Tire in Sligo will be liaising with its network of Community Alert groups in the county to create registers for their areas. Linking with key agencies, these groups can then pass on information to the people on their local list, thus getting help directly to people who want and need it.

View the video at https://youtu.be/HkCSLIGUcE4 or contact your local support on 086 6000757 or email vanessa@muintir.ieto learn how your group can get involved.

The Healthy Ireland Fund supported by the Department of Health and the Department of Children, Equality, Disability, Integration and Youth



















volunteer centre lonad d'Obair Dheonach Sligeach

SLIGO

Sligo Volunteer Centre is operating as normal, with the exception of face to face operations for the moment, we are hoping to open to the public again in 2022! We are delighted to offer the following services.

Volunteer Co-Ordinators Get Together's: These are an informal get together of people who are responsible for looking after volunteers within a group. We are holding these online every few weeks with on average 6 local groups attending. It is a great way to learn from others around the county. If you would like to join us please contact info@volunteersligo.ie or register on Eventbrite.

Volunteer Information Sessions on Zoom: These are regular, informal sessions on Zoom where you can meet Olivia, our Volunteer Development Officer. Aimed at potential volunteers, these informal sessions will cover any questions you may have about what volunteering options are available, how to apply, Garda Vetting etc. There will be time for questions about your particular interests or to arrange a 1:1 follow up call- next one is in December.

Garda Vetting Training: New legislation brought in May 2016 has brought about significant changes to the vetting system, with further amendments since that date. Sligo Volunteer Centre process vetting on behalf of a number of affiliates. If your organisation would like to avail of the Garda Vetting service, or just find out more, this is the training for you. Training will be given online via Zoom under the current circumstances.

Cost: €25 (further €25 to register with the GV service after training) This training is suitable for not for profit organisations who wish to sign up to our E-Vetting service. Ideally the attendee will be the person who is going to be administering the vetting in their organisation. It is also suitable for Board Members.

Please contact gardavetting@volunteersligo.ie to book your place.

International Volunteer Day 2021

The IVD campaign this year, Volunteer now for our common future, aims to inspire people, whether they are decision makers or citizens of this world, to take action NOW for people and the planet.

When people are encouraged to get involved in solving problems, the solutions are more likely to be feasible and lasting. Volunteers engage communities and build a people-centric movement to help build a better and safer future for us all.

Join the campaign by posting a photo, video or graphic to show how you #VolunteerNow for our common future! UN Volunteers has developed a designated web page for the campaign and you can find visuals and other resources for common use in the campaign.

Looking forward to 2022

After another year of the pandemic disrupting our lives, we really hope that we can open our doors to you in 2022. We are planning to have a drop in service where we can meet with you face to face and talk about all things volunteering. All going well, this will happen in the new year. In the meantime, we are still here virtually for any questions or for a chat.

If you are an Organisation looking for volunteers and have volunteer roles to advertise, please get in touch and we will advertise these roles for you for FREE! www.i-vol.ie





Families are finding things very difficult at the moment, but it can be especially challenging for families affected by parental addiction.

Moving Parents and Children Together continue to offer family support through our face to face and online programmes . M-PACT is a free service, offering a whole family approach to support the family as a unit. The programme is open to families where there are children aged between 8–17 years old.

Our dedicated team are ready to accept referrals, offer support and advice to professional agencies, individuals, and their families.

If your life is being impacted by a loved one's addiction and you need advice, support or just a listening ear, reach out for help, make the call in complete confidence on Tel: 085 8759313 Email: sligoleitrim@alcoholforum.org

Or Facebook - https://www.facebook.com/movingparentsandchildrentogether/



Moving Parents and Children Together Sligo, Leitrim, West Cavan

The First Floor, Westward Town Centre, Bridge Street, Sligo, F91 XH77

Tel: 07191 50578 Mob: 085 8759313 sligoleitrim@alcoholforum.org Reg Charity Number: CHY 17835

Vibrant mural featuring people with Down syndrome Launched by President Michael D Higgins

'Embrace Diversity' mural marks 50 years of Down Syndrome Ireland

On the 2nd of November 2021 Down Syndrome Ireland's Sligo branch launched a vibrant mural in Tubbercurry to mark the charity's 50th anniversary. The event was attended by President Michael D Higgins, who is Patron of Down Syndrome Ireland. The mural features two people of different generations with Down syndrome.

The mural entitled Embrace Diversity was created by local artist Damien Moran and is part of several awareness building and fundraising activities that have taken place this celebratory year. The charities' Upside campaign focuses on the four key aspects of life for a person with Down syndrome: health, education, employment and life in the community.

The Mural is situated in the middle of the town of Tubbercurry, Co. Sligo at the entrance to swift lane walkway, kindly donated by a local businessman and restaurateur Ahmal Hasan. Passers-by are encouraged to stop, look and share a picture of the mural on their social media channels using hashtag #theupside to drive awareness. Artist Damien is from the town, has a cousin with Down syndrome and took on the project based on his admiration for the work the Sligo branch do.

The two people who feature in the mural include 8-year-old Nova Clancy from Gurteen Co Sligo who attends Carn National school in Gurteen. Nova loves swimming and sport and is a member of her local athletic club (Corran AC) and the Eastern Harps U8 GAA team. Nova loves helping her grandad on the farm and finishing the hard work off with her favorite Marquetta Pizza and chips! Also featuring in the mural is 29-year-old Sammy Kratschmar from Walkinstown in Dublin who is a keen snooker player and loves football. Sammy also features on the front cover of Down Syndrome Ireland's official report The Upside – Life with Down syndrome which highlights the gaps between the public's aspirations and the reality for people with Down syndrome and their families in day-to-day life. This special report can be downloaded here

Speaking on behalf of the Sligo branch – Declan Cooke(Joint Chairman), "This 'Embrace Diversity' Mural is a fantastic expression of the value that people with Down syndrome bring to their communities and their right to full inclusion and participation in Irish Society. We are honoured to have our Patron, President Higgins, to launch this today and would like to thank Damien for his excellent work, founding member Ann Killoran and the local businesses who have made generous donations including Ken Morley, K&B Supplies Tubbercurry and all the staff from the Occupational Therapy Department in Sligo University hospital."

Barry Sheridan, CEO, Down Syndrome Ireland says "Following our murals in Cork and Dublin we are thrilled to see Sligo following suit and will hopefully capture the attention of the local community. We encourage all to visit theupside.ie where you can view positive stories and our 21 demands which aim to secure the same basic rights and opportunities as everyone to develop their capabilities to the fullest."

President Michael D Higgins, who is a patron of Down syndrome Ireland said, "I would like to congratulate Down Syndrome Ireland on reaching its 50th anniversary and to thank all those who have given their time over the last half century to ensure that there are services and supports in place for those with Down Syndrome and their families. I am delighted to be in Sligo for the official launch of this new mural which highlights the importance of embracing diversity and ensuring all those in our communities can participate and enjoy life to its fullest."

Down Syndrome Sligo provides information, supports and activities to children, young people and adults with Down syndrome and their families. The branch is also committed to advocacy, self-advocacy and raising awareness in the community about the value that people with Down syndrome bring to their respective communities and their right to full inclusion and participation in Irish Society. During the past 18 months the branch has increasingly used technology to continue to support members and their families, develop new skills and most importantly keep people in touch during an immensely challenging time.

To find out more about The Upside campaign and to donate please visit www.theupside.ie.









After our successful Biodiversity Garden Workshops earlier this year, *Cranmore Community Co-operative Society* invites you to join our new community project: the tree nursery. Together we will learn about native trees, build a tree nursery in the community garden, collect seeds, sow and plant trees in the community to enhance our environment and create habitats for wildlife.

Participants will have the opportunity to take part in a variety of activities, like short two-hour workshops, longer outdoors activities, day trips to an established tree nursery and a mature native woodland, tree care classes and others.

For more information or to join this sustainable longterm project, please contact Connie@cranmore.ie or 0871169500.







Ballymote Heritage Group was founded in 1984. Eileen Tighe was a founding member and has been a driving force in the group that has met regularly every month until the onset of covid. The Group has hosted a Heritage Weekend Conference every year since 1984 when historical, archaeological, cultural and a wide range of social topics were aired in discussions led by local, national and international experts.

The Group launched its journal, the Corran Herald in 1985. This periodical is now an annual 90 page publication in its 36th year. Issue No. 54 will be on sale at €10 per copy in December of this year. The Corran Herald now has a search facility which allows users to explore the index by author and subject matter. (www.ballymoteheritage.com). Our journal continues to attract high-quality writers and curious readers from year to year. The Herald has published a myriad of original articles by authors from all walks of life and from all generations. I am delighted to acknowledge that over 500 authors have contributed to the Corran Herald since 1985. Some were aspiring poets in our local primary schools while others were professional archaeologists, university academics, judges and administrators at national level. We had shopkeepers and journalists, students and teachers, politicians and the man and women in the street, scientists, handymen and housewives, farmers, fishermen and their advisors, athletes, golfers, handballers and footballers, adult poets, story-teller, curates and bishops, computer experts, cursive script writers, authors of published book - people from every walk of life expressing their opinions in prose, verse and in letters to the editor, carefully outlining their discoveries after exhaustive research and presenting their fascinating stories with coloue and drama.



Here at Number 45 we are collecting entrances all through December for a Photography Competition. The theme is "LOCAL INSPIRATION" The exhibition itself will be held in January, 1st prize 200 euro

Local Photography Competition

Theme

"local inspiration"

Closing date for entries

Tuesday 21st December

Exhibition will be held in January

1st Prize €200

2nd prize€ 50

3rd prize €50

Venue: community space No.45 High St. Sligo

Phone 071 9141 978

Minister O'Brien visit to Northside Community Centre





Sligo Field Club Journal, Vol. 7 - Second Press Release, October 10th 2021, from Martin A. Timoney, Hon. Editor, 087-2863301.

Sligo Field Club Journal, Vol. 7, 2021, has been released.

Edited by Martin A. Timoney with considerable help from Fiona Doherty, Hon. Senior Assistant Editor, and Jim Foran, Hon. Assistant Editor, this volume has 208 pages with over 160 images, most in full colour, thread bound and printed in Connacht by KPS Colourprint, Knock, Co. Mayo. It is available for €25 direct from SFC Committee or Liber and Easons bookshops in Sligo, Geraldine Brennan at The Laundry Basket in Tubbercurry, Michael McHugh in Cliffoney at Cliffoney Celtic, Rogers hardware, McGettricks drapery and Caseys chemists in Ballymote, Sean Gallagher at Garlow Filling Station in Grange, Martin Baker Butcher in Riverstown and more. Back numbers also still available – a full set of the seven volumes published since 2015 will cost you €140. Stock of some volumes is beginning to run low, so a quick decision!

This year's volume is the largest Sligo Field Club Journal volume so far and it introduces some new authors, some new topics and several encouragements to learn about and look after our Sligo heritage.

Summarizing the articles:

Susann Stolze writes on Seventy Years of Palaeoecological Investigations in Treanscrabbagh Townland, Bricklieve Mountains, Co. Sligo. Stolze, a graduate of Kiel University in Germany, was involved in the Kiel-NUIG collaboration with Prof. Michael O'Connell on researching the ancient botany of the Carrowmore and Carrowkeel passage tomb areas; some of that research was published in *Dedicated to Sligo* in 2013. In this article she reviews the 1950s research by Prof. Frank Mitchell of TCD and that of Dr. Hans Göransson of the Swedish archaeological campaign to Sligo about 1980 and her own recent work. She looks at 11,700 years of vegetation history and environmental changes, and human activity close to the Carrowkeel Neolithic passage tomb cemetery using pollen diagrams and tables. Though now in Boulder Colorado she is applying for further research through Harvard University to continue the Sligo research with copy of this volume in hand.

Pádraig Meehan's Campfire Fever Unbridled: Kings of the Irish Neolithic? is a piece, asking questions, putting humans into the picture. Recent Irish studies involving ancient genetics (many from this region) have inspired renewed interest in the social dynamics of the time of change from the hunter-farmer-gatherers of the Mesolithic to the settled farming communities of the Neolithic. Pádraig Meehan considers the case for kingship, dynastic lineages, social complexity and inequality in Neolithic Ireland, based on archaeology, including evidence from passage tombs, and on some novel anthropological theories. Carrowkeel Carrowmore and Maugheraboy get copious mention. This is the first theoretical article in the Journal so far.

Eamon Cody, formerly of the Megalithic Survey of Ireland and the National Monuments Service, provides four secure dates, 3600 to 2500 BC, on cremation human bone from Cairn K of the Carrowkeel Passage Tomb Complex, Co. Sligo.

Frank Clinton writes about a Shale Axehead from Friarstown, Dromahair which he found by chance while gathering stones from a football pitch in Dromahair in September 1984; it includes a superb drawing by Kelvin Busher of Galway.

Dirk Brandherm, Cormac McSparron, Linda Boutoille and Thorsten Kahlert, write on their on-going research and excavations on the top of Knocknashee mountain, north of Achonry. This is proving to be an unusual open Bronze Age Hilltop Settlement where excavations continued this August.

Jim Higgins writes about St. Dominic in Medieval to Post-Medieval Irish Art. Since 1252 the Dominicans have been a part of Sligo life, and still are. The medieval Abbey can be easily seen from Castle St. Surprisingly, there does not seem to be a statue of St. Dominick in the High St. - Dominic St. complex. Higgins uses thirty-six illustrations of St. Dominic, in stone, glass, fabric, and silver, to tell his story.

Martin A. Timoney, Editor and research archaeologist, not a historian, writes about Rathscanlan and Ballyara, just west of Tubberurry, Co. Sligo, as an Ancestral Place of O hEára Riabhach. This encourages the study of 13th – 14th century earthen moated sites. The Rathscanlan moated site, recently surveyed in detail by Kevin Barton for Tubbercurry Tidy Towns, gets copious mention. The article includes a list of horizontal mills inCo. Sligo extracted from the 1633-1635 survey published by Wood-Martin in 1889. This article is a challenge to find the sites, there was one at Ballyara. Tom Cunney from Lisaniska in Kilmacteige, living in Athlone, made a working model of one such mill, based on that found at Kilbegly, Co. Roscommon, and now on display in Drum Visitor Centre, a few kilometers west of Athlone. The O'Hara castle at Ballyara has been robbed out and the adjacent church is not much better. To the north is a massive earthen enclosure, probably an O'Hara site of earlier significance. The settlement, founded in 1396, not 1397, was in this Ballyara area before relocating to the present site. This it the first landscape archaeology article to appear in Sligo Field Club Journal. Several placenames are used to help tell the story.

Nollaig O Muraile provides some detailed notes on the Family of O Hara and their Territory of Leyny, Co. Sligo. This is a follow-up to Timoney's article. The notes are on The O'Hara Riabhach, The O'Hara Buí, Tobar an

Choire, Tubbercurry, which dates from 1396, not from 1397, placenames, O'Hara bishops of Achonry and the O'Hara genealogy family tree

Elaine Conroy writes about Court Abbey, A Franciscan Third Order Regular Friary, Lavagh, Co. Sligo, which was built in the 1450s. This isolated ruin at the foot of Knocknashee is unique in Co. Sligo for having designs made into the wet plaster of the south transept; at least one late 15th/early 16th century ship is recognizable in the designs as also is part of a painted Crucifixion scene. This building is crying out for State intervention, the work is way beyond that of any local community, and the article encourages locals to drive that agenda onwards.

John McKeon's article, Ahamlish Parish, Co. Sligo, 1800-1880: A Time of Much Change, covers education, structures and is illustrated by plans of buildings, maps showing the squaring of the land, hitherto unpublished maps such as that of Cliffoney in 1796, Derryleghan lime kiln of 1825-1827, and sea steps in Castlegal. From the detailed townland lists of tenants, many in north Sligo should recognize their ancestors.

Peter Henry, in the second part of his series on Some Sligo-related Armorial Bookplates illustrates the bookplates of three Sligo people with archaeological connections. Roger Chambers Walker of Rathcarrick was a close associate of George Petrie of the Ordnance Survey in the 1820s and 1830s. The Wynne bookplate is that of Owen Wynne VI of Hazelwood and it comes from an image from Volume 2 of Wood-Martin's History of Sligo, published in 1889 provided by Declan Bree. The handwritten note on it dates the use of the book plate to 1896, almost a decade after the book was published. Lewis Irwin of Tanrego guided Beranger and Bigari on their drawing tour of antiquities of north Connacht in 1779 and these drawings are to be seen in Peter Harbison's 2002 book Our Treasure of Antiquities. There may be other Sligo-related bookplates, in addition to the Cooper ones, due in the next volume.

John Mullaney, in his article 'Time is a River' – Marcus Aurelius, writes in his own wonderful style about things made in Sligo, clocks, glass, pottery ceramics, furniture, trades that kept people in Sligo employed and kept money circulating within the town and county. Sligo has many with skills – and Sligo people should keep those skills alive by supporting local industry.

The essay 'Mythology and Landscape of Sligo, Part 2, The Battle of Moytura and Formaoil na Fiann', by Eamonn P. Kelly, formerly Keeper of Irish Antiquities in the National Museum of Ireland, investigates Moytura, Co. Sligo; a mythic landscape associated with an epic battle. However, Moytura also contained a Formaoil or royal hunting preserve of the kingdom of Tír nAilella, (Tirerrill, Co. Sligo). The nature and scope of the Formaoil is discussed along with its historical and literary associations, while comparisons are drawn with the royal Formaoil of the kings of Connacht, centred on Slieve O'Flynn, Ballinlough, Co. Roscommon, and which features in the medieval compilation Acallam na Senórach. The Mac Donnchadha, routeways, churches and medieval Gaelic land use all get copious mention. The cattle raid of 1398 is seen as the inspiration for an account of the Battle of Moyturra.

Don C.F. Cotton and Micheline Sheehy Skeffington review the Strawberry Tree (Arbutus unedo L.) around Lough Gill, Co. Sligo. The evidence is that the tree was present long before Wynne came to Hazelwood, so it was not introduced by him. In 1932 Robert Lloyd Praeger recorded just over sixty Arbutus trees. In the early nineties Don Cotton recorded what was there then and recently with Micheline Sheehy Skeffington theknown number of surviving Arbutus is now only half what it was in 1932. The authors provide maps and tables showing the twenty locations where the thirty-something trees survive and the startling decline, the Arbutus being swamped by rhododendron and other trees. The State, in one of its many forms, must intervene here.

Catherine O'Connor lovingly writes about her father, Frank, who was Clerk of Works with the National Monuments Section of the Office of Public Works, based in Park's Castle and later in Dromahair. He was President of Sligo Field Club in 1990 and 1991.

Martin Wilson's Presidential piece, Working Together, treats of our diverse committee, standards, need for new members, lectures by Zoom, sligofieldclub.ie, preserving and enjoying what we have. It is a rallying call for the troops to use the power of the keyboard in either the Journal or the local media to advance our goals.

There remaining two articles address the proposed new museum for Sligo announced earlier this year. Martin A. Timoney's piece, While we are waiting for the future to arrive!, is on the what the content of that museum should be, the extensive space and staff needed, and where it should be located. This piece is an academic view from a research archaeologist. On the other hand, John Quinn, current Hon. Sec. of Sligo Field Club, has a piece entitled "The 'One Sligo Museum'" where he adds considerably more to the themes in Timoney's piece. It also addresses the significant benefits to Sligo, Town and County, from a business point of view, hospitality, shops, longer overnight stays. The new museum will say this is where we live and we are proud of it, so come and stay and see and enjoy, not just within the town but in the county at large.

There are copious references to most of the articles for those seeking to delve further into Sligo's past 10,000 years. Over 160 illustrations show some of the wealth of Sligo heritage, and would be of great use to those in the tourist industry.

Besides all the knowledge set down on paper, to be read and enjoyed, there are some pleas on behalf of some of our Sligo heritage. The Arbutus tree numbers have dropped alarmingly to half what they were less than a century ago. Court Abbey, like Ballindoon, needs State care. There are thoughts for a quality museum for Sligo. Sligo has produced quality goods, not just through the 20th century, but for centuries before. crafts museum. These could benefit Sligo enormously.

The deadline for Vol. 8 is 19th Dec. next; let it be known that there is space for more articles for that, articles correcting, speculating, asking you to think, to look, to see, to take note and to publish.

Notes for PPN Newsletter

The Book of Sligo

Volunteers of A.M.C.E. Ltd. will be involved with the distribution of The Book of Sligo. Launched on Thursday, November 11th, it is hoped that distribution will begin in early December. The book will focus on Sligo's cultural, social and environmental history and the influence that different cultures have had on the Sligo landscape and environment. This project is organised by The Blue Raincoat Theatre in collaboration with IT Sligo.

Festive Car Treasure Hunt

A.M.C.E. will host a Festive Car Treasure Hunt on December 27th for some Festive Family Fun. Clues will be based on the various landmarks and features within our community. With Covid Regulations in mind we hope to be able to serve some festive refreshments and there's even a prize for the Best 'Festively' Dressed Car.

Knocknashee Community Hub

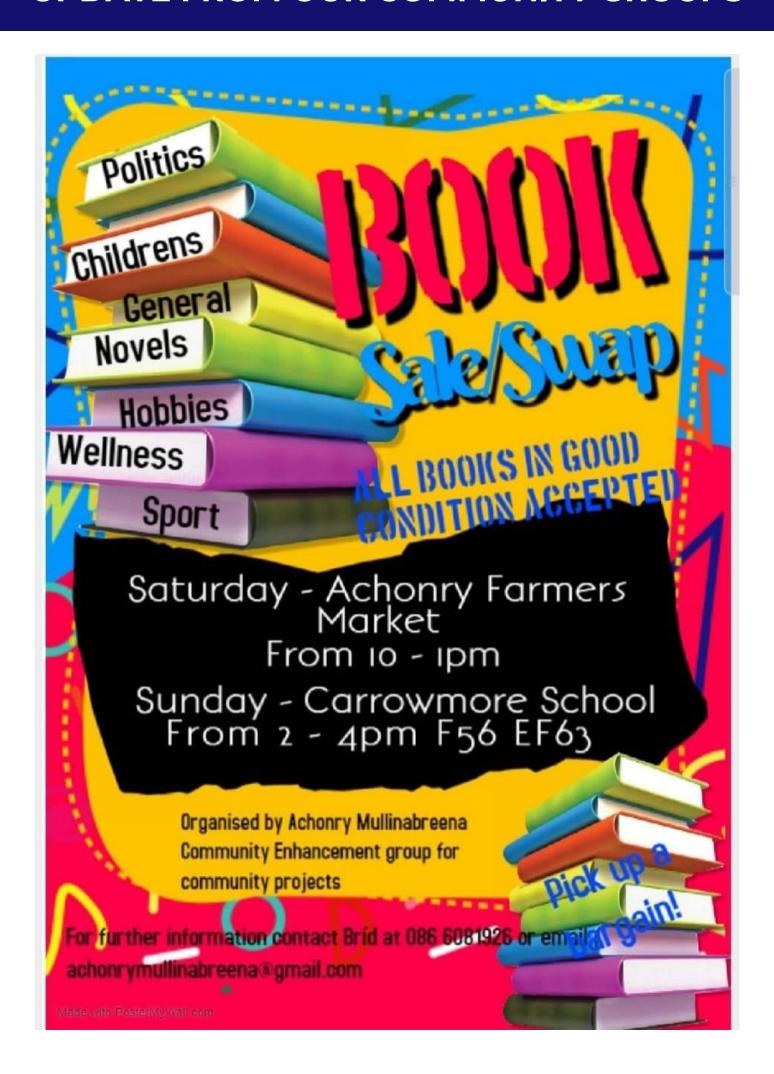
The refurbishment of the Community Hub, the old <u>Knocknashee</u> Inn, to create a community space with cafe facilities is well and truly underway. Volunteers have been busy cleaning and painting inside and out. If you see the door open come in and have a look around this great Community asset.

Community Book Sale and Swap

With the nights drawing in, it is a perfect opportunity to catch up on some reading. Our book sale and swap is continuing to be a great success and a great way to 'recycle' those preloved titles. A variety of novels, history, cookbooks, children's books and some school and college books are available from Carrowmore Schoolhouse, each Sunday 2p.m. - 4p.m. and from our Community stall at Achonry's Farmers Market each Saturday, 10a.m. - 1p.m.'

Funding for New Trail Loop

We were delighted to see the announcement of funding for the development of a Trail Loop at <u>Dohern Hill in Chaffpool</u>. A total of €20,000.00 will provide for the creation of the trail, installation of signage and fencing, and creation of parking areas and a trail extension providing access to a scenic viewing point. The funding announcement was made recently by Minister Humphreys for a variety of Sligo and Leitrim outdoor projects and walks.







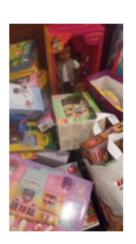
SPC Youth

The past 18 months or more have Shaken all of us. On Sunday 5th
December at 7pm our Youth Group will think about some of the
ways we can make good choices to live well in these times. We'll
also be supporting those living in local Nursing Homes by compiling
Care Packs to send to them.

Join us – new members always welcome!! Open to all in 6th Class or of Secondary School age.







Nativity Service and Toy Appeal

On Sunday 12th December our children will lead us in a specially prepared Nativity service. It will take place from 11:30am – 12:30pm in Sligo Presbyterian Church, with all Covid precautions taken.

We'll also be collecting toys that day for the Sligo Social Services Christmas Appeal.

Everyone welcome!



25th Anniversary Book: A call for Contributions.

Calling all writers and poets and supporters of Sligo Rape Crisis Centre

We welcome poems, personal stories, or short stories around the themes of 'recovery,
hope and healing'. Email info@srcc.ie by December 31st, 2021

Guidelines: Contributions can be in your own name, a pseudonym or anonymous.

Please send your work, in a word document, with contact details, to info@srcc.ie with '25
years' in the subject line. Be in with the chance to get your original, previously
unpublished work out there in print. We also welcome messages of support, or words of
experience about working with the centre in any capacity.



Andy Parsons; Patience Until Thu. 23 Dec. Free Admission

The Model are delighted to present an exhibition of newly made work by the artist Andy Parsons. In 2019 The Model commissioned Parsons to be their inaugural Artist in Residence at Sligo University Hospital, where he engaged staff, patients and families in creative activities and conversations. He particularly focused on working in the Renal Ward where patients undergoing dialysis were enabled to explore creativity through experiments in painting and drawing.

Alongside this work, the artist developed a body of drawings, paintings and sculptures that trace the many stories at the heart of hospital life. The residency was supported by The Model, Creative Ireland, Sligo, and the Arts Council.

www.patience.ie

Patrick Hall; Beginnings Curated by Nick Miller Until Thu. 23 Dec. Free Admission

Patrick Hall; Beginnings, curated by Hall's long-time friend and fellow painter Nick Miller, reflects on an artistic career defined by an unknowable and undefinable spirit. From Hall's emergence as an artist in Spain in the late 1950s, to new beginnings that continue today against the odds in his studio in rural Co Sligo, this show celebrates a unique artistic voice and vision.

Angela Su; The Afterlife of Rosie Leavers Until Thu. 23 Dec. Free Admission

We are pleased to present the work of Hong Kong-based artist, Angela Su, in Ireland for the first time. Hallucinations, mental illness, doppelgängers and artificial intelligence all coalesce in the protagonist's life story, in Su's intriguing and thought provoking film work, The Afterlife of Rosy Leavers.

Jack Butler Yeats; Salt Water Ballads Until Sun. 29 May, 2022. Free Admission

We are proud to celebrate the 150th anniversary of the birth of Jack Butler Yeats in his home town of Sligo. This very special exhibition entitled Salt Water Ballads, showcases for the very first time, a suite of 21 newly conserved, sea-themed watercolours, as well as Yeats' own collection of model boats. These pieces were generously gifted to The Model in 2018 by a private donor, and were conserved thanks to support from the Heritage Council in 2020.

The Model's Pirate Puppet Winter Art Competition Closing Date: Fri.10 Dec. 2021. Free Entry.

Ahoy all you budding artists!

Make a Pirate Puppet for our Pirate Puppet Museum and be in with a chance to win a €100 prize voucher, or a runner up prize.

We are looking for the most imaginative and original swashbuckling pirate puppet you can create. Puppets can be made at home or in our café (materials available free of charge from our reception). To enter the competition, bring or post your puppet to The Model Reception with your name and phone number and we will register and display your entry in The Pirate Puppet Museum, co-created with children.

For inspiration, why not come in to see The Pirate Puppet Museum at The Model or see our puppet making activity on https://www.themodel.ie/online-programme/make-and-create/

Suitable for children of all ages.

The Museum of Pirate Puppets Until Thu. 23 Dec. Free Admission

Call Out To Families & Children (age 8 – 12).

Help turn the pirate puppet museum from black and white into a full colour show. Pirates, mermaids and other characters have been created in large black and white cut-outs by Time Travel Theatre for the museum and we are now inviting children and their families to turn them into full colour characters. Just turn up at The Model and ask for art materials at reception or if preferred, bring your own creative equipment - felt-tips pens, fabric, sequence etc....

A co-creation with families and children

Art For Blind; FIXITY & Mohammad Syfkhan Sat. 18 Dec., 9pm. Admission: €8

Art for Blind continue to explore Ireland's rich underground musical styles, this second event in their residency will see Fixity, the experimental music group led by Dan Walsh, let loose in full improvisational force. Joining Fixity will be Mohammad Sifkin who has made many a room come alive with his upbeat take on Middle Eastern folk.

Informal Music Afternoon Sun. 5 Dec. 1pm. €8

This month's IMA will once more include Sligo Baroque Orchestra, who will be joined by student soloists Ella Rose Feeney and Aimee Horlar. The orchestra will perform works by Vivaldi, Scarlatti and Heinichen, with the Irish Bouzouki in the more than capable hands of Seamie O'Dowd taking the solo Theorbo part.

Amy O'Hara is a singer-songwriter based in Sligo. Her songs reflect a love of the natural world and her wry observations of human nature. Her style reflects Tin Pan Alley tragedy as comedy to soften the blow. 'You gotta laugh as it gets you through difficult times'.

Amy's debut album 'A blue I can't describe' was released to critical acclaim in the summer of 2021.

She is joined by Felip Carbonell of No Crows, who keeps things steady and rhythmical.

All tickets must be purchased online, in advance.
All ticket holders must present their Digital Vaccine cert along with photo ID.

Artist Breakfast Club Wed., 1 Dec., 11am. Free Admission

We have a very special Artist Breakfast Club for you this December: the first Artist Breakfast Club in The Model for over a year! But for those of you that can't make it in person, don't worry - we'll also be streaming it on Zoom where you will still be able to interact with the artists presenting.

Tea and Coffee will be served from 11am, and presentations will be from 11:30am. Those attending in person will need to book in advance and bring a valid covid passport.

North West STOP provides free counselling to all age groups throughout the Northwest.Our counsellors are fully accredited and equipped to provide a range of therapies depending on a client's needs. You can self-refer by phoning or texting this number: 086 777 2009. Our biggest source of funding comes from individuals and groups such as those below, who ensure that we can continue to provide our service. Demand for the service has seen a 100% increase since last year and North West STOP is indebted to so many who have helped us to meet this need.

A Dip A Day in December, every day in December.

Mark Elliott has committed to completing A Dip A Day in December which will see him, and others who wish to join him, take a dip in lakes, rivers, or the ocean in counties Leitrim and Sligo, every day for the entire month. This event can be followed on Facebook:

https://www.facebook.com/adipadayindecember/

On Instagram: https://www.instagram.com/adipadayindecember/ And you can show your support via the GoFundMe link, here: https://gofund.me/aff27531

Corporate Fighter, Sydney, December 18th, 7.30pm (Sydney) = 8.30am (Sligo)
Sarah Melvin is undertaking an intense 10-week boxing program. As part of this event, which is being held in Sydney, Australia, Sarah is raising funds for North West STOP for the Charity Fight Night on December 18th. She is doing this in memory of Michael Cryan from Sligo who passed away in 2017. Sarah is currently leading the fundraising challenge in the Sydney group and you can support her efforts here: https://corporatefighter.fundmychallenge.com/sarah-melvin

Northwest MTB "Dawn 'Til Dusk" open social spin, December 18th, 8.51am – 4.11pm.

On Saturday 18th December, Northwest MTB will be hosting an open social spin from 08:51 (sunrise) until 16:11 (sunset) in Coolaney National MTB Centre. www.nwmtb.ie

Open to all no matter your ability, bring your bike and helmet, stay for 30 minutes or join us for the full day, all they ask is for a donation to support North West STOP's free counselling service.

https://gofund.me/4e55a801

Grange Christmas Tractor Run, December 19th, 5pm.

On December 19th, the Annual North Sligo Christmas Charity Tractor Run will take place, leaving Grange Village at 5.00pm. Last year this event raised over €11, 200 and saw a wonderful procession of tractors, trucks and agricultural vehicles all lit up with festive lights drive from Grange to Mullaghmore and back. More details will be posted on their Facebook page:

https://www.facebook.com/SligoChristmasCharityTractorRun





NORTHWEST MOUNTAIN BIKE CLUB 'DAWN TILL DUSK' OPEN SOCIAL SPIN

COOLANEY NATIONAL MTB CENTRE

SATURDAY 18TH DEC

08:51 (SUNRISE) 'TILL 16:11 (SUNSET)



OPEN SOCIAL SPIN TO RAISE FUNDS FOR NORTHWEST STOP

OPEN TO TO ALL, BRING YOU BIKE AND HELMET, STAY FOR 30 MINUTES OR JOIN US FOR THE FULL DAY, ALL WE ASK IS FOR A DONATION.

Follow Northwest MTB Facebook page for more event information

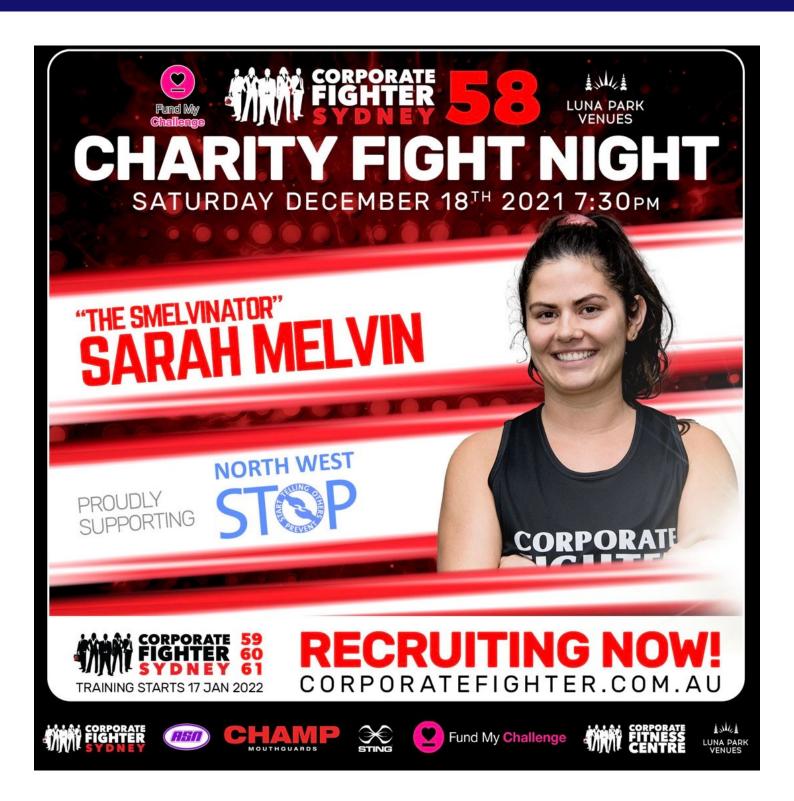
Donate: https://gofund.me/69a4a6c8 - Alternatively, donate directly using the QR below.



Event licensed by:



https://www.northweststop.ie/





Would you like to WIN RTV-X110 Kubota 4 W D diesel UTILITY VEHICLE

And support Ballinalack Community Park

Ballinalack Community Park committee continues to develop the facilities at the park in Bunninadden for the benefit of our community. Having completed the walking track and outdoor gym, the most recent phase of the development was the upgrade of the floodlights to our main pitch and the extension and renovation of the stand. This included the development of an outdoor, covered exercise and general -purpose area in the stand. All this has been made possible by a combination of the fantastic local support from the community and grant aid from Sligo Leader, Sligo County Council, Sligo Sports and Recreation Partnership, CLAR and the Sports Capital Fund.

However, we feel there is potential for much more in the park. To appeal and be of benefit to as broad a cross section of our community as possible, plans are underway for further development in the facility. These include:

- Renovation of the old dressing rooms to a social enterprise hub
- 3 Phase power to facilitate the hub
- Multi Use Games Area at the top of the soccer pitch
- Various smaller additions to make playing sport in the park as accessible as possible

To this end, we are setting out on a fund-raising venture in the coming months to fund the application for grant aid on the above and the delivery of these additions over the coming few years. We hope you can support your local park both in the fundraiser and in your continuing enjoyment of facilities

Please follow us in our face book page to find our more and to purchase a ticket for the draw.

https://www.facebook.com/Ballinalack-Community-Park-210748212388414/

Let's Play Sligo is a new partnership initiative aimed at making Sligo town a more welcoming, engaging and vibrant place to be by using PLAY as a key placemaking tool. Through the fields of play, art and activity, a number of events and initiatives will take place over the coming year which will bring life and fun into the streets and community life of the town.

The first activity with be a chalk installation in Tobergal Lane in the run up to Christmas which we encourage all children and adults to engage with.







EWAC Enniscrone is delighted to let you all know, we have finally moved.

Our new adress is

Mainstreet, Enniscrone, F26Y4 7D.

All enquires through our email address enniscroneewac@gmail.com or via Facebook page EWAC Enniscrone.