

SLIGO PPN SUMMER NEWSLETTER 2022

SLIGO PPN NEWS

Connecting the Sligo Community since 2014



Welcome to the SUMMER 2022 edition of the PPN Newsletter.

This edition really focuses on events that our member groups are organising across Sligo this summer. It is jam packed with fabulous festivals, events and activities that offer something for everyone in the community - from Sea Shanties to Summer Camps and Cycles to Barn Dances. We also cover important information and training sessions, service provision and campaigns.

We even welcome back to Sligo a conqueror of Everest.

If you still haven't re-registered with Sligo PPN,
don't forget to do so.

Simply follow the below link
<https://www.tfaforms.com/4686176>

SLIGO PPN TEAM UPDATE



Sligo PPN were delighted to work with Sligo Volunteer Centre and Sligo County Council in hosting a community celebration event in honour of all those volunteers who did so much to support local communities across the pandemic.

The event was part of a national coordinated approach with the flagship ceremony taking place in Dublin Castle.

There was over 100 in attendance in Sligo who were welcomed by MC Austin O'Callaghan, Brendan Lynch from Sligo PPN and Ciara Herity from Sligo Volunteer Centre.



Cathaoirleach Paul Taylor officially opened the ceremony and presented volunteers with their commemorative pins and letters of gratitude from An Taoiseach.

You can view all photos at

<https://www.sligoppn.com/community-thanks-event/>

The PPN also hosted a national information session on the issue of insurance and the impact on community group operation. Full presentations and Q&As can be found at

<https://www.sligoppn.com/ppn-national-network-insurance-information-session/>

PPN NATIONAL NETWORK
COMMUNITY INSURANCE
INFORMATION SESSION

ALLIANCE FOR INSURANCE REFORM **bhp Insurance**

Peter Boland
Alliance for Insurance Reform

Nick Ryan
BHP Insurance

The Alliance brings together 47 civic and business organisations from across Ireland, representing over 55,000 members, 700,000 employees, 622,000 volunteers and 374,000 students in highlighting the negative impact of persistently high premiums and calling for real reforms that will quickly reduce liability and motor insurance premiums to affordable levels and keep them that way.

BHP has been providing insurance solutions for the Not for Profit sector since 1998. Since then, BHP has partnered with and been the preferred broker for many Umbrella bodies and National Organisations, including PPNs.

EMAIL: ppn@sligo.coco.ie TELEPHONE: 071 91 14430 MEETING VIA TEAMS

FUNDING NEWS

€15 million Community Centre Fund

Grants of between €10,000 and €300,000 available for upgrade and refurbishment works to Community Centres

The Community Centres Investment Fund will support community groups with the upgrade and development of their Community Centre facilities.

Funding will be available under 3 Categories with grants of between €10k and €300K available:

Category 1: Small scale projects/improvements to facilities - €10,000 to €25,000.

Category 2: Larger scale projects - €25,001 to €100,000.

Category 3: Major projects- €100,001 to €300,000.

Applications under Category 2 and 3 must include a minimum contribution of 5% of the total project costs from the applicants own funds.

Funding is available for capital works such as: -

- Works to improve communal facilities such as kitchen and toilet facilities
- Energy retrofitting, new windows / doors / heating systems
- Upgrades to lighting systems and stage areas
- Works to address safety concerns, including as a result of fire safety audits
- Works to improve disability access
- Improvements to assist in providing additional or better services to the community such as Meals for the Elderly & youth facilities
- Works to develop Community Centres as Social Hubs through the development of Community Cinemas, Youth Hubs and Community Libraries
- Essential maintenance works, repairs to roof, etc

There will be a two-stage application process with applicants asked to register their organisation in advance of the formal application process going live.

Registration will open on Tuesday 3rd May 2022, applicants need to register as 'users' on the portal in advance of the application process opening on Tuesday 7th June 2022. The closing date for applications is **Thursday 14th July 2022**.

The Department will be hosting a number of online information events in May and June 2022 to provide guidance in relation to the application process and details will be released in due course. Guidelines and a sample application form are now available at www.gov.ie/drcd.

Community Groups are urged to familiarise themselves with the application process and criteria well in advance of submitting their application.

UPDATE FROM OUR COMMUNITY GROUPS

Boundary Stone Cycle

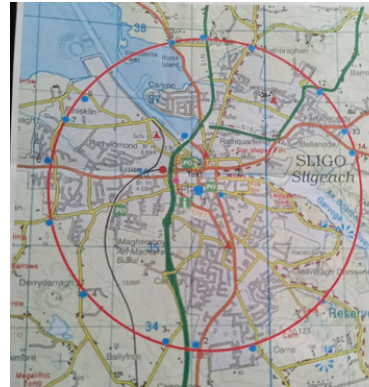
June 18th, 8am from Cleveragh Park



Thanks to funding from Conradh na Gaeilge, Sligo Cycling Campaign has a very exciting event planned for June 18th. It is the first organised cycle around Sligo's Borough Boundary Stones and will be led by renowned Sligo historian, Dr Fiona Gallagher. Commentary will be as Gaeilge with translation available.

Sligo Tidy Towns in collaboration with Sligo County has been working on developing the Boundary Stone route for walking and cycling. The 14 stones, erected in the 19th century to mark the Borough Boundary, form a roughly circular route and each is situated an old Irish mile from the centre of Sligo at The Market Cross. Interestingly, that old Irish mile measures 2.048km, a distance many of us became familiar with during the lockdown stage of the pandemic!

Since this event is in the nature of a pilot, and involves crossing the N4 and the N15, numbers are restricted to 12 people and booking is essential via email to sligocycles@gmail.com or text Joan at 087 9622234 For the same reason we are starting early in the morning and will meet in Cleveragh Park for an 8am departure. The cycle will cover approximately 25 km in easy stages with stops at several of the stones. It should take about 2 and a half hours and as a reward for our effort it will conclude with Breakfast/Brunch! B'gí linn



Sligo Orpheus Choir

would like to invite you to our return to "Singing Concert" in the Methodist church Wine St.

Sligo at

8pm Saturday 28th May.

This is our first concert since the Covid 19 pandemic hit us almost 3 years ago the concert is free no collection just turn up; it's recognition of the support and help you have given us down the years.

Band of Brothers Kamen

O Mio Babbino Caro - Puccini

Broceliande, Concert Harp Ramona - Annie Challan

String Quartet
Canon – Pachelbel

Heyr himna smiður - Sigurbjörnsson

A Gaelic Blessing - Rutter

String Quartet
Intermezzo from Cavalleria Rusticana - Mascagni

Morning Mood Concert Harp Ramona - Grieg

Northern Lights Ola - Gjeilo

Va,pensiero - Verdi

UPDATE FROM OUR COMMUNITY GROUPS

THE MODEL SUMMER CAMPS

Join us at The Model, this Summer, for our series of children's summer camps, adult workshops, artist talks, music and exhibitions.

We are very much looking forward to welcoming back local artist and designer Ana Faye to The Model to host a 2-week series of creating and making this July.

Week 1 Camp: 18th July

Week 2 Camp: 28th July



We're also very happy to announce a solo exhibition by Cork based artist Stephen Brandes opening with us in early July. For further information or booking, please call us at (071) 914 1405 and make sure to keep an eye on our website for our full list of Summer programming at themodel.ie

The Sunset Belongs To You – A Major Children's Portrait Project

brought to you by The Model, Home of The Niland Collection
A Call Out To Children, Families & all of Sligo's Communities

In an exciting new initiative, The Model has commissioned two of Ireland's most distinguished artists to paint the portraits of 10 young Sligo citizens. The finished paintings will become part of Sligo's municipal Niland Collection, where they will represent these children and their communities into the future.

Our vision is that these portraits will reflect the breadth and diversity of all of Sligo's communities in 2023. We want to include and represent children from all kinds of backgrounds and abilities. We now invite Sligo people to nominate a child sitter to represent their community by having their portrait painted for our shared municipal art collection.

Two of Ireland's most accomplished portrait painters, Mick O'Dea and Geraldine O'Neill, have been commissioned to create the portraits in consultation with the children, their families and The Model's Director, Emer McGarry.

For an application pack please email Nadia Tamerji nadiatamerji@themodel.ie
We will accept expressions of interest until 30 May 2022.

The Sunset Belongs To You is kindly supported by The Community Foundation for Ireland and the Arts Council



UPDATE FROM OUR COMMUNITY GROUPS

Cultural Companions Launch 2022

We may have our work friends or our walking friends, but what about our theatre friends? Sligo is home to a vibrant community of older people, and we'd like to bring this community together at the Hawk's Well Theatre to join our Cultural Companions programme.

If you enjoy theatre, music, and good company then come along to our launch party for entertainment, information, and a cup of tea!

Cultural Companions will

- be kept informed of upcoming shows attended by members
- have a say on what you like to see at the theatre
- Enjoy complimentary tea/coffee before/after shows

You can join our Cultural Companions programme on the day or by emailing culturalcompanions@hawkswell.com.

Membership is cost and obligation free! Cultural Companions Launch 2022



Walkway Survey

Carney Tidy Towns is conducting a survey to see how we could enhance & improve the walkway as long as seeing the benefits that the walkway has brought to the area.

<https://www.surveymonkey.com/r/CarneyTidyTowns>



UPDATE FROM OUR COMMUNITY GROUPS

Enniscrone Barn Dance

Dust off your cowboy boots and hat and get ready for a great night of music & craic. BARN DANCE in aid of Enniscrone Show in Muddy Burns Corballa on Saturday 18th June 2022 @9pm.

Music by the talented Trevor Moyles

Tickets for sale on Eventbrite. Links are available on all our social media pages or search barn dance on eventbrite directly. @enniscroneshow €10 entry (online booking fee may apply)

A night not to be missed

YEEHAW!

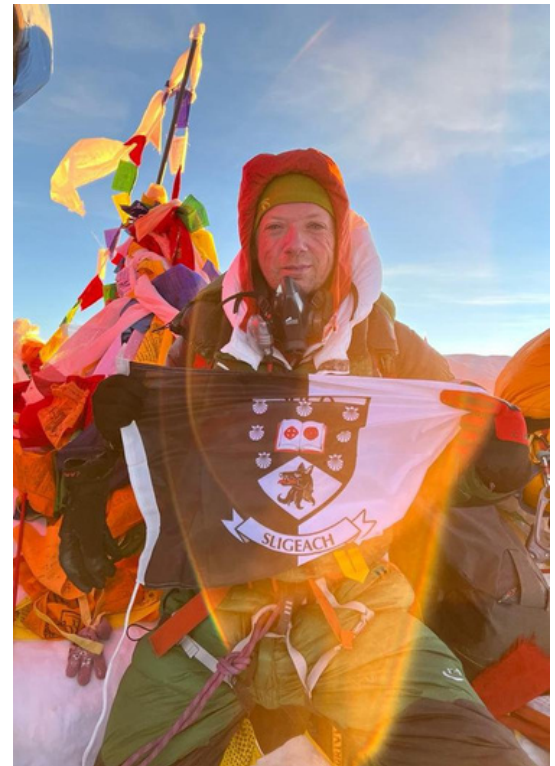
Castleconnor Celebrate

Castleconnor welcomed home Jonathan Ruane after making history by becoming the first person from Co Sligo to reach the summit of Mount Everest.

He reached the peak on Monday 16th May 2022 at about 12.30am Irish time. Jonathan went about his preparation over the past year and kept the exhibition low key with only the community finding out as the climb was underway. We all knew that once he was on the trail he would reach the summit, he comes from a family that is known for their detailed planning and punctuality, the fact that he reached the summit as the sun rose over the Nepal mountains is evidence of that.

Jonathan was very close to his grandmother who passed away just a few months ago in her 94th year, she was a rock to the family, and we are sure that Jonathan was close to her again as he reached the summit at over 29,000ft

All in the community are delighted and thrilled with his achievement and congratulate him on his success.



UPDATE FROM OUR COMMUNITY GROUPS

Annual Enniscrone & District Agricultural and Industrial Show 2022.

Packed to capacity with entertainment for all the family, the Enniscrone Show is the place to be on Sunday 3rd July 2022 at Castleconnor Sports Complex, Corballa, Co.Sligo.

Like many other Shows and events this is our first one back since 2019. Huge Crowds gathered at the 2019 show and thoroughly enjoyed all the aspects of the day. If your Interests are not striving towards that Supreme Beef Champion of the Show or the Champion Commercial Sheep, there will be a multitude of choices to entertain you and ensure that your day will be action packed.

The programme this year has all the regular features and many new additions. For Schedules please do not hesitate to contact us at any of the details below. Also check out our website where the full Schedule and Entry Forms are freely available to be viewed and printed out.

- Live Music on the day by not one, but two very talented Musicians, Gerry Guthrie and Gavin Gribben. If its music you love, this is where you will be entertained! By huge demand, the Heat for the All Ireland Jiving Competition is back!
- Trade stands, covering agriculture, home, garden, fashion, forestry, energy, food, travel, property, health etc. etc.
- Home industries enthusiasts exhibiting their wares - from flowers to your holiday picture. Why not enter one of these categories to showcase your talents. There is no age limit, so have fun!
- Working Dog Demonstrations returns again this year. James and his sheepdog show us some unique skills of not only herding sheep through obstacles but also ducks & geese
- Vintage Displays to include cars, tractors, farm machinery, sewing machines and so on
- Learn all about some exotic Birds with our Falconry Masters. They are the most beautiful creatures
- Crowning of this years' Show Queen will take place on stage on Sunday 3rd July!
- The popular huge kid's area returns to include Story Telling, Cartoon Characters, Face Painting, & Beach to Field.
- The day will conclude with the Show Dance being held in Muddy Burns Corballa with music by Bernie Heaney

Traffic plans will be well signposted to ensure that your day is stress free.

The Show Jumping Section of the Show will be take place at Ard Chuain Equestrain Centre on Saturday 16th July 2022.

Further details of events are available from Ashling, PRO Enniscrone Show, Castleconnor Community Centre, Corballa, Co. Sligo. F26P7D9 or contact pro@enniscroneshow.ie. Check out our Website: www.enniscroneshow.ie and follow us on Facebook or Instagram @enniscroneshow

If you wish to advertise your business, sponsor the show or take part in any way please get in touch.



Save the Date

Sligo Rape Crisis Centre warmly invites you to the launch of our refurbished Kempten House premises,

Friday 8th July, 10am - 1pm

*Join us for guest speakers, guided tours,
and refreshments.*

RSVP to info@srcc.ie or 071-9171188

UPDATE FROM OUR COMMUNITY GROUPS

Sligo Lawn Bowls Club

is growing from strength to strength! We now have our beautiful clubhouse installed and it's looking great at our facility in Cleveragh Park. Huge thanks for all the support from Sligo County council and Sligo Sport and Recreation Partnership in getting this over the line! A great achievement!

We also had 2 open days in May to facilitate people of all ages and abilities who wished to come along and try the game.

12 of our members travelled to Cavan for a friendly game and had a great day and were treated very well.

Club competitions are ongoing and being enjoyed by all.

Tubbercurry Old Fair Day Festival, 6-10th August 2022 - Celebrate Irish Culture and Heritage -

Tubbercurry Old Fair Day Festival returns to celebrate its 35th year, running from Saturday 6th August to the highlight of the festival, the Old Fair Day on Wednesday 10th August. A fun family friendly festival for young and old to enjoy this August.

The festival carries on the tradition of the fair day of years past, taking place on the second Wednesday in August. It is a treasure trove of activities from our demonstrators in our heritage and craft village, showcasing traditions from bygone days of the fair, artisan stalls, vintage displays, animals and live music with Declan Nerney and his band. Expect a dazzling range of unique products displaying high quality craftsmanship to tasty artisan foods. View traditional skills such as thatching, weaving, butter making, trashing, pottery making, rush work and much more. In addition, enjoy the funfair, a kid's zone, and over a hundred trade stands dotted throughout the town.

On our opening day Saturday, explore the Forest Walk with our Teddy Bear's Picnic and enjoy our opening night entertainment with "Session on the Square" and our Fire Act. On Sunday, we have a host of family friendly events throughout the day including a Family Sports Day.

Full programme available;

www.olfairday.ie

E: info@oldfairday.ie

T: (087) 955 8441

#OldFairDay



UPDATE FROM OUR COMMUNITY GROUPS

North West Simon Community Dip and Donate 2022

Take Advantage of the Longest Day of the Year to Help Those at Risk of Homelessness in the North West Region.

Join North West Simon Community Dip & Donate Challenge from 17th – 21st June, ending on the longest day of the year, to help raise vital funds to sustain the Early Intervention and Homeless Prevention Service.

For many of us, the Summer Solstice (June 21st) symbolises the start of summer, a day to enjoy with friends and family. When you're homeless, you are more concerned with finding a roof over your head, which is why the funding is crucial for the vital work and services provided to prevent and resolve homelessness throughout Sligo, Donegal and Leitrim.

There has never been a more pressing time to stand together to help the most vulnerable in our society. The North West Simon Community are heavily reliant on donations from fundraising events and need your support now more than ever. In 2021 the charity supported 414 individuals from 216 unique households that were comprised of 246 adults and 168 children.

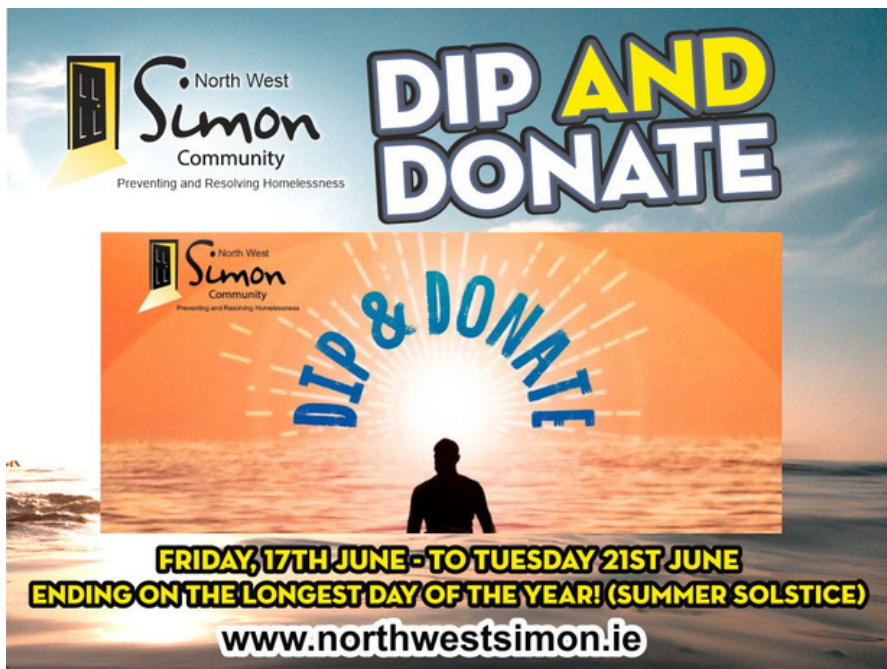
“Embrace the rush of endorphins as you enter the water and cherish the feel-good factor of knowing you're helping prevent and resolve homelessness in your local Community”. The first 50 participants who sign up will be posted out a free Dip & Donate t shirt. Sign up on www.northwestsimon.ie or by contacting collette@northwestsimon.ie If you can't make it to the beach, you can always take a dip in a local lake or river, or even your back garden paddling pool! Create a Facebook Fundraiser simply by logging into your Facebook page, “Create Fundraiser” and click on “Charity” in the “Who are you raising money for” section and select North West Simon Community.

Please don't forget to share your photos and videos of your dip and tag North West Simon Community on all social media channels using #dipanddonate. 100% of donations raised will go directly to the charity.


You can also raise money through the North West Simon Instagram; [northwestsimoncommunity1](https://www.instagram.com/northwestsimoncommunity1) and a fundraiser has been created at the top of the page. Alternatively, a direct online donation can be made at www.northwestsimon.ie/donate adding “Dip & Donate” in the comment box.

If you require further information do not hesitate to contact; collette@northwestsimon.ie in Donegal and aisling.mcsharry@northwestsimon.ie in Sligo and Leitrim.

Thanks in advance and happy dipping, “see you in the water”!



UPDATE FROM OUR COMMUNITY GROUPS




The Rainbows programmes will start in St Michael's Family Centre on Tuesday 27th September from 6.30-7.30.

The Rainbows Programmes provide

- a 9-week listening, group support programme for children and young people following a bereavement or parental separation.
- Children and young people of a similar age (from 7years)
- Separate groups are formed for Bereavement and Parental Separation
- Rainbows is not counselling or professional therapy.

For further enquiries or to enrol your child:
Contact: Eileen @ 071 9170329 or 0873902661 or centrestmichaels@gmail.com



Banada Abbey Bingo

€10,000 + Prize Fund

YES, €10,000+. That's what's on offer every Tuesday night at 8.00pm. Lots of additional prizes to be won each week.

This Tuesday:

Game 10 Jackpot is €2,000 IT COULD BE YOU !!!

Games 1-4 and 6-9 ...Full House €500 in 42 calls or less. (€100 in 43+ calls).

Game 5 Flier ... Full House €1,000 in 42 calls or less. (€250 in 43+ calls).

Extra pay-out for the single line in every game if checked on 10 calls or less.

Extra €50 on Game 5 full house check on flyer sheet. First check on Lucky number 22 gets and extra €100. Shopping Vouchers, Interval Draw, Free Books, 50:50, etc.etc.

All add up to an exciting evening's entertainment. So don't delay, join us online or in the Hall, order your book now.....

https://member.clubforce.com/memberships_cart_m.asp?LL_ID=2826&intMF_ID=8010#Anchor

Hazelwood Heritage Society events for Summer '22

May 26, 7 pm, guided walk in Hazelwood's alluvial forest, led by Michael Bell of Nature Learn

June 13th, Poetry walk in Hazelwood for W. B Yeats's birthday

August 18th, Guided walk in the wood led by Hedda Dick, Coillte Nature, for National Heritage week.

To register for an event please email.: hazelwood1731@gmail.com

In April we held a very successful litter pick day in support of an Taisce's National spring clean. Both the Bog wood, the alluvial forest and the Big wood along the lake were picked clear of rubbish. We were assisted by the Sligo Anglers association. Refreshments were served afterwards to restore the participants after their hard work. Sligo CoCo arranged to have the bags removed

UPDATE FROM OUR COMMUNITY GROUPS



Cranmore Community
Cooperative Society

VOLUNTEERS NEEDED!

- New Community Café
- Digital Skills
- Youth City
- Community Garden
- Distributing Newsletters
- Community Events

Call/text/WhatsApp or email
087 116 1483
manager@cranmore.ie



Activities for 7-12 years
Mondays 6.00 - 7.30pm

To register call or email:
Lisa 086 402 8461
Lisa@cranmore.ie

THE PIZZA PROJECT

We're building a clay pizza oven
14 years old and older
June 7th to 17th



Connie@cranmore.ie
087 116 9500

Upcoming adult classes:

- Simple & healthy cooking with community garden produce
- Garden art: mosaics, signs, upcycling,...
- Art classes on the theme of water

Interested?
Connie@cranmore.ie
087 116 9500



@CranmoreCoop

UPDATE FROM OUR COMMUNITY GROUPS

Sligo Volunteer Centre Official Opening Day

On Friday, 13th May, Sligo Volunteer Centre celebrated its official opening of their new office space at 5 JFK Parade. Although we moved office at the end of 2020, due to COVID19 restrictions we were never able to celebrate or open the doors to the public. This was a great opportunity for our staff to meet with people and for prospective volunteers to stop in and have a chat with us.

We were joyfully entertained by The Harmony Hill Singers and the ribbon was cut by Sligo Rovers, Will Fitzgerald!

Our offices are now open to the public, and our Drop In Times are Tuesday, Wednesday and Thursday from 10am – 2pm and by appointment outside of those times!!

Stop in and say hello and see how Sligo Volunteer Centre can help you!



Cairde Sligo Arts Festival

July 1 to 10

An incredible range of events across music, theatre, dance, visual art, street theatre and more taking place all over Sligo town and county. We are delighted to be back and look forward to connecting with you in person.



We will be back in the beautiful surrounds of Sligo's Peace Park for a two-day Cairde in the Park (formerly Park Fest). To celebrate our extended return to the park, we are offering an opportunity for community groups who would like to share or showcase an event. Is there a workshop, performance, talk or other interactive and accessible event that you would like to host at Cairde in the Park?

If yes, please contact Anna Spearman before June 10 at engage@cairdefestival.com

For Cairde Sligo Arts Festival programme information please see: <https://www.cairdefestival.com>

UPDATE FROM OUR COMMUNITY GROUPS

Moving Parents and Children Together (MPACT) is a free service, supporting families with parental addiction. M-PACT offers both face to face and online programmes for the whole family unit. In a friendly, non-judgemental environment we help build relationships, improve understanding and communication skills whilst encouraging positive change .

Available for all families where there are children aged between 8–17 years old.

Our dedicated team are ready to accept referrals, offer support and advice to professional agencies, individuals, and their families.

If your life is being impacted by a loved one's addiction and you need advice, support or just a listening ear, reach out for help, make the call in complete confidence on Tel: 085 8759313 Email: sligoleitrim@alcoholforum.org

Moving Parents and Children Together
Sligo, Leitrim, West Cavan
The First Floor, Westward Town Centre, Bridge Street, Sligo, F91 XH77
Tel : 07191 50578 Mob : 085 8759313
sligoleitrim@alcoholforum.org
Reg Charity Number: CHY 17835



IS YOUR FAMILY AFFECTED BY ADDICTION?

**FREE PROFESSIONAL SUPPORT
FOR THE WHOLE FAMILY
ON LINE AND FACE TO FACE**

You don't have to be addicted to suffer from addiction

M-PACT promotes a whole family approach, supporting families to work together to understand how parental alcohol or other drug misuse has affected all their lives .

Providing support, along with methods to improve communication and understanding, whilst encouraging positive change.

Who can attend?

Families where there are children aged between 8 -17years old.



Contact in confidence
Tel:085 8759313
Email:sligoleitrim@alcoholforum.org
Registered Charity Number: CHY 17835



UPDATE FROM OUR COMMUNITY GROUPS

Medb's Dragon Warriors



Sligo's 1st Dragon Boat Club for Cancer Survivors are going from strength to strength. In March we participated in the Sligo St. Patrick's Day Parade for the first time and were thrilled to come home with the Mae Filan Memorial Perpetual Cup, awarded for the group who most represented the theme of the parade... "Togetherness". Early May brought much excitement as we participated in our first Regatta in Athy, and more recently hosted The Nore Dragons from Kilkenny at Waterglades. What a sight to see 2 Dragon Boats full of cancer survivors paddling out onto Aughamore Bay and down the Garavogue. Over the summer we will be on road trips visiting Donegal Dragons in June, and The Nore Dragons of Kilkenny in July. On the afternoon of 26th of June, Healy's Plants will be hosting a fundraiser at Waterglades in aid of Medb's Dragon Warriors. This event will be open to all to enjoy live music, BBQ, face painting and other treats. You will be able to meet the Dragons and see our wonderful 40ft boat "Dragon Anna". Your support would be most appreciated. We look forward to meeting you soon. Check out our website medbsdragonwarriors.com or visit us on facebook

COMHALTAS Fred Finn III
SUMMER CIMP
CANPA SAMHRAIDH
DHÁ THEANGACH / BILINGUAL
July 4th to 8th
Monday to Friday 10.00am to 2.15pm

REGISTER BEFORE June 5th

€60

Comhaltas Versus Gaelcoil Chnoe na Rí Ballydoogan Rd, Sligo

Book @ www.fredfinn.ie

COMHALTAS Fred Finn III
SUMMER CIMP
CANPA SAMHRAIDH

Comhaltas Fred Finn Summer Camps are fun, music and activity-based weekend camps in Irish for ages 6-13 years.

We offer the unique combination of fun music and interactive games classes to enhance fluency in Irish and tuition in an array of traditional musical instruments

These include

- Use Irish in a fun setting
- Try a Musical Instrument
Flute / Harp / Accordion
- Learn new songs
- Learn Céili (group) Dances
- Learn Sean Nós Dance
- Learn to play a Bodhrán
- Daily tuition on Whistle
- Enjoy interactive games

for more details visit www.fredfinn.ie

10.00am - 10.30am interactive games
10.30am - 11.00am Music / Bodhran
11.00am - 11.15am Break
11.15am - 11.45am Singing
11.45am - 12.15 pm - Games + Irish
12.15pm - 12.45pm Lunch
12.45pm - 1.15pm dance
1.15pm - 1.45 pm - Introduction to Instrument + whistle class
1.45 pm - 2.15 pm - interactive games

UPDATE FROM OUR COMMUNITY GROUPS

Benbulbin Comhaltas

Benbulbin CCE hosts a session on the third Sunday of each month in the North Sligo Area. Sessions encourage younger players and beginner level from 3pm-4pm and Intermediate/Advanced players from 4pm-5pm.

Knocklane Festival 2022 The festival aims to promote traditional music in the North Sligo Area. The 2022 festival will run from Friday 17th June-Sunday 19th June and will include sessions, workshops and concerts, hosted between Jordans Bar, Ellen's Pub and the local primary school. The weekend promises to be a celebration of traditional music, with workshops focussing on teaching and developing players on their chosen instruments. The sessions held throughout the weekend is an opportunity to put the learning into practice and the concerts provide a great opportunity for trad enthusiasts as well as the wider community to relax and enjoy. Please see the branch Facebook , Instagram and Twitter pages for updates and details or contact them directly on benbulbin.cce@gmail.com



Knocklane Traditional Festival Weekend

MAUGHEROW    COMHALTAS

17th-19th June 2022

See our Facebook/Instagram for updates and schedules

Email benbulbin.cce@gmail.com

UPDATE FROM OUR COMMUNITY GROUPS

Wild Atlantic Sea Shanty Festival 17-19th June 2022

After a two year Covid enforced break, the Wild Atlantic Sea Shanty Festival is back in Rosses Point on the weekend of 17th – 19th June.

Shanty groups from home and abroad will descend on Rosses Point and bring with them their varied folk songs from the sea. The shanties tell stories of life onboard, ports visited, fun times ashore and the challenges of a life at sea. Other sea songs developed, and were sung by sailors in their times off, and these too tell rich stories of life at sea.

We have a fantastic array of events programmed to keep everyone busy and entertained

- Music in various village locations every day over the weekend
- Water events such as rowing and sailing races and the popular Duck Race
- Pirate Parade on Sunday with family entertainment

The Wild Atlantic Sea Shanty festival in Rosses Point supports the work of the RNLI. So please come and join us from June 14 to 16 for the Wild Atlantic Sea Shanty Festival in Rosses Point.



UPDATE FROM OUR COMMUNITY GROUPS

Ballygawley Music Festival 15-17th July in The Marquee, Ballygawley Village

Thomas Walsh, Event Coordinator said "with the success of our festival in 2019 where over 1800 people attended, plans are in place to grow the event and they have now been finalised for our 2022 event.

The festival is run by a group of energetic volunteers from the community with support from our many sponsors. The aim of the event is to host a unique and diverse music event annually in our village (over 18s).

Headline Acts such as Patrick Feeney, headlining Friday 15th July,

The Whistlin Donkeys, Saturday 16th July and

Derek Ryan, Sunday 17th July.

Tickets are available online for each night or a weekend ticket is available via

<https://scanner.topsec.com/?d=1446&r=show&u=www.ballygawleymusicfestival.com&t=54ca7e20f53893220a04b3f4280b20880b8637ce>

BALLYGAWLEY MUSIC FESTIVAL

15-17th July

— Ballygawley Village, Co Sligo —

Tickets @ www.ballygawleymusicfestival.com

Patrick Feeney & Band €20

The Whistlin' Donkeys €25

Derek Ryan & Band €20

More acts to be announced

Sponsors:

- MP Hire
- KELLY'S BAR THE QUODD BEER GARDEN
- Hot Rods OPEN 7 DAYS
- Killoneiff Haulage

The logo for ILMI (Independent Living Movement Ireland) features the letters 'ILMI' in white on a red rectangular background. Above the letters is a stylized sun with rays, and the entire logo is set against a yellow background that curves into the main text area.

ILMI

**INDEPENDENT LIVING MOVEMENT
IRELAND (ILMI)**

Information Session - Everything you wanted to know about setting up a Sligo Disabled Person Organisation

**INTRODUCTION WORKSHOP TO
SLIGO DISABLED PERSONS
ORGANISATION (DPO) - WITH
INDEPENDENT LIVING MOVEMENT
OF IRELAND AND CELEBRATING
'THE VOICES OF DIFFERENCE'**



To register email - jamescasey@ilmi.ie

June 16th at 10.30am to 12.30pm at the Sligo
Northside Community Partnership Centre, Forthill
Tea & coffee provided

UPDATE FROM OUR COMMUNITY GROUPS

Sligo Northside Community Partnership are now back in full swing with all our programmes including preschool and Afterschool services.

Outreach Support and Services

Our Drugs and Alcohol misuse counselling service, runs all year round, supporting those and their families with addiction issues. The Outreach workers are based in Sligo Northside and in Cranmore.

Mediation

In addition we run a successful community mediation service was established to serve the needs of those in Sligo Communities who are in conflict. This is a great service to have in the community. During the pandemic we received a lot of enquiries for family mediation and we were successful in securing funding for additional training for our mediators from Sligo Leader Partnership Ltd.

Sport & Recreation

Sligo Sport & Recreation Partnership have funded some much appreciated programmes to our Afterschool programme, Dance classes for our vintage years group and Yoga for Men. Sligo Northside are working in partnership with Sligo Sport & Recreation Partnership to identify and provide other possible programmes to different sectors of the community.

Vintage Years Programme

In November last year we recommenced our Afternoon teas for our vintage years programme with a record attendance of 48 participants. This is funded by HSE, facilitated through Sligo Leader Partnership's Active age fund. The events includes entertainment and home baked items and freshly made sandwiches. Attendees come over from Cranmore, Nazareth house village, St John's hospital and of course some local people. Our afternoon teas are now the talk of the town as we go to great effort in both doing up the conference as a function room as well as the home baking. We again invite local agencies including sport & Recreation Partnership, Sligo Leader Partnership, Sligo County Council, Sligo Social Services and the community Garda to again capture the needs of the participants.

Film Making & Editing

We run free Filmmaking and editing courses throughout the year in partnership with MSLETB. All courses are QQI accredited and offered at introductory Level 3 and Level 5 for those with more experience. The courses offer participants the chance to learn a wide range of skills necessary for the film industry, from script writing to production and post production, giving everyone an opportunity to find an area of interest, learn different skills, and work within a crew and network with like-minded people. Participants can sign up for 10-week modules or progress to other modules.

The centre also offers editing facilities in partnership with SLR Film Project. Upcoming courses in September include Level 3 Introduction to Media and Level 5 Modules in Scriptwriting and Film Production.

UPDATE FROM OUR COMMUNITY GROUPS

Sligo Northside Community Partnership are now back in full swing with all our programmes including preschool and Afterschool services CONT.....

Training

We also run very successful DIY programme and plan to run this programme again this Year funded by MSLETB. We are lucky to have an extremely talented tutor who has taught so many people basic DIY and woodwork.

In conjunction with Sligo Social Services we hosted and delivered a number of Healthy Food made easy programmes (Funded by Healthy Ireland). This programme not only provided people with a new skill but went a long way to help build participants confidence and provided them an opportunity for a social outlet. . The response to this course was outstanding and we could fill this programme three times over.

Other Activities

We also host Pieta House who provide supports for those in suicidal distress and those who engage in self-harm. Contact Mags Whyte 074-9126594

In addition Dochas Clubhouse are based in our facility. This is a resource for individual experiencing mental ill health. It aims to enable participants to access employment, educational, social opportunities in the community. Contact Roslin Sherlock at dochasclub@yahoo.co.uk

Furthermore we provide space for other groups to run programmes and activities these include cookery programmes, digital skills, Yoga, Tai Chi, art, meetings, sports programmes etc. Keep an eye on our facebook page for updates.

We have found being a member of the PPN very beneficial, the experience has allowed us to develop strong networks with other groups and agencies. We believe the involvement allows community groups the opportunity to learn from each other which is greatly benefiting the Sligo communities throughout the county.

Drugs and Alcohol misuse counselling services Mark 0872208602 Ciaran 087-78783555

Mediation service Brendan on 087 754 2660

Pre School Denise 071 91 47097

After School Helena/Joanne, 087 771 8535

Vintage Years Danny/Sue 071 91 47097/085 229 5011

Film & Editing Programme Sinead northsidefilm@gmail.com

Room Hire Martina 071 91 47097

UPDATE FROM LOCAL ORGANISATIONS

An Garda Síochána in Sligo/Leitrim is pleased to launch the

Sligo/Leitrim Garda Youth Awards 2022,

in association with Sligo Credit Union.

The awards which are now in their 12th year aim to celebrate the outstanding young people between the ages of 13 and 21 years in our communities.

Sligo/Leitrim Gardaí recognise the work and achievements by so many young people throughout Counties Sligo and Leitrim who make their communities better places

Any member of the public may nominate a young person whom they feel deserves an award and nominations may be submitted by family members or relatives.

Awards are given in the following categories:

Individual Award - Making a positive contribution to their community, making it a better place to live.

Group Award - Group of two or more, making a positive contribution to their community, making it a better place to live.

Special Achievement Award - Overcome difficult circumstances, defied all the odds and whose commitment deserves recognition.

Community Safety Award - Through a crime prevention or safety initiative/innovation, have made their community a safer place to live.

Nomination forms are available at all Garda Stations throughout Sligo/Leitrim and also online on the Garda website at www.garda.ie/crimeprevention/communityengagement.

Electronic versions of the nomination form are available on request from Sligo.community@garda.ie and Leitrim.community@garda.ie.

The closing date for nomination forms is Thursday 30th June 2021 .

NATIONAL PROGRAMMES

Farmers4Safety and AgriKids are launching a Farm Safety Sticker Competition 'Stick 2 Safety'

This Summer, Farmers4Safety and AgriKids are teaming up to bring you a farm safety sticker competition, 'Stick 2 Safety.' The competition, launched today Thursday the 19th of May, calls on Ireland's Communities (Schools, Farmers, Community Groups etc.) to get 'stuck in' and help create a safer future on our farms by designing a window sticker that will be printed and promoted nationwide. We will provide a template for you to design a sticker on any farm safety theme. The theme is up to you! It could be about quads, PTO's, slurry, animals, vehicles or the importance of farmer's/farm families looking after their mental and physical health. With the design we want to give you the freedom to think outside the box and come up with innovative ideas and create a picture that highlights farm safety, health and wellbeing.

Along with the design we want you to write a short note (150 words max.) about why you chose to partake in the competition and the importance of Safety, Health and Wellbeing on Farms and what it means to you.

The sticker can be put on farm machinery, cars, vehicles and around the farm or home to shine a light and create greater awareness on the essential role safety and emotional wellbeing play in carrying out jobs on farms.

The Prize:

The winning stickers will be circulated to the various Farming Organisations, Communities and Networks and will win a Prize.

The aim of this competition is to highlight and raise awareness of Farm Safety, Health and Wellbeing from all skill sets. This gives the opportunity for everyone to get creative and highlight what Farm Safety, Health and Wellbeing means to you all. We hope that by getting different age groups within our Communities involved we will achieve a greater reach for farm safety, health and wellbeing. We will endeavour to put all of your entries on our website.

If you want to find out more details about the competition click [here](#) or visit our websites www.farmers4safety.ie or www.agrikids.ie or you can email us on niamh@farmers4safety.ie. The deadline for the competition is July 8th and the entry/entries can be emailed to niamh@farmers4safety.ie (sent as a JPEG, Scanned or in a PDF format)

NATIONAL PROGRAMMES

Preparatory Workshops: Social Inclusion Forum 2022

The workshops will take place starting on May 31st running until June 10th, with options to attend workshops online or in person in Dublin or Galway. These workshops will provide people with an overview of the Roadmap for Social Inclusion and the workshop themes, and provide the opportunity for civil society, communities, and stakeholders to discuss the issues. Feedback from the workshops will be presented to the opening Plenary of SIF 2022. The Social Inclusion Forum is taking place on June 22nd in the Bracken Hotel Balbriggan.

SIF 2022 themes will focus on:

- Core essentials – the Cost of Living and Income Adequacy
- Supporting Communities
- Social Inclusion and Children
- Social Inclusion and People with Disabilities
-

Below are the themes for the preparatory workshops as well as a link for registration:

1: Core essentials, Social Inclusion and Children: May 31st 11am-1pm, online,

<https://us06web.zoom.us/meeting/register/tZcpc-isqTktHd3SYaXC6aqouM5b9uSGu3eE>

2: All themes: June 2nd 2pm-4pm, Galway City Partnership, 3 The Plaza,

Headford Road, Galway, <https://www.surveymonkey.com/r/SIF2022PrepWorkshops>

3: All themes: June 8th 10.30am-1.30pm, F2 Rialto Dublin 8,

<https://www.surveymonkey.com/r/SIF2022PrepWorkshops>

4: Supporting Communities & Social Inclusion and People with Disabilities: June 10th 11am- 1pm, online,

<https://us06web.zoom.us/meeting/register/tZlscuuurzsqGdIVEHk1fA8dzZBEvSMfAq4A>.

STOP FOOD WASTE

The **Environmental Protection Agency** has launched a national campaign to help stop food waste.

Household bills are a key concern for people at the moment and reducing food waste can be one way of keeping shopping costs down.

You can access the full toolkit to find all the facts and help you run your own food waste campaign at : <https://www.sligoppn.com/national-stop-food-waste-campaign/>

