

# SLIGO PPN CHRISTMAS NEWSLETTER



## Sligo PPN Update 'Wrapping' Up 2022

To take a look at our summary annual report which details many of the key projects we have been engaged with this year please go to ;  
<https://www.sligoppn.com/sligo-ppn-annual-meeting-2022/>

Some highlights include;

- The official launch of Sligo as an Autism Friendly Town.
- Our PPN photography competition which highlighted the work of our members across Sligo
- The launch of a Rivers Trust movement in Sligo to help protect our natural waterways. The next meeting is scheduled for 6th Dec and anyone interested in becoming involved can email [sligorivertrust@gmail.com](mailto:sligorivertrust@gmail.com) and you will be contacted
- The first AGM of the Disabled Person's organisation in Sligo
- 'Dream for our Land' initiative exploring how the community can help protect the Sligo environment for future generations
- A successful funding bid, in partnership with the ATU, to engage and support communities with climate action
- Work with the OECD in 'Redesigning Ireland's Transport Network for Net Zero'



# Ballymote Family Resource Centre

## **COMMUNITY CHRISTMAS LUNCH**

A free community Christmas lunch in conjunction with BALLYMOTE FRC and the GARDA will be held on the 6th December, from 12-5pm at the Coach House Hotel, Ballymote.

## **COOKING ON A BUDGET**

A cooking class for parents will be starting at Ballymote FRC, Monday, November 28th from 10-12pm. This class is free and will be running for 4 weeks. Please call 071-9197818 for more details.

## **KIDS YOGA**

Kids yoga classes are running at Ballymote FRC, Wednesdays from 2.35 - 3.05. The cost of these classes is E 25 for 5 weeks or E6 per session. To book contact Emer Knowles on 087-1946000 or email [emmieire@gmail.com](mailto:emmieire@gmail.com).

## **ADULT COUNSELING**

Every Friday from 9-5 pm. Please call 071-9197818 or check our website [ballymotefamilyresourcecentre.ie](http://ballymotefamilyresourcecentre.ie) for more details.

## **FAMILY SUPPORT**

Family support is available at Ballymote FRC. Please call 071-9197818 for more details.

## **FOOD PACKAGES**

Free food packages are available under the FEAD program for people on low incomes. Call 071-9197818 for more details. A brief form must be completed.

## **MABS**

If you are worried about money MABS will be holding an outreach clinic at Ballymote FRC every second Tuesday. Contact MABS on 0818 07 2730 for an appointment.

## **SLIMWAY**

Slimming classes take place at Ballymote FRC every Saturday from 8.30-10am. Please call Ann 087-2362487. [www.slimway.ie](http://www.slimway.ie) for more details.

## **PILATES**

Evening Pilates classes are running at Ballymote FRC, Tuesdays from 6.30-9.30pm. Please call Oliver Nevin on 086-0846849 to book a place.





# Sport Ireland's Winter Initiative 2022

Winter Initiative Campaign - 90 Day Challenge across November, December and January where participants will track their minutes of activity.

## Get involved in the Winter Initiative campaign.

Upon registration, participants will receive a link to a downloadable calendar to track their weekly activity along with weekly emails to help you achieve your goals. This will be tracked through minutes of exercise and any form of sport or physical activity can be used such as walking, running, cycling, gym class, dancing etc.

Participants will aim to reach 90 minutes of exercise per week which can be spread across the week or in 2/3 sessions.

The campaign will run from the 1st of November to the 31st of January.

Please click on link below for further information and to download the calendar and receive update e-mails.

<https://www.sligosportandrecreation.ie/sport-ireland-winter-initiative/>





# Coleman Music Centre

## **Sean Keane**

Date: Saturday, 5th November 2022

Time: 8.30 p.m.

Admission: €25

“There is a simple lucid clarity to Seán Keane’s singing voice which – like a laser – cuts through the cacophonous clatter and bang of a noisy world. He is a storyteller, whose voice is the sound of everyman; as ancient history [simultaneously] as vital as a digital radio signal, winging its way across the heaven in search of new civilisations. Sometimes he can sound as lonely as an emigrant standing on the prow of a ship taking him away from his native homeland and more times he can sound like a cyber survivor, full of strength and valour that provides comfort to those who battle unequally with the hostile emotional landscape of the modern world. Seán Keane is a touchstone of great singing tradition. He is the past, the present and the future.” Shay Healy, songwriter, broadcaster and journalist.

<https://www.colemanirishmusic.com/product/sean-keane-concert/>

## **Matt Molloy & John Carty**

Date : Saturday, 19th November 2022

Time: 8.30 p.m.

Admission: €20

MATT MOLLOY was born in Ballaghaderreen, County Roscommon and is considered one of the most brilliant Irish musicians and flutists in Irish music history. His numerous solo albums have been an inspiration to generations of aspiring flute players. He has been a member of some of the most influential and legendary musical groups including; The Bothy Band, Planxty and since 1979 he has toured the globe as a member of The Chieftains. Over the course of his career, Matt was named Traditional Musician of the Year by TG4 in Ireland. Molloy has worked with the Irish Chamber Orchestra, Paul Brady, Tommy Peoples, Donal Lunny, Sean Keane, Liam O’Flynn and many others. When not on tour, Matt owns one of the most famous music pubs in Ireland, Matt Molloy’s in Westport in County Mayo.





**JOHN CARTY:** Born in London under the watchful eyes of Irish parents, fiddler John Carty has established himself among the elite in traditional music, and as a staunch supporter of its preservation. John Carty is one of Ireland's finest traditional musicians having been awarded the Irish Television station, TG4's Traditional Musician of the Year in 2003. Carty developed his love for fiddle, banjo, and flute – all of which he has mastered – through his multi-instrumentalist father, who was a member of the Glenside in the '60s. At the age of 16, Carty found himself playing in sessions with some of Irish music's finest, and began to entertain the thought of relocating to Ireland. Soon after settling in Boyle, County Roscommon, Carty released his 1996 debut, *Last Night's Fun*, to positive reviews. In 1997 he joined *At the Racket* – a fun, loose, free-spirited dance band named after an old Flanagan Brothers 78 rpm – which put out a self-titled record in 1998. In 2000 he teamed up with guitarist Arty McGlynn and began work on his sophomore release, *Yeh, That's All It Is*. His third record for Shanachie, *At It Again*, arrived in 2003.

<https://www.colemanirishmusic.com/product/matt-molloy-john-carty/>

### **Tommy Fleming**

Date : Sunday, 4th December 2022

Time: 8.00p.m.

Admission: €32.50

Concert is on Sunday evening December 4th 2022 @ 8pm ..Doors open 7pm in St. Patricks Church Gurteen Co.Sligo.

<http://www.colemanirishmusic.com/product/tommy-fleming/>

### **Rambling House**

Date : Saturday, 10th December 2022

Time: 8.30p.m.

Admission: €15.00

Rambling House at the Coleman Music Centre, Gurteen, Co. Sligo. Welcoming Patsy Hanly, Philip Duffy, Pat Sweeney, Seamus O'Donnell, John Dwyer, Brian Mostyn, Jason McGuinness & Caitriona Ni Cheannabhain. It is not that often this amazing group come together so dont miss the opportuntiy to see them live on stage on December 10th.

<https://www.colemanirishmusic.com/product/rambling-house-coleman-centre/>

For Tickets please phone the Coleman Centre on 071 91 82599 or check on our website

# The Model

## The Sunset Belongs To You – Children's Portrait Project at The Model, Home of The Niland Collection

18 young Sligo citizens came together at The Model in September to meet artists Geraldine O'Neill and Mick O'Dea, two of Ireland's most important portrait painters. Young people all over Sligo were invited to express their interest in having their portrait painted by the artists. The 18 young participants who are taking part are representing children from all kinds of backgrounds and reflect the breadth and diversity of Sligo's communities. In early November artist Mick O'Dea painted 12 of the portraits in action live sittings which were open to the public, family & friends of the children. Artist Geraldine O'Neill is working on the other six portraits in her studio in Dublin throughout next year. The finished paintings will be unveiled in a major exhibition at The Model in December 2023. They will become part of Sligo's municipal Niland Collection, where they will represent these children and their communities into the future.

The Sunset Belongs To You is kindly supported by The Community Foundation for Ireland and the Arts Council







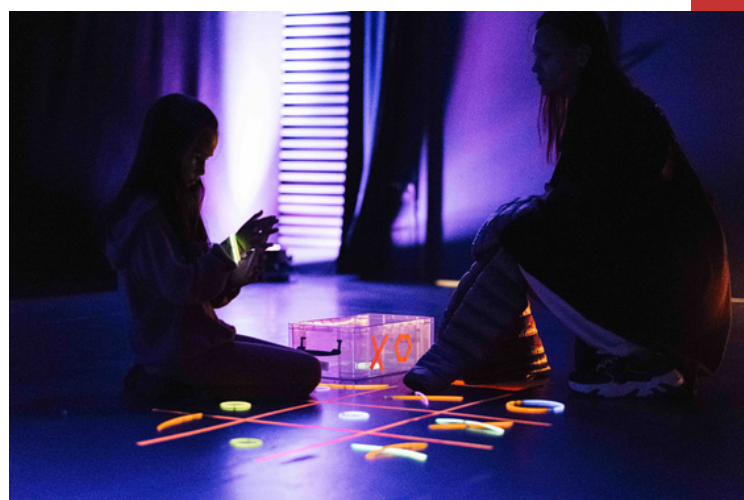
# The Model

Arty Party Christmas Family Day extravaganza  
with Sligo Global Kitchen  
at The Model  
Sat. 17 Dec. 2 - 6pm

Sligo Global Kitchen will share their delicious food and hospitality with surprise dishes from Ukraine. Food is always first come first served, and will be served from 3.30 pm. Join us for food, workshops and fun glow-in-the-dark games. To attend the workshops, go to [www.themodel.ie](http://www.themodel.ie) to pre-book your space.

Sligo Global Kitchen is an initiative of The Model, supported by The Community Foundation for Ireland.

This event is funded by SICAP, Sligo Leader and The Model.



**FREE**



Cranmore Community Co-op invites you to join activities and events in the Community Workshop and Garden on Cranmore Road (F91 XCWO).

Youth City for 7–12-year-olds (Monday evenings) and the Young Social Innovators project for 13–15-year-olds (Wednesday evenings) run weekly.

Our Café corner is currently open on Wednesday mornings from 10:30am with a different activity on for drop-in and great coffee prepared by our amazing barista volunteers.

Our improvement works around biodiversity and wildlife in the community garden are ongoing. So if you're into gardening and landscaping, please come on down and join us! We'll be creating a wetland area next and improving our use of rainwater.

The garden with our clay pizza oven, polytunnel and workshop are available for site visits and as a meeting venue, too. A big thanks to those groups who have visited over the last weeks! Thank you for all your ideas, encouragement, praise and the fun you brought along! Please keep an eye on our social media for updates on events and activities.

If you'd like to have a chat about any of the above, please contact [Lisa@cranmore.ie](mailto:Lisa@cranmore.ie) (0864028461) or [Connie@cranmore.ie](mailto:Connie@cranmore.ie) (0871169500)



FREE ENTRY



# CHRISTMAS MARKET

A family event with christmas  
market stalls, story telling, toast  
marshmallows, meet Santa, and  
much, much more...

**Sunday 4th Dec 11-4pm at Kilglass House F26H685**



Call 0834461322 for more information

# Christmas Fair

## BENWISKIN CENTRE

A variety of products on sale to include:-  
homemade crafts, textiles, jewellery,  
home baking, raffle, mulled wine etc.

Sunday, 11th December  
2 - 5pm



THE BENWISKIN CENTRE

Ballintrillick

F91 A389



The Benwiskin Centre, Ballintrillick, Co. Sligo. Tel: 071 9176721

[www.benwiskincentre.com](http://www.benwiskincentre.com) Email: [info@benwiskincentre.com](mailto:info@benwiskincentre.com)





North West  
**Simon**  
Community

Preventing and Resolving Homelessness

**Ideal  
Christmas  
Gift**

*Nollaig ná mban*  
*Little Black Dress*  
*Luncheon*

Sunday 8th January 2023 in Kilronan Castle, Ballyfarnon

Dress Code:  
Wear your favourite Little Black Dress  
& add a **Splash of Yellow**

Guest Speakers  
10 Inspirational Lady Prizes

**Tickets €50**

To include Drinks reception in Dungeon Bar, 3 Course Meal & Wine  
Drinks Reception at 1pm, Lunch at 2pm.

RSVP to: Aisling McSharry, call 087-7708865  
or email: [aisling.mcsharry@northwestsimon.ie](mailto:aisling.mcsharry@northwestsimon.ie)



# Sing for Simon

USE YOUR VOICE TO  
**END HOMELESSNESS**  
THIS DECEMBER

**O'CONNELL STREET, SLIGO OUTSIDE  
CARRAIG DONN - DECEMBER 16TH 2022**

**Choirs, companies, schools, and even groups of  
friends can join in the musical fun by  
Singing for Simon.**

**For more details and advice contact Aisling McSharry  
on 087-7708865 / [aisling.mcsharry@northwestsimon.ie](mailto:aisling.mcsharry@northwestsimon.ie)**







**BELTRA COUNTRY  
MARKET**

**Beltra Hall**

on N59 between Ballisodare & Dromore West



# CHRISTMAS FAIRS

**Saturday 3rd December 10am - 1pm**

Kids' Christmas decoration workshop 11am

Charity Tombola Music

**Saturday 10th December 10am - 1pm**

Kids' Christmas cupcake decorating workshop 11am

**Santa's coming! 12 noon**

Christmas music from Junior Scouts

**Saturday 17th December 10am - 1pm**

Christmas Carolling with West Sligo Singers

**CHRISTMAS BAKING, TREATS,**

**GIFTS & CRAFTS**

MULLED APPLE

FRESH CREPES

Admission **FREE**

HOT SOUP

Free Parking

*buy local this Christmas!*



**WILD ATLANTIC WAY**  
SLÁN AT LANTAKH PHAIN



St. Brigid's Hall, Tubbercurry

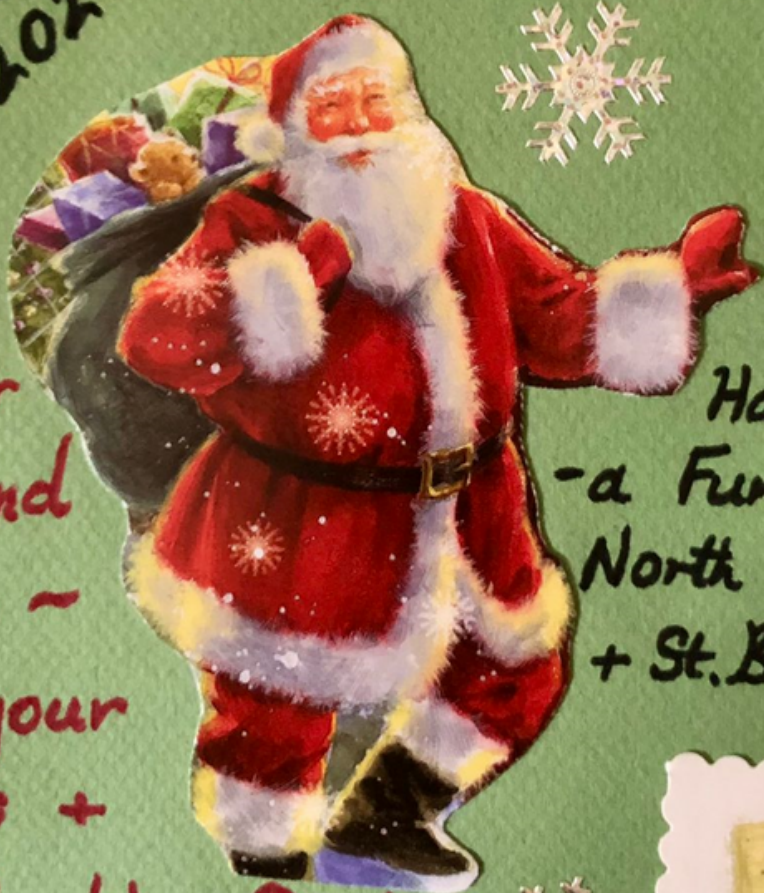
# Community Christmas

Sunday,  
19th December,  
2022

Fair 2.5 P.m.

Shop for  
gifts and  
goodies ~  
meet your  
friends +  
visit Santa's Grotto

Hosted by  
St. Brigid's  
Hall Committee  
- a Fundraiser for  
North West Hospice  
+ St. Brigid's Hall





# Sligo Field Club Journal, Volume 8, 2022

Sligo Field Club began publishing an annual Journal in 2015 and has now reached its eight volume, which has been printed and will be available before the end of November.

This volume is a special one in that it recognises in several ways the tremendous work of Dr. Don C.F. Cotton, Sligo's outstanding naturalist, who died in January. This article was well advanced last Autumn but needed preparation for publishing. This was done by Dr. Tom Curtis and Dr. Maria Long in recent months. Botany, birdlife, insects, megafauna were all part of Don's life. The range of his knowledge can be seen in all our previous volumes. His map of peat along the Sligo coast is most important.

Other Items included:

- Metamorphic geology of the Ox Mts.
- Discovery of several Mesolithic cherts found near the west end of Glencar Valley
- Internal duality within Carrowmore and within Carrowkeel passage tomb cemeteries, and then between Carrowmore and Carrowkeel, two linked by the Unshin River.
- Knocknashammer, an imitative ferta, this time taking the site to a national context.
- The excavation of a lintelled long cist grave Carrowgarry near Inishcrone
- The rebuilt decorated high altar in Sligo Dominican Abbey,
- An almost circular enclosure, in Ballinafad and Bunadobber townlands
- A 1945 article on the Walsh family of Breeoge
- The many phases of the building of Mullaghmore harbour
- William Gregory Wood-Martin from his life from 1874
- Trips across the eastern part of Tireragh, Beltra to Aughris, and reaching the Corragh Donn sea caves
- Patrick Tohall, founding Secretary of Sligo Antiquarian Society in 1945 which became Sligo Field Club

To read the full press release go to  
<https://www.sligoppn.com/sligo-field-club-press-release/>

## Sligo Field Club Cont...

Jim Foran, in the Presidential for 2022,  
opens with 'the ongoing flow of events,  
unprecedented in our lifetimes. .

The Editor looks at the passing of time and  
the passing of people who academically  
gave much to Ireland, Cotton and George  
Eogan, and he includes time charts for Sligo,  
conveniently placed on the last page that  
should help put our past in sequence.

This volume, at 224 pages, is sixteen pages  
bigger than last year's but still costs only  
€25. Back numbers of SFCJ are available –  
this would be a good time to complete your  
set, as the reserve stock of some are running  
low! The full eight volumes cost €165.



*Sligo Field Club  
Journal*



*Vol. 8, 2022*