

# SLIGO PPN SPRING 2023 NEWSLETTER



## Some PPN highlights;

### Sligo Bay Rivers Trust.



#### Sligo Bay Rivers Trust Development Committee

The development of the dedicated Rivers Trust committee for Sligo is progressing with 10 people committed to the work. The trust will cover most of County Sligo and Bonnet Catchment of Co Leitrim.

The committee continue to meet monthly and have agreed to formally establish as a limited company. The group have engaged an accountant to prepare formal applications for the companies office and Charity Regulator.

The committee are anxious to have as many stakeholders as possible involved and all are welcome. We have compiled a list of potential stakeholders who we have formally written to inviting them to formally become involved.

The committee are planning a field trip to the Easkey River to become familiar with the issues that have been raised by representatives from the area with view of developing a pilot project in the area.

If you would like to be involved please email; [sligoriverstrust@gmail.com](mailto:sligoriverstrust@gmail.com)

# Autism Friendly Sligo

The Autism Friendly initiative with Sligo PPN is progressing under the passion of community volunteers. A formal committee has been established and a number of meetings held, including the AGM. The group are now working on their 3 year plan which will begin with the roll out of Autism Friendly training.

Sligo

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About Us

## Plans are revealed to make Sligo an autism friendly town



Pippa Black.

### The Sligo Champion

November 15 2022 09:00 PM



Ad closed by Google

A public meeting on plans to develop Sligo as an Autism Friendly Town will take place on Wednesday, November 23rd in the Radisson Hotel at 7.30pm

Businesses, schools, training facilities, sports, voluntary groups and public services are being encouraged to take part in a training programme to learn more about how to make their facilities more autism friendly.

Sligo Town was recently accepted into the AslAm Autism Friendly Town programme. The successful application was made by members of the Sligo Public Participation Network (PPN) Secretariat after securing PPN support for



### THE PROJECT

Sligo PPN are inviting participants to work with us in developing a poetic vision for a just transition to a sustainable future. Participants are asked to attend on November 6th and four subsequent Saturdays for 2 hours each. Acclaimed poet Stephen Murphy will facilitate the workshops from which a poem and video will be produced to be shared on social media.

### FOR FURTHER INFORMATION CONTACT

BRENDAN LYNCH TEL: 087 396 4541  
OR EMAIL  
SLIGOPPNSECRETARIAT@GMAIL.COM

### THE PLAN

#### NOVEMBER 6TH

We will begin by climbing Sliabh Dá Éan where we will take in a vision of all of Sligo, while guided by a local seanchaí and tour guide Sam Brett. For those who are unable to make this climb we will organise a different place separately.

#### WORKSHOPS

Four workshops will take place every Saturday from November 12th - December 3rd, at 12pm-2pm in Sligo. Stephen will work with the group to draw out a vision and a call to action, for communities to work together, as we transition to a sustainable future



# "The Power To Change"

Sligo PPN are working in partnership with Atlantic Technological University on a unique initiative to support community groups to take meaningful action to address the challenges of climate change.

## What is it?

The Power to Change Mentoring and Training Programme aims to work with and support 12 community group members of Sligo Public Participation Network to enhance the role they play in addressing climate disruption. This programme offers a unique and exciting opportunity for groups to review how they operate. Groups will work with mentors to review and improve how they operate from an environmental perspective.

## What is the purpose of the programme?

The purpose of the programme is to build capacity within community groups to take positive actions to address the challenges of Climate Change. Community groups will engage in a range of activities over the course of 12 months including focus group sessions, dedicated workshops, and both group and individual training sessions. On-going training and mentoring will be provided throughout this journey to ensure that community groups are supported fully.



If you are interested in finding out more or applying to be part of the initiative please contact [Yvonne.lang@atu.ie](mailto:Yvonne.lang@atu.ie) and please keep an eye out for the official launch on 1st March

# Sligo Disabled Persons Organisation

## Call for Participants

Sligo DPO are looking for disabled people around Sligo willing to be part of a series of social media videos 'A Day in a Life of a Disability' being produced by Peter Kearns.

The videos are being produced with Sligo PPN to highlight the various barriers that exist in Sligo that prohibit people living with disabilities being afforded equal access to full community engagement. The videos will look at areas such as public transport, navigating towns and streets, parking, access to information and services.

Filming should commence soon.

To register your interest please contact Mark or Peter.

[kupczak.mk@gmail.com](mailto:kupczak.mk@gmail.com)/ [peterkearns@ilmi.ie](mailto:peterkearns@ilmi.ie)



The poster features a dark green background with white and blue text. At the top left, there are two large blue quotation marks. Below them, the text reads: 'Disability' is not the impairment. Further down, it states: Disability is the barriers—physical and attitudinal—developed by society that stop or restrict people with impairments. At the bottom left, it says: Impaired conditions cannot be changed, but society can. On the right side, the organization's name is written in all caps: SLIGO DISABLED PERSONS ORGANISATION. At the bottom, there is a row of five stylized illustrations of people with different disabilities: a person in a wheelchair, a person with a white cane, a person with a prosthetic leg, a person with a backpack and a cane, and a person with a cane. In the bottom left corner, there is a small circular logo with the text 'Sligo PPN' and 'Partnership for People's Needs' around a globe.

“

‘Disability’ is not the impairment.

Disability is the barriers—physical and attitudinal—developed by society that stop or restrict people with impairments.

Impaired conditions cannot be changed, but society can.

SLIGO  
DISABLED  
PERSONS  
ORGANISATION





# Community Group activities organised by our fantastic member groups



# Cranmore Community Co-operative Society

Our Café in the Community Workshop (F91 XCW0) is currently open on Wednesday mornings. Come in for a nice cup of coffee prepared by our lovely volunteers. You can have the chats, have a look around in the garden or try out some activities. There's tea, too!

In March the café slots include:

- 8th March: Knitting & crocheting
- 15th March: St Patrick's Day Café
- 22nd March: Volunteering opportunities in the Co-op and Sligo
- 29th March: Decorating Easter eggs

Other current and upcoming regular activities are:

Mondays 6pm to 7:30pm Youth City for young people aged 7 to 12, mixed activities: art, mindfulness, games,... (contact Lisa)

Tuesdays 11am to 12pm: Men on the Move: light exercise class for men (contact Connie)

Tuesdays 2pm to 4pm: Art class with Cormac O'Leary (contact Connie)

Tuesdays 5:30pm to 7pm: Community Gardening (contact Connie) starts mid-March

Wednesdays 5pm to 6:30pm: Youth Club for young people aged 13 to 16, mixed activities: podcasting, video-filming, art, Young Social Innovators project, outdoors/gardening,... (contact Connie)

Thursdays 11am to 1pm Community Gardening: organic and biodiversity-friendly gardening for small town gardens (contact Connie)

To register or find out more information, please contact [Lisa@cranmore.ie](mailto:Lisa@cranmore.ie) 0864028461 or [Connie@cranmore.ie](mailto:Connie@cranmore.ie) 0871169500.

Please keep an eye on our Facebook and Instagram channels @CranmoreCoop for updates and one-off events!







# Sligo Rape Crisis Centre



## SRCC Podcast

Throughout 2023, Sligo Rape Crisis Centre will be releasing a podcast series focusing on our centre, the services we offer and other services available to people affected by sexual violence. The podcast will feature interviews with counsellors and professionals working in the HSE Sexual Assault Treatment Units and Garda Divisional Protective Services Units.

The aim of the podcast is to provide information on our service in an accessible manner and to raise awareness of other services available. Later episodes will also feature educational content on the topics of consent, dealing with disclosures and self-care.

The first episode of the podcast series, "About Us", was released in early February. A new episode of the podcast will be released on the first Thursday of each month throughout 2023 on Youtube and Soundcloud.

You can listen to the SRCC podcast on our website: [srcc.ie/podcasts](https://srcc.ie/podcasts)

## Memory: Celebrating 25 Years of SRCC

In December 2022, SRCC released Memory, a book featuring expressive writings and personal stories from survivors and friends of SRCC. This powerful book has been released to celebrate 25 years of SRCC working to support survivors of sexual violence in our community. Memory can be purchased online at [srcc.ie](https://srcc.ie)

Sligo Rape Crisis Centre provides counselling and support services across Sligo, Leitrim and Cavan to anyone affected by sexual violence. We also provide information and support for professionals working with survivors. If you would like more information, please contact SRCC on 1800 750 780 or email [info@srcc.ie](mailto:info@srcc.ie)





# Sligo.

## **Sligo Older Persons Council Breakfast Meeting & Executive Committee Nomination Presentation of Sligo Age Friendly Draft Strategy**

*Sligo Southern Hotel*

*Tuesday 28th February 2023 10am- 12.30pm*

Registered members of the Sligo OPC are invited to join us for a breakfast meeting. New members of the OPC are welcome but must register interest in advance of the meeting.

(Hot breakfast /Healthy and continental options available)

Opening address from Cllr Michael Clarke, Cathaoirleach SCC & Chair of Sligo Age Friendly Alliance

Guest speakers :

*Dr Celia Keenaghan – Age Friendly Sligo Draft Strategy*

*Marcella McGarry – Healthy Sligo – Living Well*

*Tracy Ferguson – Sligo PEACEPLUS*

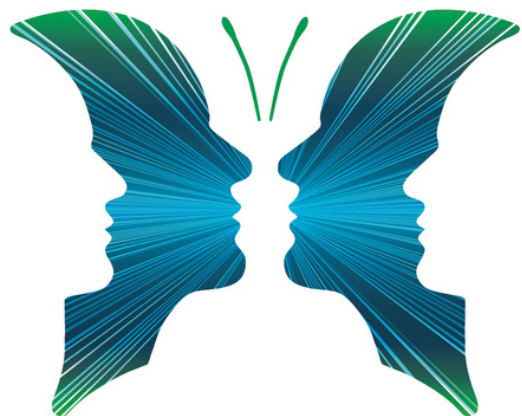
*Mairead Cranley – North West Regional Manager*

*Launch of St Brigids Day video*

*Please advise Kate Gibbons by below email if you wish to be considered for the Executive Committee*

Attendance will be capped first come first served. Please RSVP by 23rd February 2023 to [agefriendly@sligococo.ie](mailto:agefriendly@sligococo.ie) or Tel 071 91 14423– please advise of any dietary requirements.





# THE Neurology Support Centre



The Neurology Support Centre Sligo supports those affected by a neurological condition.

## **Brain Awareness Week 2023**

This year Brain Awareness Week runs from 13th to 19th March, with a theme of 'Invest in Brain Health'. We will be running a number of information sessions at the center and will post more details closer to the time. We will also be relaunching our Butterfly Swim event where we will be asking you to 'Take a dip and post a pic' on St. Patrick's Day, or any day during Brain Awareness Week. Whether you have access to the sea or a lake, a pool or a puddle, you can take a dip, post your picture on social media, and make a donation to our iDonate Butterfly Swim fundraising page. Our Peer Support Groups, counselling, holistic therapies, and transport facilities continue to operate weekly - please contact us at [info@neurologysc.ie](mailto:info@neurologysc.ie) to find out more.

## **NSC Surf and Swing 2023**

On April 29th the Neurology Support Centre will hold the "Surf and Swing" fundraiser in Strandhill Sligo.

This is a fun event where teams get to surf in the morning and golf in the evening while raising money and awareness for the NSC.

The event is designed so that you don't have to have experience in either golfing or surfing to take part. It is all about having fun for a good cause. If you are interested in taking part, please go to our website to sign up. [www.neurologysc.ie](http://www.neurologysc.ie)



Surf & Swing  
Fundraiser





#SnaG23  
Satharn 4ú  
Márta:  
10rn - 12.30in

# FEACHTAS ROTHAÍOCHTA SHLIGIGH

Turas Rothair go Coill an Eanaigh  
(Hazelwood) agus  
Caifé & Comhrá ina dhiaidh sin  
I gCaifé Ripples (Óstán an Riverside)  
Bígí linn!

Satharn 4ú Márta:  
10rn - 12.30in

Teacht le cheile:  
Eaglais na hÉireann  
Calraí 9.50rn

NB: Advance booking essential! You can book your place on this bilingual bike ride by contacting Joan on [sligocycles@gmail.com](mailto:sligocycles@gmail.com) or 0879622234 by March 1st.





# Sligo Family Resource Centre



## SLIGO FRC SPRING CRAFTS

with artist Martha Van Der Meulan

Workshop for children  
aged 8+

Sligo FRC 49 the Mall, Sligo F91 HR58

Saturday 11 February 1:00-4:00pm

**BOOKING ESSENTIAL**

text name and age of child to

087 9143646



An Roinn Dlí agus Cirt  
Department of Justice



**PARENT AND  
TOTS**

**EVERY TUESDAY  
MORNING**



Knitting  
&  
other courses  
for adults



*Service*

with a Family Support  
Worker

supporting parent & childrens

# Sligo Family Resource Centre



**Sligo FRC  
Breastfeeding  
Group**

**first and third Thursday  
every month - 10:30 !**

tea/coffee/scones/chat!

call us on 0879143646 or just drop in

Sligo Family Resource Centre, 49 The Mall Sligo F91HR58



**Celebrate!**

**INTERNATIONAL  
WOMEN'S DAY**

**Wednesday**

**08 March 2023 09:45-13:00**

**Clayton Hotel, Sligo F91 N8EF**

register: 0879143646 or with  
Eventbrite <https://www.eventbrite.ie/e/519745732477>

**Tea/Coffee/refreshments**





# Sligo Family Resource Centre



## Sligo FRC Social Prescribing Health & Wellbeing Service

Loretta will signpost you to interesting supports, groups, activities in your area

Contact Loretta  
0834036984



Sligo Springboard  
Resource House  
Project



FOR  
FATHERS

PARENTS PLUS  
Early Years Programme

### PARENTS PLUS Early Years

A practical and positive parenting course promoting confidence, learning and good behaviour in children aged 1-6 years.

A 6 week course taking place every Thursday evening  
Starting 02 February 2023

in Sligo Family Resource Centre, 49 the Mall, Sligo  
from 19:00 to 21:30.

The course will be facilitated by

Sligo Family Resource Centre &  
Sligo Springboard Family Support Service

For more information or to reserve your place, call/text 0879983937 OR 0852514060

  
**ParentsPlus**  
Empowering Professionals to Support Families

Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.  
[www.parentsplus.ie](http://www.parentsplus.ie)



### PARENTS PLUS Early Years Programme

A practical and positive parenting course promoting confidence, learning and good behaviour in young children aged 1 to 6 years.

Sligo FRC and Lifestart are hosting a 6 week programme

Starting Wednesday 08 February 10am -12:30pm

Sligo FRC, 49 the Mall, Sligo F91HR58

For more information or to reserve your place

Phone : 071 - 9146315 or text: 087 9983937

Early Booking Advisable! (cost €10:00)

  
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[www.parentsplus.ie](http://www.parentsplus.ie)

# Spring Cleans

## Collooney Tidy Towns

Collooney Tidy Towns are holding their annual Spring clean on 12th March at 10am. Bags, gloves & pickers will be provided. Meet at the Tidy Towns container beside the playground. All welcome.

## CADRA Annual Spring Clean:



Saturday 25th March 2023. Please keep date free from 10 am to 2 pm and help us give our community a nice clean for Summer

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## Hazelwood Heritage Society

Keep an eye out for details of our National litter pick in April,

Currently we are looking at conserving the Shell Souse, a folly/Summer house, in Hazelwood's deciduous woodland along the Lough Gill shore.

The conservation/ restoration of Hazelwood House , under the new owner's Sazerac, continues, which is very encouraging news.

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## Irish Wheelchair Association

Irish Wheelchair Association are welcoming new members to take part in our '3D & Craft Cutting Course'. The class takes place every Monday from 11am-1pm.

Please contact Jeanette on 0879864818 for more details.



# Oxfield Centre

## Carney 10K & Half Marathon

This Easter Monday, April 10th 2023, the annual Carney 10K and Half Marathon race will be taking place in North Sligo.

Events include; 10k walk, 10k Run and Half Marathon.

All events start in Carney Village with staggered start times.

This is the 2nd year of the new half Marathon race and the new 10k route.

The event is AAI measured and chip timed. All chip pick-ups will be at Oxfield Community Centre on the morning of the race, where parking, toilets etc. will also be available. From there, it is a 2-minute trot over the road to the Start in Carney Village.

All participants will receive a customised t-shirt.

There will be spot prizes in 10 different categories, customised medals, Perpetual Cup for male/female winner, and tea/coffee refreshments afterwards.

Registrations are open online at [www.coretiming.ie](http://www.coretiming.ie).

There will be no entries on the day – entrants online only. For insurance purposes athletes taking part must be aged 18 or over. Entries are €22 for the 10k, and €35 for the Half Marathon.

This community charity event only happens thanks to the time and effort of our volunteers and the support of many local businesses and individuals.

More information available on [www.oxfield.ie](http://www.oxfield.ie).

Keep an eye on the Carney 10K & Half Marathon Facebook page for updates.

For further information you can email [coretiming@gmail.com](mailto:coretiming@gmail.com)





# Ballymote Family Resource Centre



## EASTER CAMP

An Easter camp will be held at Ballymote FRC from 10-1pm on the 11th – 12th April. This camp is suitable for 5-7 year olds and will include crafts, activities and lots of fun. The cost of this camp is E7 per day. Please phone 071-9197818 to book a place.

## COFFEE MORNING

A coffee morning will be held from 11-12.30pm on the 30th March at the Ballymote Daycare centre. Join us for home baked goods, refreshments and music. This is a free event but donations are welcome and will be given to Mental Health Ireland.

## SEAN NOS DANCING CLASSES

Irish dancing classes are running at Ballymote FRC, Fridays from 5.30-7pm. These classes are suitable for kids aged 5-15 years old. Contact Deirdre Kerins on 083-0408412 for more details.

## ART CLASSES

Art classes for adults are running at Ballymote FRC on Thursdays from 2.30-4.30pm. Contact Paul Murray on 086-1990478 for more details.

## KIDS YOGA

Kids yoga classes are running at Ballymote FRC on Wednesdays, from 3-4-5pm. These classes are suitable for 3-13 year olds. To book contact Emer Knowles on 087-1946000 or email [emmieire@gmail.com](mailto:emmieire@gmail.com).

## ADULT COUNSELING

Every Friday from 9-5 pm. Please check our website [ballymotefamilyresourcecentre.ie](http://ballymotefamilyresourcecentre.ie) for more details.

## SLIMWAY

Slimming classes take place at Ballymote FRC every Saturday from 8.30-10am. Please phone Ann 087-2362487. [www.slimway.ie](http://www.slimway.ie) for more details.

## HEALTHCARE COURSE QQI LEVEL 5

A healthcare course is running at Ballymote FRC, Thursdays from 10-1pm. Please contact Niamh Flaherty on 071-9197818 for more details.





# Art Classes



**Ballymote FRC, Thursdays**

**2.30-4.30pm**

Tutor Paul Murray

For information please call 0861990478

# County Sligo Great War Memorial Garden Official Opening Ceremony

Lest Sligo Forgets (<https://lestsligoforgets.org>), in partnership with Sligo County Council, will host the official opening ceremony for the County Sligo Great War Memorial Garden at Cleveragh, Sligo town, on Friday 28 April at 12 noon.

Created more than a century after the ending of the war in 1918, the garden is a permanent memorial for County Sligo's 621 Great War dead, a place for quiet thought and reflection. It is a highly symbolic outcome of County Sligo's Decade of Centenaries programme given the nature of the shared histories of the peoples of Ireland and the difficult legacies of the past we continue to address as a community.

This important community-led initiative was made possible by public and community donations from around the world, financial support provided by the European Union PEACE IV Programme, Decade of Centenaries, and Royal British Legion in the Republic of Ireland, and significant contributions from Sligo County Council.

The opening ceremony itself will be a solemn affair with readings, musical pieces, and a short speech by the guest of honour, Mr. Tommy Gorman (retired journalist/ RTE correspondent), followed by the official opening.

The public is invited to attend this historic ceremony.





# BALLINTOGHER, Co. Sligo

## ( Féile an Earraigh )



### SPRING FESTIVAL

**February / March - 2023**

#### **FEB. FRI. 3<sup>rd</sup> - 7PM ~ JUNIOR TRAD. SESSION**

*Ballintogher Enterprise Centre - (F91 RD 29)*

#### **FEB. TUE. 7<sup>th</sup> ~ 8.30PM, IRISH NIGHT, Moran's Lounge**

*(1<sup>st</sup> Tue of Month) - Cupla Focail, Amhránaíocht, Caint & Craic*

#### **FEB. FRI 24<sup>th</sup> ~ 8.00PM, RAMBLING HOUSE**

*Enterprise Centre - In Village Sligo Rd (F91 RD 29)*

*Come - Play, Sing, Lift. Dance. etc or Just to Listen, Enjoy a Chat & a Cuppa !*

#### **MARCH, FRI 4<sup>th</sup> 9.30PM ~ CEILI, COMMUNITY CENTRE**

*( F91 XW71) Music - Swallows Tail Ceili Band*

#### **MAR. TUE. 7<sup>th</sup> ~ 8.30PM, IRISH NIGHT, MORAN'S LOUNGE**

*(1<sup>st</sup> Tue of Month) - Cupla Focail, Caint & Craic*

#### **MARCH, FRI 24<sup>th</sup> 8.00PM ~ RAMBLING HOUSE**

*Enterprise Centre - In Village Sligo Rd (F91 RD 29)*

#### **MARCH, FRI 31<sup>st</sup> 8.00PM ~ TRAD CONCERT, COM CENTRE**

*Featuring ~ The Co. Cork Singer & Storyteller - Seán O'Sé, Ceol na nÓg Group, Draíocht- June McCormack, Michael Rooney, Bróga Bríomhar Dancers ( Com. Centre - F91 XW71)*


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*Eng ~ Teresa 353(0) 71 91 64250 or Francis (087) 6787342*

*Email [teresamccorm@hotmail.com](mailto:teresamccorm@hotmail.com) / Web - [ballintogherfest.com](http://ballintogherfest.com)*

*Ballintogher is - 8 miles from Sligo Town - Road No 287 / Manorhamilton*

*- 12 miles Rd No 280 / Collooney - Dublin Rd - 7 miles, Road No 290*

*Faillte Roimh Gach Éinne ..... *





Moving Parents And Children Together

**FREE PROFESSIONAL SUPPORT  
FOR THE WHOLE FAMILY**

**Next programme begins Wednesday 19th April 2023**

**You don't have to be addicted to suffer from addiction**

### **MOVING PARENTS AND CHILDREN TOGETHER**

Is a **free** family Programme. Helping families to work together to understand how parental alcohol or other drug misuse has affected all their lives . Providing support and methods to improve communication and understanding, whilst encouraging positive change.

*Who can attend?*

Families where there are children aged between 8 -17years old.



**Contact for information**

**Tel: 085 8759313**

**E: [sligoleitrim@alcoholforum.org](mailto:sligoleitrim@alcoholforum.org)**

M-PACT is an initiative of Alcohol Forum Ireland

**M-PACT**  
Moving Parents And Children Together

 **Alcohol  
Forum  
Ireland**

Reg Charity No: CHY 17835





# SDG Advocate Training

Sustainable Development Goal Advocate Training 2023

**CALLING ALL ADULT AND COMMUNITY EDUCATORS!**

Saolta



**Are you a  
positive  
changemaker  
contributing to a  
more sustainable  
world?**

**Are you looking for an opportunity to  
develop your knowledge and skills in  
Global Citizenship Education?**

Do you want to join Ireland's network of Active Citizens and create long-lasting change within your organisation, institute or community by contributing to achieving the 17 Sustainable Development Goals?

Join the 2023 SDG Advocate Training and become part of Saolta - the Worldly Wise!

**Closing date for applications: March 14th 2023**

See more information and application form at  
[www.developmentperspectives.ie/advocate.html](http://www.developmentperspectives.ie/advocate.html)

# Funding

## Fáilte Ireland Regional Festivals & Participative Events Scheme

Sligo County Council is inviting applications for funding under the Regional Festivals and Participative Events Scheme 2023. The Programme aims to support Festivals and Participative Events that will drive domestic tourism and help to improve the visitor experience.

To be considered for funding under this Scheme, events must generate a minimum of 300 visitor or tourist bed nights in paid accommodation.

The Regional Festival and Participative Events Programme is aimed at festivals and participative events that fit into one of the following categories:

General festivals (i.e., literary, historic, traditional culture or family focused).

Arts, Music & Theatre.

Food & Drink.

Sports & Outdoors.

Business & Education.

Please Note: There is no guarantee of funding and eligible applications will be evaluated on a competitive basis against the criteria set out in the Applicant Guidelines.

Closing date for receipt of completed applications is 4.00pm on Friday 10th March 2023.

Applications received after this date will not be considered.

Application Forms and the Applicant Guidelines are available  
<https://www.sligococo.ie/Grants/FestivalsParticipativeEventsScheme2023/>



<https://sligostpatricksdays.com/>

The theme for this years Sligo St Patricks Day Parade will be “Ceol agus Craic”! The idea is to both celebrate Sligo's rich musical scene as well as encourage parade entrants to add some ‘Craic’ to their float designs!

After last years hugely successful three day event which included a new parade route, livegigs in Stephen St Plaza, live parade stream as well as a family fun day, this years eventpromises lots of fun for all the family.

The parade route will be the same as last year with some extra entertainment added along the route (watch this space) as well as a Trad Trail around the town on the evening before and after the parade itself.

As always, there will be prizes for best entries as well as best dressed person in the crowd and local businesses have the chance to win a prize for the ‘Best Dressed Window’.

The parade will take place at midday on March 17th, 2023 and will feature a variety of musical performances, dance groups, and community organizations. Participants are encouraged to get creative with their costumes and floats, incorporating elements of music and fun into their designs.