

SLIGO PPN SUMMER 2023 NEWSLETTER



Welcome to the Sligo PPN Summer Newsletter 2023 and thanks to all those who have sent us features on your activities over the summer months

PPN Community Representative Vacancies

One of the most important roles of the PPN is to provide a structure to allow community representatives to inform and influence programme and policy development at local level. Making the county a better place for the communities they represent.

We currently have the following vacancies for community representatives and would welcome anyone who wants to make a difference reaching out and talking to our PPN Secretariat about taking on one of these roles.

Sligo PPN Secretariat:

- Sligo Strandhill MD Seat,
- Sligo Drumcliff MD Seat,
- Community & Voluntary Seat

SPC 1 Housing & Corporate

- Environment Seat

To talk to anyone about these
roles email
sligoppnsecretariat@gmail.com
or call 071 91 14430

Sligo PPN Re-Registration

Sligo PPN is required to ask all of our members to re-register every 2 years, this process will ensure we are GDPR compliant.

You will all be sent an email over coming days to re-register your group. Re-registration will close in June

Any group who HAS NOT re-registered by the stated time will be automatically removed from the PPN database. In practical terms this means you will no longer receive information from us, be able to elect community representatives or apply for Local Authority administered funding.

Anybody who has any problems with the re-registration just email us on ppn@sligococo.ie or call 071 91 14430



Sligo PPN Media Coverage

For anyone who missed our recent article in the Sligo Weekender detailing some of our current projects and initiatives read on.....

Sligo PPN



Líonra Rannpháirtíochta Pobail Shligigh Public Participation Network Sligo



WHO ARE SLIGO PPN?

Sligo Public Participation Network (PPN) is a network of over 500 community groups across county Sligo.

DID YOU KNOW

Every 5 years all adults living in County Sligo can elect councillors to represent them on Sligo County Council. The PPN structure offers communities further opportunities to input into local authority decision making. Member groups can elect people to represent them on council committees and advise the council on policy matters, reflecting what matters most to the Sligo community. The PPN network ensures that the community, the people most impacted by local decision and policy making, have an opportunity to shape the way their county is developed.

SLIGO PPN CURRENTLY HAS VACANCIES for community members on the following committees:

- STRATEGIC POLICY COMMITTEE 1 Housing and Corporate
- SLIGO PPN SECRETARIAT – the Secretariat is the volunteer board that manages the day to day operation of the PPN

HOW DO WE SUPPORT COMMUNITY GROUPS

As well as enabling the community to have direct input into decision making, Sligo PPN also provides a number of key supports to the local community sector;

- Creates networking opportunities between our member groups – promoting shared learning and collaboration and allows like-minded people to connect
- Supports groups to make submissions into local and national strategy and programme development
- Promotes the activities of member groups and enhances their profile in the community
- Opens up opportunities for training, information and fundraising for community groups
- Delivers a range of support measures in direct response to community need – this can be in the form of new projects, information sessions, targeted training

Each year Sligo PPN carries out a needs analysis and the feedback received from member groups informs the development of the workplan for the subsequent year. If your group needs support email us at ppn@sligo000000.ie and let us know how we can help. To find out more about the network or to register your group go to www.sligoppn.com



PPN members at the photography competition

WHAT HAS SLIGO PPN BEEN DOING THIS YEAR?

Read on to find out about the wide range of projects Sligo PPN is currently involved in. They range from social inclusion to environment to community development and touch on key issues of concern to communities. If any of these projects interest you, do get in touch with the contact person listed – all enquiries can go directly to Sligo PPN Secretariat at sligoppnsecretariat@gmail.com.

SLIGO DISABLED PERSONS ORGANISATION (DPO) AND 'A DAY IN THE LIFE' – Sligo DPO and the Social Inclusion representatives of Sligo PPN are working on an exciting and interactive project which explores and highlights via social media the challenges experienced by those living with impairments and are disabled by societal barriers in county Sligo. As well as raising awareness of these important issues, the representatives in Sligo PPN will also use the issues raised as part of this process to inform local policy development. Any members of the community interested in getting involved can contact Mark Kupczak.

DREAM FOR OUR LAND - Sligo PPN are mid way through a programme, working with acclaimed poet Stephen Murphy, to draw out a poetic vision for a just transition to a sustainable future. A poem and video will be produced which will hold this vision, and will be disseminated on social

media. This will form part of a wider project, alongside a new interactive platform which will allow community groups to connect, and engage online, sharing ideas and learning how to obtain funding, then in person, visiting each other's projects, sharing skills and strengthening as a network. We hope that this will help the PPN to take responsibility and empower our communities to create the sustainable, healthy and happy future we wish to experience. Brendan Lynch is leading this initiative on behalf of the PPN Secretariat.

HOUSING – A COMMUNITY POLICY. A newly established Housing Thematic network within the PPN structure has brought together 18 PPN member groups and organisations who recognise housing as one of the social justice challenges of our time. The network has partnered with Social Justice Ireland (SJI) to research, consult and develop a series of community housing positions which reflect what the community of Sligo want to see in terms of a future of fair and affordable housing in the county. The network has commissioned 5 papers, the first one on vacant homes is pending final approval by the Network. The network are also currently reviewing a paper on home heating costs and have just started the third paper on Housing and Disability.

Outside of writing papers, the network meets quarterly to brief community groups on the Housing Strategic Policy Committee of Sligo County Council and to identify what issues the community want the committee representatives to bring forward. To get involved contact Pippa Black.

SLIGO BAY CATCHMENT RIVERS TRUST - Following a very successful public information event in late 2022, a steering Committee has now been established to progress the decision made at public meeting to establish a formal Sligo Rivers Trust committee. The committee is now in the process of establishing the Trust as a Limited Company and Registered Charity.

Anyone interested in getting involved can email Pat Benson sligoriverstrust@gmail.com. Trusts such as this with its links to National River Trust and Council have great potential for accessing EU funding to assist in bringing all water bodies in Co Sligo up to EPA excellent standards.

REDESIGNING IRELAND'S TRANSPORT SYSTEM FOR NET ZERO - Sligo PPN was honoured to contribute to the OECD Environment Directorate report Redesigning Ireland's Transport System for Net Zero: Towards systems that work for People and the Planet (2022) <https://doi.org/10.1787/b798a4c1-en>. The report was produced at the request of the Climate Advisory Council and it aims to show that as a society we can maintain wellbeing while reducing emissions. Sligo's involvement in the launch came as a result of prior engagement with OECD research which saw the authors visit the county and speak to PPN representatives about their vision for a sustainable transport system. The report references Sligo PPNs Vision for Community Wellbeing with the authors stating: "The results of the public consultations informing the Sligo Vision for Wellbeing confirms that

Summer

Sligo PPN



Líonra Rannpháirtíochta Pobail Shligigh Public Participation Network Sligo



Representatives of the Rivers Trust movement at the inaugural Sligo meeting

people consider the provision of access to schools, friends, places and services via sustainable modes as the main contribution that the transport sector can make to improve their lives. The report also mentions the Sligo group came up with the slogan "Shared places and friendly faces!"

Some of the OECD suggestions are reflected in the transport section of the 2023 Climate Action Plan and in Sligo and elsewhere we will see a move towards enabling active and sustainable travel.

SLIGO ENVIRONMENTAL ACTION ACADEMY

Sligo PPN partnered with Sligo Environmental Network and Sligo ATU to develop a toolkit to support community groups to take positive and practical steps towards increasing sustainability, awareness, and environmental initiative. The toolkit was designed to provide community groups with information, ideas, tips and tricks, that when partnered with the passion, energy, and enthusiasm of the community sector could help to deliver projects on a local level that have wide reaching benefit. The toolkit can be used to create environmental plans, policies, to keep track of current progress, and to monitor actions as they are completed. Groups can access the toolkit at www.sligoppn.com/sligo-ppn-environmental-action-academy-toolkit/

Keep an eye out for information on upcoming training sessions to support community groups to utilise this toolkit.

THE POWER TO CHANGE

The "Power to Change" project led by Atlantic Technological University in partnership with the Sligo Public Participation Network is funded under the Community Climate Action Programme. The project will facilitate connection/reconnection with nature and build capacity within community groups to lead on change.

Four interlinked initiatives form the Power to Change project: (i) a training and mentoring programme for community groups, (ii) the creation of climate action clubs to establish, strengthen and sustain links between primary, secondary and third level education and community groups (iii) the development of a living and learning native woodland and (iv) the creation of an online learning environment to share best practices related to energy use.

A range of community groups from Sligo town and county have expressed an interest in the training and mentoring programme that was launched in March 2023. The initial phase of the programme is on-going and aims to identify supports needed by each group to achieve their desired goals related to climate change actions. Key learnings from the experiences of community groups involved in the training and mentoring programme will be shared with Sligo PPN community groups through a series of case studies, information guides and FAQ guides.

For further information please contact Yvonne Lang at Yvonne.Lang@atu.ie

RESOURCES THAT THE COMMUNITY SECTOR MAY FIND USEFUL

Support for TidyTown Applications – an information series taking groups how to instil best practise and make successful applications: www.sligoppn.com/sligo-ppn-tidy-towns-support-programme/

Funding Application Supports – a range of guides around good practise in making funding applications and how to ensure they meet community need: www.sligoppn.com/funding-supports/

Social Media Academy – a series of step by step guides and videos to support community groups to get started with social media and use it for group promotion: www.sligoppn.com/sligo-ppn-social-media-academy/

Sligo PPN Health and Wellbeing Consultation – find out what the community sector identified they want to see prioritised for the future of our county: <https://www.sligoppn.com/health-wellbeing/>
Good Governance for community groups: www.wheel.ie/advice-guidance/governing-your-organisation

AUTISM FRIENDLY SLIGO

Under Sligo PPN, Sligo has been successfully accepted into the Autism Friendly County Initiative. A local committee has been formed who are currently working on the 3 year plan for the programme and have already begun to instigate a number of initiatives. On 27th April they will be hosting an Autism Acceptance Charity Breakfast for local businesses who can come along and learn how they can become autism champions. The group and PPN have also worked with the Radisson Blu Hotel, Sligo to advise on the development of their new sensory trail within the grounds of the hotel, which will be an amazing community resource to hotel guests and the local community.



Summer

Autism Friendly Sligo

The Autism Friendly Sligo initiative is housed under Sligo PPN as one of our core Social Inclusion initiatives. A committee has been established to manage and implement the programme which is currently chaired by Pippa Black. The committee are currently working on the development of a 3 year plan to progress the initiative and are developing a range of local programmes. For more information or to get involved please contact: autismfriendlysligo@gmail.com

6 **NEWS**

SLIGO CHAMPION | Wednesday, May 10, 2023

Autism friendly business help

AUTISM Friendly Sligo committee finished Autism Acceptance month in April with a week of coffee mornings and a charity breakfast.

The coffee morning at Sligo University Hospital was particularly successful, raising €800 towards the hospital's own sensory provision.

Organiser, Clare O'Sullivan Cashman, said she was absolutely delighted with the response and very grateful to everyone who supplied baking or stopped by to support.

"Osta, Lyon's Café, the Gourmet Parlour and Grappa all donated baking as well," she said.

Marie Ward from the Sligo Traveller Support Group, which held a coffee morning said: "We were very happy to support this work and will help in any way we can."

"It is great to be able to access the AsIAM training for community and voluntary groups that will help us to better meet the needs of autistic people and their families in our own community."

On Thursday, Sligo Glass held a coffee morning and the committee held an Autism Acceptance Charity Breakfast in



Coffee at the Sligo Traveller Support Group.

the Riverside Hotel.

Pippa Black, Chairperson of Autism Friendly Sligo said:

"We are very grateful to the Riverside Hotel who provided us with the room free of charge. This was our first event aimed at reaching out to the business sector in the town."

"We still have a long way to go to reach the goal of 15% of the retail sector and 25% of the

hospitality and culture sector coming on board to help us with this work. The training AsIAM is offering is free and the changes business might make would only be small things but they could make a huge difference to autistic people and their families." For more information or to offer support, contact autismfriendlysligo@gmail.com or call Pippa 083 342 3867.



Coffee morning at the Sligo Traveller Support Group.



Coffee morning at Sligo University Hospital.

Summer

Community Connections Expo

Sligo PPN worked with An Garda Síochána, Muintir na Tire, Healthy Sligo and Age Friendly Sligo to organise and host the hugely successful community connections expo in the Sligo Park Hotel. The event saw 50 exhibitors and over 200 community members discussing the supports and services that are on offer to the Sligo community. The event was supported by Sligo Leader Partnership Clg.



Public Liability Insurance Research for the Community Sector

The Department of Rural and Community Development, has engaged BDO to conduct research which seeks to examine current trends within the public liability insurance market and the impact of these trends on organisations across the community and voluntary sector. This builds on the research undertaken by PPNs in 2019 which looked at the implications of rising premiums on the operation of groups.

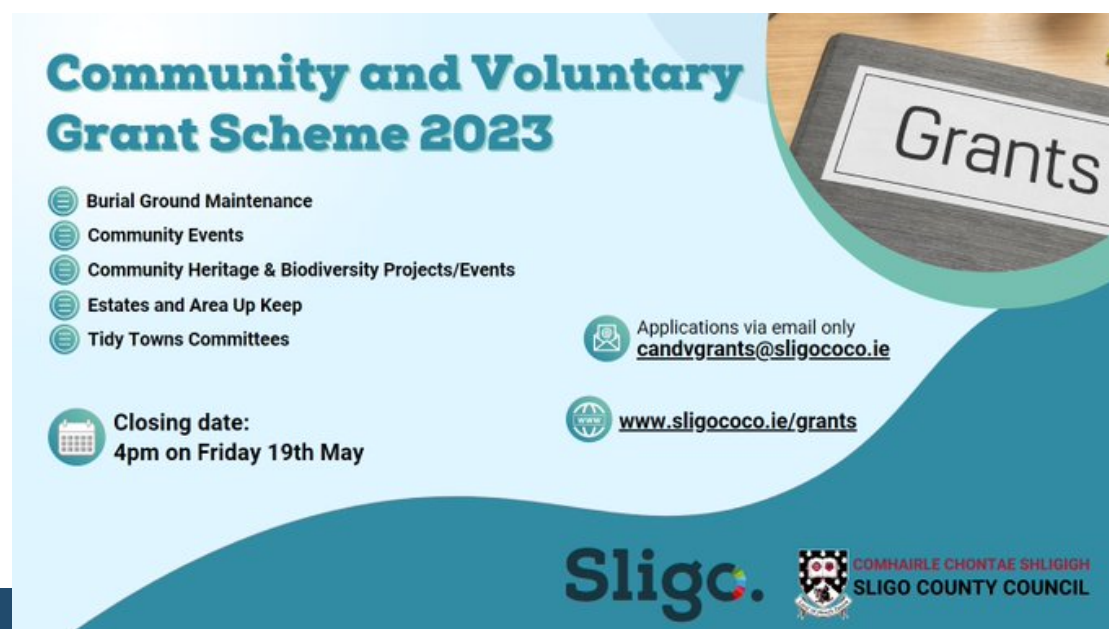
As part of the research, BDO has prepared the below survey, which it is anticipated can help inform the research.

Many of you will have taken part in a previous survey, conducted in 2019, which sought to examine the impact of insurance on community group operation. It is expected that this new research can help identify if there has been any improvements or dis-improvements in the situation since 2019 and to consider the impact, if any of any recent insurance reform measures.

It should be noted that all information will be treated in the strictest of confidence and will only be presented in aggregated format. Individual respondents will not be identified or referenced in the report or findings of the research.

Any queries or questions in relation to the survey or research should be directed to Austin Hickey, Director, BDO on 01 4700352 or by email ahickey@bdo.ie

<https://forms.office.com/Pages/ResponsePage.aspx?id=6yyxAcXnu0iHBaea-R4aJiVCUck9XNhNvrtE33P9mS1UOVlLUUhFMONMTzMzSlFaNTlMVjZQRldBRSQlQCN0PWCU>



Community and Voluntary Grant Scheme 2023

- Burial Ground Maintenance
- Community Events
- Community Heritage & Biodiversity Projects/Events
- Estates and Area Up Keep
- Tidy Towns Committees

Closing date:
4pm on Friday 19th May

Applications via email only
candvgrants@sligococo.ie

www.sligococo.ie/grants

Sligo. COMHAIRLE CHONTAE SHLIGIGH
SLIGO COUNTY COUNCIL

Grants

LEADER 2023-2027 Consultation Survey

Sligo - If you have a business idea, community idea, a community group looking to develop a project or you are an existing business looking to expand, we want to hear from you.

Please feedback here: <https://sligoleader.ie/20298-2/>



PUBLIC CONSULTATION NOTICE

National Waste Management Plan

Closes 5 July 2023

Make Submissions/observations at <http://mywaste.ie>

email; submissions@nationalwasteplan.ie

By post to the lead authorities.

Ireland's guide to waste
mywaste

Sligo Community Toolkit Environmental Action Academy



Navigate to any section by clicking one of the tiles below.

You can return to this menu by clicking the  button from any page.



As part of the PPN annual needs analysis, many member groups got back to us requesting support to enhance the way they operate from the perspective of improved sustainability and climate change awareness.

In partnership with ATU a piece of work began researching best practice, identifying existing support programmes, creating signposting opportunities and creating a content pool that responded directly to the ideas and suggestions of the community. All this information was compiling it into toolkit format that is practical, easy to use and relevant to the community sector of Sligo.

The result is the Sligo PPN Environmental Action Academy Toolkit
<https://www.sligoppn.com/wp-content/uploads/2022/11/SligoEnvironmentalToolkit-002.pdf>

This toolkit is intended to act as a go-to guide for all community groups who are looking to make the way they operate more environmentally friendly. We will be hosting 2 information sessions on 31st May to take people through using the guide and also creating a step by step user guide to accompany the document.

Topic: Environmental Action Academy Toolkit : Information Workshop 1
Time: May 31, 2023 10:00 AM Dublin

Join Zoom Meeting
<https://us06web.zoom.us/j/89319666653?pwd=bmlwRTlib1hoMklHRlE1ZzE5NndRZz09>

Topic: Environmental Action Academy Toolkit : Workshop 2
Time: May 31, 2023 07:00 PM Dublin

Join Zoom Meeting
<https://us06web.zoom.us/j/83114946130?pwd=M2FtcXBpTHFOV0sveXBRU1pRcDFPQT09>

Street Feast 2023

Registrations for Street Feast 2023 are now open!

Join us on June 25th for a day of good food, connection and fun.
Register at <http://streetfeast.ie> to get your free feast pack and start planning your own feast.

Let's build stronger communities together!



Webinar for the community and voluntary sector

Being literacy friendly

With Pavee Point Traveller and Roma Centre

NALA 



Join us at NALA for a one hour webinar on being literacy friendly with Pavee Point Traveller and Roma Centre at
11am
Thursday 1 June.

Register now to book your place.

https://www.nala.ie/support-us/being-literacy-friendly-1-june-2023/?mc_cid=01c3b0390c&mc_eid=54ce41a54b

As community and voluntary groups and organisations you are a trusted source of information, advice and support in communities. If people have unmet literacy, numeracy or digital literacy needs, can they fully access your programmes and supports?

2023 Coca-Cola Thank You Fund

Awards of up to €5k & €10k to support community-based projects that are focused on empowering young people through programmes of learning, inclusion, & sustainable development.



Closing 15 June

<https://coca-cola.ie/thankyou>

CADRA : Reduce, Reuse, Recycle Campaign

SLIGO CHAMPION | Wednesday, May 3, 2023

NEWS 5

Carraroe community has the environment to the forefront



Group including pupils of Carraroe NS pictured at the launch of the recycling car sticker campaign.

Carraroe & District Regeneration Association (CADRA) has launched a new initiative aimed at raising awareness about the importance of recycling.

CADRA will get its message across a recycling car sticker to raise awareness of the 3 R's of Reduce, Reuse, Recycle and engage more of its residents in this approach to protect the environment and assist in achieving national

and local climate actions to meet the United Nations 17 Sustainable Development Goals, as well as locally working towards the climate ambitions laid out in the Sligo Local and Economic Community Plan.

"As a locally focused organisation, we are delighted to have the launch at the Carraroe National School student assembly. The young people in our community are the future and evidence

demonstrates that the effective education of our youngest generations is hugely influential in ensuring the sustainable approach is embedded within everyday life," said Patrick Benson, honorary secretary. In thanking those for supporting this initiative Dr Fidelma Flynn, treasurer said: "CADRA acknowledges the financial assistance of Sligo County Council anti-litter anti-graffiti fund (ALAG) for the project. We also appreciate

the support of Mr Mitchell the school principal and staff here who over the years been very supportive with our efforts across many projects."

CADRA works in partnership with the council through a network of residents who litter pick each week. This year they are also establishing a rain water harvesting system to demonstrate and encourage others to consider this for their own gardens.

Community Group activities organised by our fantastic member groups





Boat tour of Lough Gill, organized by CADRA, takes place on Sunday 21st May 2023.

It involves a boat tour on Lough Gill with an overview of the sights and history provided by our own Damien Brennan. It is an exciting opportunity to have an enjoyable afternoon and meet other members of the community both old and new.

Boat departs on riverside, adjacent to the Blue Lagoon, Doorly Park.

Estimated trip time approx. 1 hr 45mins

1st boat trip leaves at 14.30 / 2nd boat trip leaves at 17.00

Tea /Coffee biscuits served.

Capacity 70 persons per trip /cost per person €20.



For more information call 0892459123

Tickets available on first come basis in Community Centre after mass:
on

Sat 22 nd April, 7.30 pm, Sunday 23 rd April 10am 12 md

Sat 29 th April 7.30 pm, Sunday 30 th April 10 am 12md

Sat 6 th May 7.30pm, Sunday 7 th May 10 am 12md

Organizers: Noel Merrick, Damien Brennan and Pat Benson.

Cairde Sligo Arts Festival

July 1- 9 2023

Cairde Sligo Arts Festival, inspired by the creative energy of Ireland's Northwest, is excited to announce its dates for 2023. Taking place from July 1 – 9, the festival is a unique coming together of artists and audiences, celebrating imagination and shared experience. Cairde Sligo Arts Festival has become one of the premier cultural events in the region with a diverse and multidisciplinary lineup of music, theatre, dance, literature, visual art, circus, street art and more.

Cairde brings together an eclectic and dynamic mix of local, national and international acts, including four new world premieres taking place and a variety of free and ticketed events.

The festival will take place in venues, buildings, outdoor locations and public spaces throughout Sligo town and beyond.

Mark your calendars and save the date for Cairde Sligo Arts Festival, July 1 – 9, 2023. For more information about the festival, visit cairdefestival.com or follow along on social media.

Some highlights:

Cairde welcomes back trailblazing landscape spectacle company LUXE – for a dusk and a dawn coastal spectacle and a very special closing event in the heart of Sligo town.

Cairde in the Park – Sligo's favourite family day out. A massive fun-filled day out featuring music, circus theatre, dance, DJs, family yoga, interactive play and delicious locally sourced food.

Volunteers:

If you'd like to volunteer at this year's event get in touch info@cairdefestival.com

- <https://www.instagram.com/cairdefestival/>
- <https://twitter.com/cairdefestival>
- <https://www.facebook.com/CairdeSligoArtsFestival/>



Hazelwood Heritage Society

Upcoming events, May to August 2023

May 3rd, 8 pm, AGM
St Joseph's Community Hall ,Hazelwood Rd.

May 23rd 7pm, guided walk led by Micheal Bell of Nature
Learn through Hazelwood's alluvial woodland for
Biodiversity week.
Meet at Coillte's gate, Hazelwood Ave.

June 10th Poetry walk in Hazelwood ,
along the shore s of Lough Gill, led by Beatrice
Macdonald.
Meet at 3pm at Half Moon Bay car park.

August w/b 14th Heritage week walk led by Wendy
Lyons, conservation architect, to see the Shell house in
Hazelwood forest and hear about its interesting history.
Meet at Half Moon Bay car park. Date and time to be
notified nearer the time.



BALLYMOTE FAMILY RESOURCE CENTRE

071-9197818

FAMILY SUPPORT SERVICE

We offer in home family support to families in the Ballymote and surrounding areas. Our family support worker is trained to offer support, advice and help. Please contact Sinead on 087-3348567 or email fswballymotefrc@gmail.com for more information.

PARENT SUPPORT GROUP

Ballymote FRC hopes to facilitate a support group offering peer support and information to parents/guardians of children with additional needs. Please contact Sinead on 087-3348567 for more information.

EARLY YEARS PROGRAMME

This course for parents of kids aged 1-6 years will take place via zoom from 10-12pm, beginning Monday 8th of May. The course will last for 6 weeks. Please contact Belinda 086-0475342 or Sinead on 087-3348567 for more information.

ART CLASSES

Art classes for adults are running at Ballymote FRC on Thursdays from 2.30-4.30pm. Contact Paul Murray on 086-1990478 for more details.

KIDS YOGA

Kids yoga classes are running at Ballymote FRC on Wednesdays, from 3-4-5pm. These classes are suitable for 3-13 year olds. To book contact Emer Knowles on 087-1946000 or email emmieire@gmail.com.

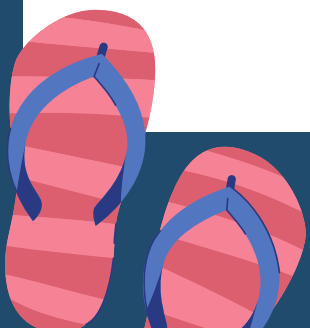
ADULT COUNSELING

Every Friday from 9-5 pm. Please check our website ballymotefamilyresourcecentre.ie for more details.

GARDENING CLASS

A 5 week beginner's gardening class will be starting at Ballymote FRC in Early May. This class will be taking place Monday afternoons. Contact 071-9197818 to book a place.

A SUMMER CAMP FOR CHILDREN WILL BE TAKING PLACE IN BALLYMOTE FRC. MORE DETAILS SOON.



Sligo Rape Crisis Centre (SRCC)



A call for Board members:

Sligo Rape Crisis Centre (SRCC) are looking to appoint two new members to join a well-run experienced board to ensure increased capacity and skills to oversee the next phase of our work. Individuals with experience of organisational development in the voluntary, statutory or private sectors are desirable. Also, skills in fundraising, public relations, and marketing. The roles are unpaid voluntary positions with training and reasonable expenses paid. Board members are expected to attend six board meetings per year, for about an hour and half on Tuesday evenings, but also to engage with the organisation between board meetings, on sub-committees, or as an ambassador for the organisation on occasion. Positions are advertised for a period of 3 years (term may be renewed). To apply please submit a CV and a cover letter by 30 June 2023, stating why you wish to be considered for the role, by email for the attention of the CEO to 'admin@srcc.ie'.

Calling all Artists. Sligo Rape Crisis Centre (SRCC) is holding an Art Auction in October 2023. We are looking for artists to donate a piece of art for auction, there will be an in-person art auction to raise money for the centre. All proceeds go toward front-line services for people affected by sexual violence. Details of our location and contact for contributions on our website: www.SRCC.IE



Podcast. Throughout 2023 and beyond, Sligo Rape Crisis Centre will be releasing a podcast series focusing on our centre, the services we offer and other services available to people affected by sexual violence. A new episode of the podcast will be released on the first Thursday of each month throughout 2023 on YouTube and Soundcloud. You can listen to the SRCC podcast on our website: srcc.ie/podcasts

'Memory'. 'Memory' is the title of a book celebrating 25 Years of SRCC featuring expressive writings and personal stories from survivors and friends of SRCC. To support Sligo Rape Crisis please buy a copy from us on SRCC.IE. We provide counselling and support services across Sligo, Leitrim and Cavan to anyone affected by sexual violence. If you would like more information, please contact SRCC on 1800 750 780 or email info@srcc.ie

Sligo Town centre Office Rooms Available. Cost based on ability to contribute. Community organisations welcome. Rooms from 5 x 4 m – 10 x 6m. Discrete Riverside location. Secure building. Private limited parking. Contact info@srcc.ie





OPEN CALL ART EXHIBITION

**SHOWCASING THE ARTWORK
OF NUMBER 45**

Starting Date: 02/05/2023

Closing date: 23/05/2023

No bigger than A2

No more than 3 per person

All paper work framed

In house work from

Number 45 only

Exhibition date: 02/06/2023

NORTH WEST SIMON COMMUNITY LAUNCH ANNUAL DIP & DONATE CAMPAIGN

‘The Perfect Storm of a Number of Different Factors Has Meant That Our Services Have Never Been More Vital to The Local Community in The North West’

North West Simon Community are calling on you to join their annual Dip & Donate Campaign from Friday, 16th to Wednesday, 21st June 2023 which is the longest day of the year – Summer Solstice!

“Embrace the rush of endorphins as you enter the water and cherish the feel-good factor of knowing you’re helping prevent and resolve homelessness in your local Community”

The Dip & Donate Campaign will contribute to our fundraising efforts to ensure that we are there to support our clients in an unprecedented homelessness crisis. Ireland has never experienced homelessness at this level before and the North West’ growing figures highlights this. From Jan to Dec 2022 the North West Simon Community worked with 241 households to prevent homelessness in Donegal, Leitrim and Sligo.

If you can’t make it to the beach, you can always take a dip in a local lake or river or even your back garden paddling pool!

The charity is asking you to create a Facebook Fundraiser by following the following steps:

- Log into your Facebook page, click “Create Fundraiser” click on “Charity” in the “Who are you raising money for” section and select North West Simon Community**
- Don’t forget to share your photos and videos of your dip and tag North West Simon Community on all social media channels.**

100% of donations raised will go directly to the charity.

If you prefer to raise money off Facebook you can donate directly to our website at www.northwestsimon.ie/donate and in the comment box please put “Dip & Donate Campaign 2023.”

SEE YOU IN THE WATER....

GOOD-LUCK WITH YOUR #DIP&DONATECAMPAIGN

North West Simon Community

www.northwestsimon.ie

Registered Charity Number: 20062149

Company Registration Number: 403438

#DIP&DONATECAMPAIGN



North West
Simon
Community

Preventing and Resolving Homelessness



DIP AND DONATE

**FRIDAY, 16TH TO WEDNESDAY,
21ST JUNE 2023**

**ENDING ON THE LONGEST DAY OF
THE YEAR - SUMMER SOLSTICE!**

For details contact Aisling McSharry on 087-7708865
aisling.mcsharry@northwestsimon.ie
www.northwestsimon.ie

Wild Atlantic Sea Shanty Festival

16-18th June 2022

The Wild Atlantic Sea Shanty Festival is back in Rosses Point

Shanty groups from home and abroad will descend on Rosses Point and bring with them their varied folk songs from the sea. The shanties tell stories of life onboard, ports visited, fun times ashore and the challenges of a life at sea.

We have a fantastic array of events programmed to keep everyone busy and entertained

- Music (free) in various village locations every day over the weekend
- Water events such as rowing and sailing races and the popular Duck Race
- Pirate Parade on Sunday with family entertainment

The Wild Atlantic Sea Shanty festival in Rosses Point supports the work of the RNLI. So please come and join us for the Wild Atlantic Sea Shanty Festival - you'll be glad you came.



Comhaltas

June - Fri. 2nd - 5th ~ Sligo County Fleadh, Easkey, Tireragh CCE (B/Holiday W-End)

June - Fri. 23rd - Sun 2nd July ~ Connacht Fleadh, Ballina

July - Mon.3rd - Fri 7th ~ Fred Finn Summer Camp, Gaelscoil, Sligo (Ages 6-13 years)

July - Sun. 9th - Sat 15th ~ South Sligo Summer School, Tubbercurry

Aug. - Sun 6th - 13th ~ Fleadh Cheoil na hÉireann, Mullingar

Oct. - Tue 17th - Sun 29th ~ (25th Annual) John Egan Traditional Festival &

Oct. - Sun, 29th Ballintogher 44th Annual Feis - Full details later

Social Dancing with Brian Gibbons
Ballintogher Community Centre

Commencing Thursday 27th April 2023
Class @ 8pm. Live Music @ 9pm



COMHALTAS Fred Finn
SUMMER CAMP
CAMPA SAMHRAIDH
DHÁ THEANGACH / BILINGUAL
July 3rd to 7th 2023
Monday to Friday 10.00am to 2.15pm

REGISTER BEFORE June 5th

€50

Campa Venue: Gaelscoil Chnoc na Ré
Ballydoogan Rd., Sligo

Book @ www.fredfinn.ie

Comhaltas Fred Finn Summer Camps are fun, music and activity-based weeklong camps in Irish for ages 6-13 years.

We offer the unique combination of fun music and interactive games classes to enhance fluency in Irish and tuition in an array of traditional musical instruments. These include

- Use Irish in a fun setting
- Try a Musical Instrument
Flute / Harp / Accordion
- Learn new songs
- Learn Céili (group) Dances
- Learn Sean Nós Dance
- Learn to play a Bodhrán
- Daily tuition on Whistle
- Enjoy interactive games

for more details visit www.fredfinn.ie

COMHALTAS Fred Finn
SUMMER CAMP
CAMPA SAMHRAIDH

10.00am -	10.30am	interactive games
10.30am -	11.00am	Music / Bodhrán
11.00am -	11.15am	Break
11.15am -	11.45am	Singing
11.45am -	12.15 pm	Games + Irish
12.15pm -	12.45pm	lunch
12.45pm -	1.15pm	dance
1.15pm -	1.45 pm	Introduction to Instrument + whistle class
1.45 pm -	2.15 pm	interactive games

RNLI Sligo Bay Lifeboat station celebrates 25 years on service.

RNLI Sligo Bay Lifeboat station and all our volunteers – our lifeboat crew, our shore crew, our fundraising crew, our visits crew, our souvenir shop crew and our water safety crew will be celebrating 25 years in Rosses Point on the 31st May.

We would like to take this opportunity to thank all of you for the last 25 years and hopefully for many more to come, for all your support in helping us save lives. As a charity organisation we would not be able to do what we do without you, so thank you so much.

The first event to celebrate this anniversary will be at our Open Day on the 18th June 2023 and we would love you all to join us. More details will be on our Facebook page closer to the date.

However, our Visits and Shop crew are on duty every Saturday & Sunday & Bank Holiday Mondays for free tours of our station between 11am -2pm from now through the summer months so please pop in for a chat. Also if you wish to book a group visit or wish for someone to go out to your group, schools etc please email sligolifeboat@gmail.com and we will arrange it.

The month of May is also an important fundraising month for the RNLI #MAYDAY and if you wish to support the work of the RNLI by doing a fundraising event, we would love to hear from you.



© Eithne Gallagher



ENNISCRONE SHOW

Sunday 2nd July 2023

At Castleconnor Sports Complex

Saturday 15th July 2023 Show Jumping Ard Chuain Equestrain Centre

Come and enjoy the Enniscrone Show day in Castleconnor and extend your visit to enjoy the many amenities our locality has to offer.

Enniscrone is one of Ireland's most popular family holiday seaside resorts with 5km of sandy beach, one of Ireland's finest links golf courses & the Black Pig Festival 28-30 July.

- **Live Music on the day by not one, but two very talented Musicians, Michael English and Gavin Gribben.**
- Trade stands, covering agriculture, home, garden, fashion, forestry, energy, food, travel, property, health etc. etc.
- **Working Dog Demonstrations** returns again this year.
- Vintage Displays to include cars, tractors, farm machinery, sewing machines and so on
- **Learn all about some exotic Birds with our Falconry Masters. They are the most beautiful creatures**
- Crowning of this years' Show Queen will take place on stage on the day!
- **The popular huge kid's area returns**
- The day will conclude with the Show Dance being held in Muddy Burns Corbally with music by John Molloy.

SHOW OFFICE:

Castleconnor Community Centre,
Corbally, Co. Sligo.

Tel: 087-4487564

Email: info@enniscroneshow.ie

Website: www.enniscroneshow.ie



ENNISCRONE SHOW CONTACT:

info@enniscroneshow.ie

087 448 7564 or 087 647 4290

ENNISCRONE SHOW
2ND JULY 2023



PEDAL PARADE FOR ALL

Doorly Park Playground
Sunday 14th May
11:30 am



**Fun Cycle for
all the Family**



BOOK NOW

tinyurl.com/Pedal-Parade

Free


BikeWeek

sligo



SLIGO
COUNTY COUNCIL



Would you like to meet new people & do something meaningful through volunteering?

Do you have time & life experience to share with your community?



**If so, we are
looking for YOU!**

Join Sligo Volunteer Centre for their

"Experience Counts" Event

Tuesday, 16th May

at 11am – 1pm

**in North Side Community Centre,
Forthill, Sligo, F91N778**

Email info@volunteersligo.ie or phone 071 911 1042 to book your place

Meet with Volunteering
Involving Organisations

Find out about current
Volunteering Opportunities

Hear from Volunteers with the
same life experience as you!

Your experience counts...
so make it matter!

Sligo Orpheus Choir

[Home](#)[About Us](#)[Governance](#)[Join Us](#)[Gallery](#)[News](#)[Contact](#)[Logout](#)[Members](#)

Sligo Orpheus Choir will hold their summer concert on 27th May 2023 in the Methodist Church, Wine St, Sligo. Expect a great evening's performance of a wide genre of music i.e Classical, Spiritual, Danish and Icelandic Ballads and much more.

We are celebrating our 48th year, bringing a wide variety of songs and music to Sligo, nationally, and Internationally. We represented Sligo in the Derry Music festival Oct 2022, and we plan to perform in the Galway Songs by the Sea Festival in Oct 2023.

You can find us on Facebook Sligo Orpheus Choir. We also have a new website www.sligoorpheuschoir.com. We invite you to explore the site, where you can learn about the rich history of the choir, including performances representing Sligo in Iceland, Germany and France, and stay up to date with our latest news and upcoming events.

Watch out for our upcoming concert posters which will be published shortly.

Ballymote Tidy Towns

Join Ballymote Tidy Towns in celebrating Biodiversity Week at our FREE event:

Dawn Chorus Walk

Sunday May 14th

4:30 AM

Meet at The Bandstand,
Ballymote Town Park

To minimise noise disturbance:

CHILDREN OVER 12 ONLY

NO PETS ALLOWED

Children under 17 MUST be accompanied by an adult





Moving Parents And Children Together

**FREE PROFESSIONAL SUPPORT
FOR THE WHOLE FAMILY**

You don't have to be addicted to suffer from addiction!

Next Programme begins 17th May 2023

MOVING PARENTS AND CHILDREN TOGETHER

Is a free family Programme. Helping families to work together to understand how parental alcohol or other drug misuse has affected them all . Providing support, along with methods to improve communication and understanding, whilst encouraging positive change.



Contact us to find out more!

07191 50578 / 085 759313

Sligoleitrim@alcoholforum.org

www.alcoholforum.org

M-PACT is an initiative of Alcohol Forum Ireland



Reg Charity No: CHY 17835

The 5-Step Support Service

You Don't Have To Be Addicted To Suffer From Addiction

Information for any adult affected by the misuse of alcohol or other drug by another individual

What is the 5-Step Support Service?

'5-Step' is a free, one-to-one consultation service for any adult affected by the misuse of alcohol or other drug by another individual, either family member or friend. '5-Step' recognises the impact that addiction has on everyone, including family members, friends and others and offers support, knowledge and guidance in helping to manage often confusing and emotional situations.

The 5-Step Support aims to:

With the help of a dedicated support worker who understands that dealing with a lot of stress may start to affect physical and mental health, social life, finances, employment and impact on the whole family. They will guide you through the 5-Steps putting you and your needs at the centre, helping you to focus on the here and now, which empowers you to deal with often complex and difficult situations.

How 5-Step Support helps:

'5-Step' helps by giving you support, knowledge and guidance. Putting you and your needs first, helping to reduce the stress and pressure you feel by building on your strengths, increasing your range of coping skills, helping to identify additional resources available to you, improving your resilience in dealing with complex situations and aiming to improve your emotional wellbeing.

AFI deliver this service in Counties Donegal, Leitrim, West Cavan and Sligo.

For further information contact:

M-PACT Sligo, Leitrim, West Cavan
First Floor, The Westward Town Centre
Bridge Street, Sligo, F91 XH77

07191 50578 OR 085 8759313
Email: Philip@alcoholforum.org /
sligoleitrim@alcoholforum.org

Reg Charity No 20067120



Coleman Centre

COLEMAN CINEMA CLUB

Gurteen Co. Sligo F56 TF88



TREAT BAGS
AVAILABLE

THE AMAZING MAURICE



SAT MAY 20TH

2.30PM
071 9182599



COLEMAN CINEMA CLUB @ THE COLEMAN MUSIC CENTRE
GURTEEN CO SLIGO - SAT MAY 20TH AT 2.30 PM. THE
AMAZING MAURICE will be screened for all the family to see.
This comic animation video is adapted from the famous book
of the same title.

Treat bags are available in store. 1 adult per family goes free.
For more details please call 071 9182599.



There is no stopping Susan McCann, Ireland's First Lady of Country music and even after over 46 years in show business she continues to diversify, forge new career paths, win awards and gain even greater admiration for her talents from fans and music industry chiefs both at home and abroad.



Shaskeen will perform a live concert in the Coleman Music Centre on Sat May 20th at 8pm. Tickets are now on sale 071 9182599 or visit our website www.colemanirishmusic.com.

Traditional Irish Music and Song has been at the forefront with Shaskeen for the last fifty three years, Shaskeen is now a recognised cornerstone in the Irish Traditional and Folk scene.



We are really looking forward to MAKEM & CLANCY playing a live concert in the Coleman Music Centre in Gurteen Co. Sligo F56 TF88 Sat May 27th at 8pm. Rory and Donal – the sons of, respectively, Tommy Makem and Liam Clancy – are justifiably proud of their families' storied place in Irish music, and both had the opportunity to perform with their famous fathers over the years.

FR JAMES MCDONAGH & FRIENDS

SUNDAY JUNE 11TH
8PM



TICKETS

Phone 071 9182599

www.colemanirishmusic.com

€15

Fr James Mc Donagh will perform a live concert in the Coleman Music Centre Gurteen Co. Sligo on Sunday June 11th at 8pm. He will be joined on the night by family and friends for a great mix of music, song & dance. Early booking is advisable for this concert as it has always sold out. Call 071 9182599. Adm €15.



INFORMAL JUNIOR MUSIC SESSIONS
Saturday nights 8PM
 JULY AND AUGUST . UNDER 18'S FREE
 OVER 18 €5 ALL WELCOME

SATURDAY SESSIONS JULY 1st 8th 15th 22nd & 29th	Tel 071 9182599 www.colemanirishmusic.com    Michael Coleman Centre	SATURDAY SESSIONS AUGUST 5th & 12th
--	---	---

 Coleman Irish Music Centre
 Ceoláras Coleman

Our Informal Junior Music Session starts this Sat night July 1st at 8.00 pm. This is a wonderful opportunity for children to play together as a group in a comfortable setting. Doors open at 8.15pm. U18's free entry. Adults €5. For more details call 071 9182599 or visit our facebook page MICHAEL COLEMAN CENTRE.

Summer Rambling House
 Concert on Sat July 12th at 8pm.

Great night of music & song promised in the Coleman Music Centre, Gurteen. Co. Sligo with a great line up of musicians and singers. Performing on the night Patsy Hanly, Philip Duffy, Pat Sweeney, Seamus O'Donnell, John Dwyer, Brian Mostyn, Jason McGuinness with Bean an Tí Caitriona Ni Cheannabháin.

Special Guests also.

Tickets are now on sale, Adm €15
 – call today 071 9182599 and book yours or visit our website www.colemanirishmusic.com.

RAMBLING HOUSE



COLEMAN MUSIC CENTRE

Gurteen, Co. Sligo

July 12th

8.00 pm

Patsy Hanly, Philip Duffy, Pat Sweeney, Seamus O' Donnell, John Dwyer, Brian Mostyn, Jason McGuinness, Caitriona Ni Cheannabháin



Bookings 071 9182599 Adm €15